

Maine Shared Community Health Needs Assessment County Summary: 2015

Aroostook County

Updated: October 2015

Maine Shared CHNA Health Indicators	Aroostook	Maine	U.S.
Demographics			
Total Population	70,055	1,328,302	319 Mil
Population – % ages 0-17	19.1%	19.7%	23.3%
Population – % ages 18-64	60.4%	62.6%	62.6%
Population – % ages 65+	20.6%	17.7%	14.1%
Population – % White	95.5%	95.2%	77.7%
Population – % Black or African American	0.8%	1.4%	13.2%
Population – % American Indian and Alaska Native	1.8%	0.7%	1.2%
Population – % Asian	0.5%	1.1%	5.3%
Population – % Hispanic	1.1%	1.4%	17.1%
Socioeconomic Status Measures			
Adults living in poverty	16.3%	13.6%	15.4%
Children living in poverty	23.7%	18.5%	21.6%
High school graduation rate	88.1%	86.5%	81.0%
Unemployment rate	7.6%	5.7%	6.2%
65+ living alone	45.5%	41.2%	37.7%
General Health Status			
Adults who rate their health fair to poor	21.0%	15.6%	16.7%
Adults with 14+ days lost due to poor mental health	11.5%	12.4%	NA
Adults with 14+ days lost due to poor physical health	17.2%	13.1%	NA
Adults with three or more chronic conditions	35.1%	27.6%	NA
Access			
Adults with a usual primary care provider	87.0%	87.7%	76.6%
MaineCare enrollment	37.4%	27.0%	23.0%
Percent uninsured	10.9%	10.4%	11.7%
Health Care Quality			
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,791.9	1,499.3	1457.5
Oral Health			
Adults with visits to a dentist in the past 12 months	51.9%	65.3%	67.2%
Respiratory			
Asthma emergency department visits per 10,000 population	113.5	67.3	NA
COPD hospitalizations per 100,000 population	380.7	216.3	NA
Current asthma (Adults)	13.2%	11.7%	9.0%
Current asthma (Youth 0-17)	13.6%†	9.1%	NA
Cancer			
Mortality – all cancers per 100,000 population	197.5	185.5	168.7
Mammograms females age 50+ in past two years	85.3%	82.1%	77.0%
Colorectal screening	72.2%	72.2%	NA
Pap smears females ages 21-65 in past three years	89.4%	88.0%	78.0%
Cardiovascular Disease			
Hypertension prevalence	40.7%	32.8%	31.4%
High cholesterol	47.7%	40.3%	38.4%
Diabetes			
Diabetes prevalence (ever been told)	14.2%	9.6%	9.7%
Pre-diabetes prevalence	9.5%	6.9%	NA
Adults with diabetes who have had an A1C test twice per year	NA	73.2%	NA
Environmental Health			
Children with confirmed elevated blood lead levels (% among those screened)	0.7%	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	3.8%	4.2%	NA
Homes with private wells tested for arsenic	30.2%	43.3%	NA
Immunization			
Adults immunized annually for influenza	36.5%	41.5%	NA

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Adults immunized for pneumococcal pneumonia (ages 65 and older)	69.5%	72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	0.6%	3.7%	NA
Infectious Disease			
Hepatitis B (acute) incidence per 100,000 population	0.0†	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	1.4†	2.3	0.7
Lyme disease incidence per 100,000 population	7.2†	105.3	10.5
Pertussis incidence per 100,000 population	97.9	41.9	10.3
STD/HIV			
Chlamydia incidence per 100,000 population	161.3	265.5	452.2
Gonorrhea incidence per 100,000 population	1.4†	17.8	109.8
Intentional Injury			
Nonfatal child maltreatment per 1,000 population	NA	14.6	9.1
Suicide deaths per 100,000 population	14.5	15.2	12.6
Unintentional Injury			
Unintentional and undetermined intent poisoning deaths per 100,000 population	9.9	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	427.9	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	14.2	10.8	10.5
Mental Health			
Adults who have ever had anxiety	21.5%	19.4%	NA
Adults who have ever had depression	23.2%	23.5%	18.7%
Co-morbidity for persons with mental illness	NA	35.2%	NA
Physical Activity, Nutrition and Weight			
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	27.7%	22.4%	25.3%
Obesity (Adults)	38.3%	28.9%	29.4%
Obesity (High School Students)	11.5%	12.7%	13.7%
Overweight (Adults)	31.1%	36.0%	35.4%
Overweight (High School Students)	18.1%	16.0%	16.6%
Pregnancy and Birth Outcomes			
Infant deaths per 1,000 live births	6.4	6.0	6.0
Live births for which the mother received early and adequate prenatal care	85.1%	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	25.5	20.5	26.5
Low birth weight (<2500 grams)	7.6%	6.6%	8.0%
Substance and Alcohol Abuse			
Binge drinking of alcoholic beverages (Adults)	13.9%	17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	8.9%	7.8%	NA
Past-30-day alcohol use (High School Students)	26.5%	26.0%	34.9%
Past-30-day marijuana use (High School Students)	16.5%	21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	1.8%†	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	5.0%	5.6%	NA
Tobacco Use			
Current smoking (Adults)	22.8%	20.2%	19.0%
Current tobacco use (High School Students)	18.4%	18.2%	22.4%

 Indicates county is significantly better than state average (using a 95% confidence level).

 Indicates county is significantly worse than state average (using a 95% confidence level).

† Results may be statistically unreliable due to small numerator, use caution when interpreting.