



HIV

Maine Surveillance Report | 2018

Case Information:

30

Patients diagnosed with HIV

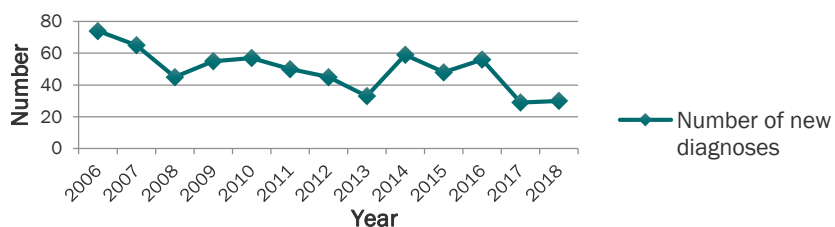
2.2

Cases per 100,000 people

3.4%

increase since 2017

Number of New Diagnoses

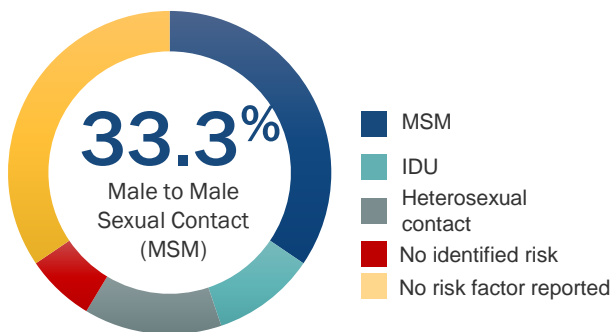


Demographics:



77% of new cases were male
 37% ages 24-34
 70% Not Hispanic, White
 17% Not Hispanic, Black

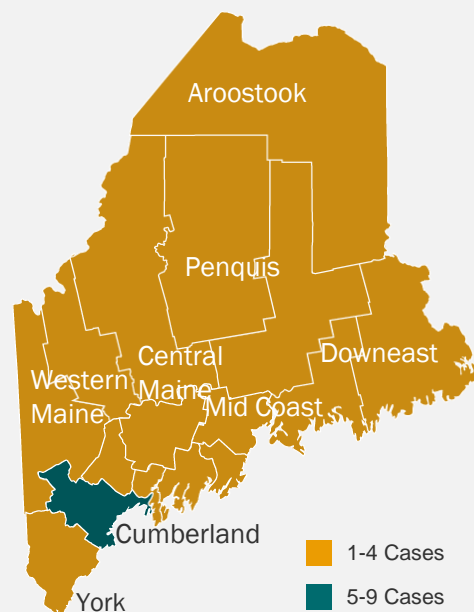
Transmission Category:



10%
 Reported adult injection drug use (IDU)

37%
 Reported no risk factor reported

Geography (Public Health District):



Prevention:



- Proper condom use
- PrEP for those at risk
- Treatment for those who are HIV positive/maintaining viral suppression
- Regular HIV testing by providers
- Clean injecting equipment

For more information visit:

<http://www.maine.gov/dhhs/mecdc/infectious-disease/hiv-std/data/hiv.shtml>

<https://www.cdc.gov/hiv/default.html>

<https://www.cdc.gov/hiv/basics/prep.html>

<https://www.maine.gov/dhhs/mecdc/infectious-disease/hiv-std/services/hiv-testing-sites.shtml>



People Living with HIV in Maine:

1,724

Estimated number of people living with HIV in Maine

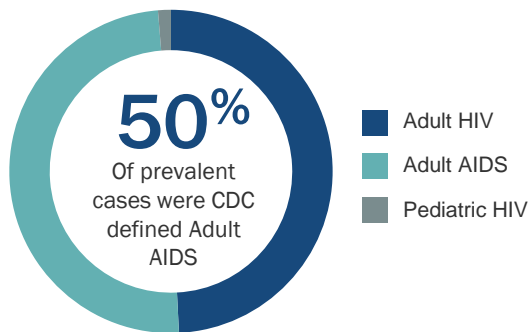
128.8

Cases per 100,000 people

Age	# Cases	% Cases
<20	24	1.38
20-24	19	1.10
25-29	52	3.02
30-34	79	4.58
35-39	140	8.12
40-44	149	8.64
45-49	194	11.25
50-54	307	17.81
55-59	304	17.63
60-64	222	12.88
>= 65	234	13.57

Diagnostic Status:

Characteristics of People Living with HIV (PLWH) in Maine:



21%

of PLWH in Maine were diagnosed with AIDS simultaneously

75%

of PLWH in Maine were born in the United States

55%

of PLWH in Maine identified as men who have sex with men (MSM)

Understanding HIV:

- HIV health care providers help patients determine which HIV medications are best for their individual needs (ARTs).
- PLWH who take their medication as prescribed can reduce the amount of HIV in their body (viral load), keeping them healthy.
- People with undetectable viral loads are not able to transmit their HIV to another person through sex or syringe sharing (treatment as prevention).
- If you or someone you know is concerned that they may have been in contact with HIV, get tested. Everyone between the ages of 13-64 should be tested at least once in their lifetime, and if you are at higher-risk as your doctor to be tested.

For more information visit:

<https://www.maine.gov/dhhs/mecdc/infectious-disease/hiv-std/services/hiv-testing-sites.shtml>

<https://www.cdc.gov/hiv/basics/livingwithhiv/index.html>

<https://www.cdc.gov/hiv/basics/livingwithhiv/treatment.html>

<https://www.cdc.gov/hiv/basics/livingwithhiv/understanding-care.html>