

Race and Health in Maine

The table below shows the percentage or rate of health or social determinants of health indicators (rows) by varying racial groups in Maine (columns).

RACE	N	Percent	95% LCL	95% UCL	Indicator by Race
Overall proportion of population by race, 2016¹					
American Indian or Alaska Native	7,893	0.6	0.0 [†]	1.6 [†]	
Asian	17,499	1.3	1.2 [†]	1.4 [†]	
Black or African American	19,963	1.5	1.4 [†]	1.6 [†]	
Native Hawaiian & Other Pacific Islander	214	0.0	0.0 [†]	0.1 [†]	
Other Race	2,450	0.2	0.0 [†]	1.2 [†]	
Two or More Races	26,340	2.0	1.8 [†]	2.2 [†]	
White	1,257,120	94.4	93.4 [†]	95.4 [†]	
Income less than \$25,000 per year, adults, 2011-2016²					
American Indian or Alaska Native	6,643	57.3	51.8	62.8	
Asian	1,332 [^]	31.0 [^]	21.2	40.9	
Black or African American	4,461	59.3	50.7	67.8	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	DSU	DSU	-	-	
Two or More Races	5,769	48.2	42.4	54.0	
White	257,535	28.4	27.8	28.9	
High school degree or less, adults, 2011-2016²					
American Indian or Alaska Native	8,461	63.5	58.6	68.4	
Asian	1,628 [^]	30.9 [^]	21.5	40.3	
Black or African American	4,836	58.1	49.9	66.3	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	DSU	DSU	-	-	
Two or More Races	7,000	50.6	45.1	56.1	
White	439,134	43.4	42.8	44.0	
Unemployment rate, adults, 2012-2016¹					
American Indian or Alaska Native	NA	12.1	9.9 [†]	14.3 [†]	
Asian	NA	4.1	2.8 [†]	5.4 [†]	
Black or African American	NA	15.1	12.5 [†]	17.7 [†]	
Native Hawaiian & Other Pacific Islander	NA	5.2	0.0 [†]	12.6 [†]	
Other Race	NA	8.2	3.1 [†]	13.3 [†]	
Two or More Races	NA	13.7	11.0 [†]	16.4 [†]	
White	NA	5.8	5.6 [†]	6.0 [†]	
Health rating: fair to poor, adults, 2011-2016²					
American Indian or Alaska Native	4,031	30.3	25.3	35.2	
Asian	319 [^]	6.2 [^]	2.5	9.8	
Black or African American	1,114 [^]	13.5 [^]	7.9	19.2	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	DSU	DSU	-	-	
Two or More Races	3,626	26.3	21.2	31.3	
White	155,795	15.4	15.0	15.8	

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Uninsured, all ages, 2012-2016¹					
American Indian or Alaska Native	1,349	17.1	14.9 [†]	19.3 [†]	
Asian	2,268	15.5	12.1 [†]	18.9 [†]	
Black or African American	2,324	14.6	11.7 [†]	17.5 [†]	
Native Hawaiian & Other Pacific Islander	33	15.9	3.0 [†]	28.8 [†]	
Other Race	512	16.4	10.4 [†]	22.4 [†]	
Two or More Races	3,360	12.7	11.1 [†]	14.3 [†]	
White	114,877	9.2	9.0 [†]	9.4 [†]	
Obesity, adults, 2011-2016²					
American Indian or Alaska Native	4,723	37.0	31.8	42.1	
Asian	738 [^]	14.6 [^]	8.3	21.0	
Black or African American	2,095	26.5	18.6	34.5	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	DSU	DSU	-	-	
Two or More Races	3,614	27.3	22.4	32.1	
White	280,263	28.9	28.4	29.4	
Current smoking, adults, 2011-2016²					
American Indian or Alaska Native	5,224	40.5	35.3	45.8	
Asian	662 [^]	13.4 [^]	7.6	19.1	
Black or African American	1,942	24.5	16.4	32.6	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	DSU	DSU	-	-	
Two or More Races	4,359	32.5	27.2	37.7	
White	197,442	19.9	19.4	20.4	
Sedentary lifestyle, adults, 2011-2016²					
American Indian or Alaska Native	3,773	29.5	24.7	34.3	
Asian	1,074 [^]	21.4 [^]	13.0	29.8	
Black or African American	1,951	25.1	16.6	33.7	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	DSU	DSU	-	-	
Two or More Races	2,823	20.9	16.9	24.9	
White	215,677	21.9	21.4	22.4	
Past 30-day misuse of prescription drugs, adults, 2011-2016²					
American Indian or Alaska Native	205 [^]	1.7 [^]	0.0	3.6	
Asian	8 [^]	0.2 [^]	0.0	0.6	
Black or African American	413 [^]	6.4 [^]	0.0	15.5	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	DSU	DSU	-	-	
Two or More Races	38 [^]	0.4 [^]	0.0	1.1	
White	6,790	0.8	0.6	1.0	

