2008 MAINE STATE PROFILE of SELECTED PUBLIC HEALTH INDICATORS
Maine Center for Disease Control and Prevention/DHHS

CHRONIC DISEASE INDICATORS	Aroostook ± Margin of Error	Central ± Margin of Error	Cumberland ± Margin of Error	Downeast ± Margin of Error	Midcoast ± Margin of Error	Penquis ± Margin of Error	Western ± Margin of Error	York ± Margin of Error	MAINE State ± Margin of Error	UNITED STATES	Bench-mark State (healthiest)
Overall Cancer Incidence (age-adjusted rate per 100,000) [2000-2004]	514.2 (±20.9)	524.5 (±14.6)	500.4 (±11.6)	572.9 (±20.4)	513.4 (±15.0)	553.1 (±15.6)	505.7 (±13.4)	495.3 (±13.4)	517.7 (±5.2)	458.2 [2004]	AZ: 383.3 NM: 409.0 [2004]
Overall Cancer Mortality (age-adjusted rate per 100,000) [2000-2004]	199.0 (±12.7)	206.4 (±9.1)	208.5 (±7.4)	223.3 (±12.6)	200.1 (±9.3)	217.5 (±9.8)	208.0 (±8.6)	201.5 (±8.6)	207.6 (±3.3)	185.7 [2004]	UT: 139.1 HI: 147.5 [2004]
Lung Cancer Incidence (age-adjusted rate per 100,000) [2000-2004]	84.5 (±8.4)	79.7 (±5.7)	77.3 (±4.6)	88.8 (±8.0).	74.2 (±5.7)	92.9 (±6.4)	82.5 (±5.4)	72.8 (±5.2)	80.6 (±2.1)	67.4 [2004]	UT: 28.3 NM: 45.3 [2004]
Lung Cancer Mortality (age-adjusted rate per 100,000) [2000-2004]	62.4 (±7.2)	58.5 (±4.9)	59.8 (±4.1)	61.7 (±6.7)	57.2 (±5.0)	69.4 (±5.5)	65.4 (±4.8)	59.0 (±4.7)	61.5 (±1.8)	61.0 [2004]	UT: 26.2 NM: 35.8 [2004]
Colorectal Cancer Incidence (age-adjusted rate per 100,000) [2000-2004]	65.9 (±7.5)	58.7 (±4.9)	54.0 (±3.8)	61.8 (±6.7)	57.7 (±5.0)	67.1 (±5.5)	50.2 (±4.3)	60.7 (±4.8)	58.4 (±1.8)	49.5 [2004]	UT: 37.4 AZ: 39.4 [2004]
Colorectal Cancer Mortality (age-adjusted rate per 100,000) [2000-2004]	24.5 (±4.6)	19.9 (±2.9)	22.2 (±2.5)	23.8 (±4.2)	18.9 (±2.9)	20.5 (±3.1)	17.2 (±2.5)	20.4 (±2.8)	20.5 (±1.1)	17.9 [2004]	UT: 12.2 HI: 13.4 [2004]
Sigmoidoscopy or Colonoscopy Screening Ever Had by Adults Age 50 and Older (percent) [2006]	53.2 (±10.0)	71.8 (±6.3)	74.3 (±5.1)	54.1 (±7.6)	61.8 (±5.1)	71.8 (±6.3)	60.0 (±6.5)	64.4 (±6.9)	64.6 (±2.4)	57.1 (median % of states responding)	RI 69.2
Female Breast Cancer Incidence (age-adjusted rate per 100,000) [2000-2004]	116.7 (±14.2)	136.0 (±10.3)	134.8 (±8.2)	136.0 (±10.3)	134.6 (±10.7)	136.7 (±10.7)	127.5 (±9.4)	132.1 (±9.5)	132.5 (±3.6)	117.7 [2004]	AZ:102.9 ID: 105.1 [2004]
Female Breast Cancer Mortality (age-adjusted rate per 100,000) [2000-2004]	16.9 (±5.3)	23.0 (±4.2)	25.1 (±3.5)	23.0 (±4.2)	17.3 (±3.8)	26.5 (±4.7)	25.7 (±4.2)	23.6 (±4.0)	23.7 (±1.5)	24.4 [2004]	HI: 15.6 AK: 18.7 [2004]

