

Ethnicity and Health in Maine

This table shows the percentage or rate of each indicator among different ethnicity groups in Maine.

For example, 36.2% of Hispanic adults have an annual income of less than \$25,000 per year.

Ethnicity	Hispanic	Non-Hispanic	Maine Overall	Indicator by Ethnicity
Indicator, Year	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	
Overall proportion of adults by ethnicity, 2011-2016¹	1.2 1.0 – 1.3	98.8 98.7 – 99.0	NA –	
Income less than \$25,000 per year, adults, 2011-2016 ¹	36.2 29.9 – 42.6	29.1 28.5 – 29.6	29.3 28.7 – 29.8	
High school degree or less, adults, 2011-2016 ¹	49.6 43.2 – 55.9	43.6 43.0 – 44.2	43.8 43.2 – 44.4	
Unemployment rate, adults, 2011-2016 ¹	16.9[^] 10.2 – 23.5	8.9 8.5 – 9.4	9.1 8.6 – 9.5	
Uninsured, all ages, 2016 ²	16.7 12.0 – 21.4 [†]	7.8 7.3 – 8.3 [†]	8.0 7.5 – 8.5 [†]	
Health rating: fair to poor, adults, 2011-2016 ¹	15.3 11.2 – 19.5	15.7 15.3 – 16.1	15.7 15.3 – 16.1	
Obesity, adults, 2011-2016 ¹	27.5 21.9 – 33.2	28.9 28.4 – 29.4	28.9 28.3 – 29.4	
Current smoking, adults, 2011-2016 ¹	26.1 20.0 – 32.1	20.2 19.7 – 20.7	20.3 19.8 – 20.8	
Sedentary lifestyle, adults, 2011-2016 ¹	19.7 15.0 – 24.3	22.0 21.5 – 22.4	22.0 21.5 – 22.5	
Past 30-day misuse of prescription drugs, adults, 2011-2016 ¹	1.8[^] 0.0 – 4.4	0.9[^] 0.7 – 1.0	0.9 0.7 – 1.1	
Coronary heart disease deaths per 100,000 (age-adjusted), 2007-2016 ³	22.3 13.6 – 33.8	90.9 89.4 – 92.3	90.5 89.1 – 91.9	
High blood pressure adults, 2011, 2013 & 2015 ¹	21.7 15.6 – 27.8	33.3 32.6 – 34.0	33.2 32.5 – 33.9	
Diabetes, adults, 2011-2016 ¹	7.9 5.2 – 10.6	9.8 9.5 – 10.1	9.8 9.5 – 10.1	
Current asthma, adults, 2011-2016 ¹	13.3 9.1 – 17.6	11.7 11.3 – 12.0	11.7 11.3 – 12.1	
Diagnosed depression (lifetime), adults, 2011-2016 ¹	27.1 21.4 – 32.7	23.2 22.7 – 23.6	23.2 22.7 – 23.7	

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Indicator, Year	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	
Poverty status, 2012-2016 ²	17.9 12.2 – 23.6 [†]	11.5 10.8 – 12.2 [†]	13.5 13.2 – 13.8 [†]	
Dentist visits in the past year, high school students, 2017 ⁴	75.1 70.6 – 79.6	80.9 78.8 – 82.9	80.4 78.4 – 82.5	
Cost barriers to health care, adults, 2011-2016 ¹	18.4 13.1 – 23.6	10.5 10.1 – 10.9	10.7 10.3 – 11.0	
Bullied on school property, high school students, 2017 ⁴	31.4 28.2 – 34.6	21.6 20.5 – 22.6	21.9 20.9 – 23.0	
Sexual assault, high school students, 2017 ⁴	17.4 13.8 – 21.0	6.9 6.3 – 7.5	7.2 6.7 – 7.8	
Heart attack deaths per 100,000 (age-adjusted), all ages, 2007-2016 ³	6.9[‡] 2.7 – 14.0	31.7 30.8 – 32.5	31.5 30.7 – 32.4	
Poisoning deaths (unintentional and undetermined intent) deaths per 100,000 (age-adjusted), all ages, 2007-2016 ³	10.9[‡] 6.4 – 17.6	14.3 13.6 – 15.0	14.3 13.6 – 15.0	
Past 30-day prescription drug misuse, high school students, 2017 ⁴	14.3 12.3 – 16.3	5.4 5.1 – 5.8	5.9 5.5 – 6.2	
Past 30-day cigarette smoking, high school students, 2017 ⁴	20.4 18.1 – 22.7	8.2 7.7 – 8.8	8.8 8.2 – 9.4	
Met physical activity recommendations, high school students, 2017 ⁴	18.9 16.9 – 20.9	20.3 19.6 – 21.1	20.3 19.6 – 21.1	

All estimates are percentages unless otherwise noted.

¹ BRFSS, Behavioral Risk Factor Surveillance System.

² U.S. Census Bureau, American Community Survey.

³ Maine Mortality Database; Data, Research, and Vital Statistics Program, Maine CDC.

⁴ MIYHS, Maine Integrated Youth Health Survey.

The comparison group for Hispanic for the U.S. Census Bureau, American Community Survey and MIYHS is non-Hispanic Whites.

[^] Interpret with caution; unweighted numerator less than 50.

NA: Not available.

[†] Indicates 90% margin of error was used.

^{*} Unreliable rates; total numerator of 20 or less.

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