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RACE	N	Percent	95% LCL	95% UCL	Indicator by Race
Coronary heart disease deaths per 100,000 (age-adjusted), 2007-2016³					
American Indian or Alaska Native	7	137.4	103.2	178.1	
Asian	2	31.6	18.9	48.6	
Black or African American	4	48.8	33.0	68.7	
Native Hawaiian & Other Pacific Islander	0	63.2 [†]	1.6	267.5	
Other Race	NA	NA	-	-	
Two or More Races	1	16.4 [†]	8.7	27.3	
White	1,609	91.1	89.7	92.6	
High blood pressure, adults, 2011, 2013 & 2015²					
American Indian or Alaska Native	3,918	30.6	23.9	37.4	
Asian	370 [^]	8.0 [^]	3.1	13.0	
Black or African American	DSU	DSU	-	-	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	DSU	DSU	-	-	
Two or More Races	3,896	31.6	24.6	38.6	
White	339,386	33.5	32.8	34.2	
Diabetes, adults, 2011-2016²					
American Indian or Alaska Native	1,908	14.3	10.5	18.0	
Asian	187 [^]	3.6 [^]	1.3	5.8	
Black or African American	429 [^]	5.1 [^]	2.4	7.8	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	DSU	DSU	-	-	
Two or More Races	1,687	12.2	8.7	15.6	
White	98,701	9.7	9.4	10.0	
Current asthma, adults, 2011-2016²					
American Indian or Alaska Native	2,205	16.5	12.7	20.4	
Asian	624 [^]	11.8 [^]	5.3	18.4	
Black or African American	719 [^]	8.6 [^]	4.8	12.4	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	DSU	DSU	-	-	
Two or More Races	2,660	18.9	14.3	23.4	
White	116,319	11.5	11.2	11.9	
Diagnosed depression (lifetime), adults, 2011-2016²					
American Indian or Alaska Native	4,376	33.0	28.2	37.8	
Asian	752 [^]	14.4 [^]	8.1	20.7	
Black or African American	1,442 [^]	17.2 [^]	10.7	23.8	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	DSU	DSU	-	-	
Two or More Races	4,772	34.6	29.2	40.0	
White	232,586	23.0	22.5	23.5	

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RACE	N	Percent	95% LCL	95% UCL	Indicator by Race
Poverty status, 2012-2016¹					
American Indian or Alaska Native	2,610	33.5	25.3 [†]	41.7 [†]	
Asian	2,997	18.1	11.0 [†]	25.2 [†]	
Black or African American	8,101	43.7	32.6 [†]	54.8 [†]	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	363	15.9	5.4 [†]	26.4 [†]	
Two or More Races	6,078	24.6	18.9 [†]	30.3 [†]	
White	141,516	11.5	10.8 [†]	12.2 [†]	
Low birth weight, live births, 2012-2016⁴					
American Indian or Alaska Native	11	8.2	6.2	10.6	
Asian	17	8.1	6.5	10.0	
Black or African American	41	9.3	8.0	10.6	
Native Hawaiian & Other Pacific Islander	DSP	DSP	-	-	
Other Race	2	4.2 [‡]	0.5	15.2	
Two or More Races	NA	NA	-	-	
White	820	6.9	6.7	7.1	
Infant mortality rate per 1,000 births, 2011-2015⁵					
American Indian or Alaska Native	3	4.96 [‡]	1.26	13.50	
Asian or Pacific Islander	9	8.84 [‡]	4.31	16.78	
Black or African American	19	9.42	5.84	14.44	
Other Race	0	0.0 [‡]	0.00	0.00	
Two or More Races	NA	NA	-	-	
White	347	6.43	5.78	7.13	
Unable to receive or delay medical care due to cost, adults, 2011-2016²					
American Indian or Alaska Native	2,713	20.3	16.0	24.5	
Asian	620 [^]	11.8 [^]	5.0	18.6	
Black or African American	1,866 [^]	22.4 [^]	14.6	30.2	
Native Hawaiian & Other Pacific Islander	DSU	DSU	-	-	
Other Race	DSU	DSU	-	-	
Two or More Races	2,261	16.4	12.2	20.6	
White	104,702	10.3	10.0	10.7	
Met physical activity recommendations, high school students, 2017⁶					
American Indian or Alaska Native	159	19.8	17.2	22.4	
Asian	140	13.0	10.5	15.6	
Black or African American	173	18.9	16.5	21.2	
Native Hawaiian & Other Pacific Islander	30	20.1	13.6	26.7	
Other Race	NA	NA	-	-	
Two or More Races	253	20.2	18.2	22.1	
White	9,488	20.6	19.8	21.3	