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Mammogram in Past Two Years Among Women 40 and Older (percent) [2006]	85.2 (±7.3)	84.7 (±5.5)	85.1 (±4.3)	75.5 (±8.0)	77.3 (±5.1)	84.7 (±5.5)	83.3 (±5.5)	81.5 (±5.7)	82.0 (±2.0)	76.5 (median % of states responding)	MA 84.8
Pap Smear in Past 3 Years Among Women 18 and Older (percent) [2006]	90.9 (±5.7)	89.6 (±5.3)	91.6 (±3.3)	88.1 (±5.5)	83.7 (±4.5)	89.6 (±5.3)	92.6 (±4.3)	90.4 (±4.3)	89.1 (±1.6)	84.0 (median % of states responding)	ME 89.1
Prostate Cancer Incidence (age-adjusted rate per 100,000) [2000-2004]	174.7 (±18.3)	182.0 (±13.2)	161.1 (±10.2)	190.8 (±17.6)	173.6 (±13.0)	173.8 (±13.4)	192.8 (±12.6)	159.2 (±11.6)	174.5 (±4.6)	145.3 [2004]	AZ: 109.7 MO: 117.2 [2004]
Prostate Cancer Mortality (age-adjusted rate per 100,000) [2000-2004]	21.7 (±7.0)	28.1 (±5.7)	29.8 (±4.8)	31.3 (±7.7)	33.8 (±6.2)	28.9 (±6.3)	25.0 (±5.0)	27.2 (± 5.3)	28.5 (± 2.1)	25.4 [2004]	HI: 18.9 FL: 22.0 [2004]
Major CVD Deaths (rate per 100,000) [2005] ICD-10 codes 100-I78	286.8 (±33.0)	254.0 (±21.8)	204.6 (±15.5)	262.8 (±29.0)	236.8 (±21.2)	282.2 (±24.1)	251.4 (±20.3)	215.5 (±18.8)	242.0 (±7.6)	286.6 [2004]	MN 210.1 [2004]
Stroke Hospitalizations (rate per 10,000) [2005]	24.9 (±3.1)	18.8 (±1.9)	21.7 (±1.6)	19.5 (±2.5)	19.5 (±2.0)	20.6 (±2.0)	22.2 (±1.9)	17.8 (±1.6)	20.7 (±0.7)	n/a	n/a
Acute Myocardial Infarction Hospitalizations (rate per 10,000) [2005]	57.1 (±4.7)	37.7 (±2.7)	19.6 (±1.5)	41.1 (±3.7)	24.2 (±2.0)	31.9 (±2.5)	22.9 (±2.0)	22.0 (±1.9)	29.2 (±0.8)	n/a	n/a
High Blood Pressure Among Adults (percent) [2005]	28.7 (±6.9)	25.3 (±4.5)	18.7 (±3.1)	28.9 (±5.5)	25.5 (±3.5)	29.6 (±4.7)	25.0 (±3.9)	28.5 (±4.7)	25.4 (±1.6)	25.5 (median % of states responding)	UT 18.4
High Cholesterol Among Adults (percent) [2005]	35.0 (±7.8)	36.4 (±5.1)	29.3 (±4.1)	39.8 (±6.3)	36.5 (±4.3)	39.1 (±5.5)	42.9 (±5.1)	36.4 (±5.5)	36.4 (±2.0)	35.6 (median % of states responding)	LA 30.3

