



MaineGeneral Health



MaineHealth



## Priority Health Indicators

**Please mark the health indicators that are most important to you. You may choose as many indicators as you like.**

### 1. Access to Care

- |  |  |
|--|--|
| <input type="checkbox"/> Rate of uninsured                         | <input type="checkbox"/> Adults who saw a primary care provider in past year |
| <input type="checkbox"/> MaineCare enrollment rates                | <input type="checkbox"/> Cost barriers to care                               |
| <input type="checkbox"/> Number of primary care providers          | <input type="checkbox"/> Primary care visits >30 miles from patients home    |
| <input type="checkbox"/> Adults with a usual primary care provider |  |

### 2. Cancer

- |   |  |
|---|--|
| <input type="checkbox"/> Cancer deaths (all types)    | <input type="checkbox"/> New late-stage cancers (related to screening and early diagnosis) |
| <input type="checkbox"/> New cancer cases (all types) | <input type="checkbox"/> Screenings: breast, cervical, colorectal                          |

### 3. Cardiovascular Disease

- Deaths
- Hospitalizations
- High blood pressure or high cholesterol

### 4. Children with Special Health Care Needs

- Developmental screening

### 5. Diabetes

- Rate of diabetes deaths
- Number of those identified with diabetes or pre-diabetes
- Clinical measures such as eye and foot exams
- Diabetes education and management resources

## 6. Environmental Health

- Well testing
- Lead screening
- Children with elevated lead levels
- Radon testing

## 7. Health Care Quality

- Hospitalizations/ED use for ambulatory care sensitive conditions
- Hospital readmissions within 30 days of discharge

## 8. Immunizations

- Two-year olds up to date
- Philosophical exemptions among kindergarteners
- Flu vaccines
- Adolescent vaccines
- Pneumonia vaccines

## 9. Infectious Disease

- Number of new cases of intestinal diseases
- Pertussis
- STD's (Chlamydia, Gonorrhea, HIV, Syphilis)
- Hepatitis A, B, or C
- Tuberculosis
- Lyme Disease

## 10. Intentional Injury

- Firearm deaths
- Bullying
- Suicides
- Self-harm
- Rape/non-consensual sex
- Violent crime rate
- Intimate partner violence

## 11. Mental Health

- Availability of mental health providers
- Anxiety
- Mental health emergency department usage
- Depression
- Receiving outpatient mental health treatment
- Suicide ideation (youth)
- Chronic disease among those with depression
- Sadness/hopelessness (youth)

## 12. Older Adult Health

- Arthritis
- Cognitive decline
- Caregiving at least 20+ hours/week

## 13. Oral Health

- Number of practicing dentists
- Visits to a dentist in the past 12 months
- Emergency room visits
- Adult tooth loss
- Children covered by dental insurance

## 14. Physical Activity Nutrition and Weight

- Obesity & overweight
- Sedentary lifestyle
- Meets aerobic physical activity recommendations
- Fruit and vegetable consumption
- Soda/sports drink consumption
- Food insecurity
- Screen time

## 15. Pregnancy and Birth Outcomes

- Infant deaths
- Low birth weight
- Pre-term births
- Unintended births
- Prenatal care
- Teen births
- Smoking or drinking during pregnancy
- Breastfeeding
- C-sections among low-risk births

## 16. Respiratory

- Asthma
- Chronic Obstructive Pulmonary Disease (COPD)
- Pneumonia
- Chronic lower respiratory disease

**17. Social Determinants of Health**

- |  |   |
|--|---|
| <input type="checkbox"/> Individuals or children living in poverty                       | <input type="checkbox"/> No vehicles for household                |
| <input type="checkbox"/> Children eligible for free or reduced lunch                     | <input type="checkbox"/> People 65+ living alone                  |
| <input type="checkbox"/> Household income  | <input type="checkbox"/> Housing costs more than 50% of income    |
| <input type="checkbox"/> Unemployment  | <input type="checkbox"/> Housing insecurity (youth)               |
| <input type="checkbox"/> Education (high school graduation, Associates degree or higher) | <input type="checkbox"/> Commute 30 mins or greater driving alone |
| <input type="checkbox"/> People living in rural areas                                    | <input type="checkbox"/> Adverse Childhood Experiences            |
| <input type="checkbox"/> Access to broadband   |   |

**18. Substance and Alcohol Use**

- |   |   |
|---|---|
| <input type="checkbox"/> Drug overdose deaths                                     | <input type="checkbox"/> Alcohol-impaired driving             |
| <input type="checkbox"/> Alcohol-induced deaths                                   | <input type="checkbox"/> Adult chronic heavy drinking         |
| <input type="checkbox"/> Hospital utilization for overdoses and opiate poisonings | <input type="checkbox"/> Youth past-30-day and binge drinking |
| <input type="checkbox"/> Misuse of prescription drugs                             | <input type="checkbox"/> Drug-affected infants                |
| <input type="checkbox"/> Marijuana use  | <input type="checkbox"/> Opioid prescribing rates             |

**19. Tobacco**

- Current smokers
- E-cigarette use
- Exposure to secondhand smoke
- Maine QuitLink users

**20. Unintentional Injury**

- |  |   |
|--|---|
| <input type="checkbox"/> Injury deaths                   | <input type="checkbox"/> Traffic deaths         |
| <input type="checkbox"/> Fall-related injuries or deaths | <input type="checkbox"/> Traumatic brain injury |
| <input type="checkbox"/> Unintentional poisonings        | <input type="checkbox"/> Seatbelt use           |

**21. Other (please explain):**