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RACE	N	Percent	95% LCL	95% UCL	Indicator by Race
Secondhand smoke exposure, high school students, 2017⁶					
American Indian or Alaska Native	375	42.6	39.3	46.0	
Asian	234	20.0	16.4	23.6	
Black or African American	287	27.2	22.7	31.7	
Native Hawaiian & Other Pacific Islander	83	51.0	42.8	59.2	
Other Race	NA	NA	-	-	
Two or More Races	508	37.4	35.0	39.8	
White	15,160	30.9	29.3	32.6	
All cancer deaths per 100,000 (age-adjusted), 2007-2016³					
American Indian or Alaska Native	14	201.5	164.6	245.1	
Asian	7	71.3	54.4	92.2	
Black or African American	11	139.8	112.6	171.8	
Native Hawaiian & Other Pacific Islander	0	21.9 [†]	0.6	221.3	
Other Race	NA	NA	-	-	
Two or More Races	4	42.5	29.8	59.1	
White	3,163	180.4	178.4	182.5	
Suicide deaths per 100,000 (age-adjusted), 2007-2016³					
American Indian or Alaska Native	1	22.9 [†]	12.0	39.0	
Asian	1	7.8 [†]	4.0	14.3	
Black or African American	1	9.3 [†]	5.1	16.2	
Native Hawaiian & Other Pacific Islander	0	36.9 [†]	0.9	181.7	
Other Race	NA	NA	-	-	
Two or More Races	0	5.5 [†]	2.0	11.8	
White	207	15.2	14.5	15.8	
Poisoning (unintentional and undetermined intent) deaths per 100,000 (age-adjusted), 2007-2016³					
American Indian or Alaska Native	3	30.3 [†]	19.8	44.9	
Asian	0	1.2 [†]	0.1	5.4	
Black or African American	1	10.3 [†]	5.4	18.1	
Native Hawaiian & Other Pacific Islander	0	0.0 [†]	0.0	102.8	
Other Race	NA	NA	-	-	
Two or More Races	1	7.2 [†]	3.4	13.4	
White	178	14.3 [†]	13.8	15.2	

All estimates are percentages unless otherwise noted.

¹ U.S. Census Bureau, American Community Survey.

² BRFSS, Behavioral Risk Factor Surveillance System.

³ Maine Mortality Database; Data, Research, and Vital Statistics Program, Maine

⁴ Maine Natality Database; Data, Research, and Vital Statistics Program, Maine CDC.

⁵ Linked birth/infant death certificate datasets and birth certificate datasets.

⁶ MIYHS, Maine Integrated Youth Health Survey.

N: Weighted numerator.

^ Interpret with caution; unweighted numerator less than 50.

* Unreliable rates; total numerator 20 or less.

DSU: Data is suppressed if total respondents less than 50 or 95% confidence interval half-widths are less than 10.

NA: Not available.

† Indicates 90% margin of error was used.

Arrows indicate that confidence intervals exceed the value that can be displayed on the chart for rates.

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