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Diabetes Prevalence Among Adults (non-gestational; percent) [2004-2006]	11.4 (±2.7)	7.7 (±1.6)	6.0 (±1.2)	7.1 (±1.6)	6.7 (±1.2)	8.7 (±1.6)	6.4 (±1.4)	7.1 (±1.6)	7.3 (±0.6)	7.5 [2006]	CO 5.3 [2006]
Diabetes Hospitalizations (age-adjusted per 10,000) [2005]	13.5 (±2.4)	11.3 (±1.5)	9.6 (±1.1)	8.5 (±1.8)	11.3 (±1.6)	12.3 (±1.6)	11.5 (±1.5)	7.5 (±1.2)	10.5 (±0.5)	n/a	n/a
Adults with Diabetes Who Have Received a Hemoglobin A1c Test at Least Once Yearly (percent) [2004-2006]	90.2 (±9.8)	94.8 (±5.1)	93.1 (±4.3)	93.2 (±5.5)	88.9 (±5.3)	88.0 (±6.5)	91.2 (±5.1)	95.6 (±3.3)	91.9 (±2.0)	n/a	MO 95.5 [2006]
Adults With Diabetes Who Have Taken a Diabetes Management Course (percent) [2004-2006]	56.1 (±11.4)	63.2 (±7.8)	60.3 (±8.2)	57.0 (±11.8)	60.4 (±8.2)	59.6 (±8.4)	54.9 (±8.2)	50.7 (±9.2)	58.1 (±3.1)	n/a	MN 77.4 [2006]
Adults with Asthma (percent) [2006]	10.4 (±4.1)	9.1 (±3.1)	8.2 (±2.5)	11.8 (±3.7)	10.5 (±2.5)	12.4 (±3.3)	8.7 (±3.1)	8.3 (±2.7)	9.6 (±1.2)	8.5	LA 5.9
Child and Youth Asthma (<18 years old, percent) [2003]	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	10.7 (±1.5)	8.9 [2005]	ID 5.0 [2003]
Asthma Emergency Department Visits (age-adjusted rate per 10,000) [2004]	101.0 (±2.4)	83.7 (±2.6)	51.6 (±1.7)	86.3 (±3.8)	53.3 (±2.3)	71.5 (±2.5)	77.3 (±1.6)	44.9 (±1.8)	66.1 (±1.4)	64.0	n/a
Adults With a Routine Dental Visit in Past Year (percent) [2006]	61.2 (±7.8)	65.4 (±5.3)	75.4 (±5.1)	69.7 (±5.5)	69.8 (±3.7)	66.9 (±5.1)	70.7 (±4.5)	74.4 (±4.9)	70.2 (±1.8)	70.3	CT 80.5

SOURCES AND TECHNICAL NOTES

There are three (3) DHHS Districts whose jurisdictional borders follow a single county [Aroostook, Cumberland, and York] and five (5) DHHS Health District jurisdictions that cover either 2, 3, or 4 counties [Central, Downeast, Midcoast, Penquis, Western Districts.]	Highlighted cells are those that may be significantly different than the state rate because the data fall outside the margin of error.	Race / ethnicity estimates herein reflect one type of Census format so that when a person of more than one race is counted, he or she is counted in more than one racial category. This will result in a total count higher than the actual total population count for the jurisdiction when it comes to race / ethnicity.	What is measured to compare disease burden by District is not always what should be measured to compare state to national data (which is not always age-adjusted.)	Differences in methodology for data calculations may be too great to directly compare District or State data with US or Benchmarking State data sets such as found in *Healthy People 2010,* or the Commonwealth, Kaiser, or United Health Foundation indicators ranking projects. They are still informative so they have been included.	Indicators change over time, especially those that depend in coding regulations, which themselves change.	Data for the single county Districts are sometimes calculated differently than those of multi-county Districts. For example, median ages are not comparable across Districts, but still provide useful information.	Many other complicated factors, such as when the population (Census) changes, means rates are not always comparable.