Case Information:

- 30 Patients diagnosed with HIV
- 2.2 Cases per 100,000 people
- 3.4% increase since 2017

Number of New Diagnoses

<table>
<thead>
<tr>
<th>Year</th>
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<tr>
<td>2006</td>
<td>80</td>
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<td>60</td>
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Transmission Category:

- 33.3% Male to Male Sexual Contact (MSM)
- 10% Reported adult injection drug use (IDU)
- 37% Reported no risk factor reported

Prevention:

- Proper condom use
- PrEP for those at risk
- Treatment for those who are HIV positive/maintaining viral suppression
- Regular HIV testing by providers
- Clean injecting equipment

Demographics:

- 77% of new cases were male
- 37% ages 24-34
- 70% Not Hispanic, White
- 17% Not Hispanic, Black

Geography (Public Health District):

- Aroostook
- Penquis
- Downeast
- Mid Coast
- Central Maine
- Western Maine
- Cumberland
- York

For more information visit:

- [https://www.cdc.gov/hiv/default.html](https://www.cdc.gov/hiv/default.html)
- [https://www.cdc.gov/hiv/basics/prep.html](https://www.cdc.gov/hiv/basics/prep.html)
Understanding HIV:

- HIV health care providers help patients determine which HIV medications are best for their individual needs (ARTs).
- PLWH who take their medication as prescribed can reduce the amount of HIV in their body (viral load), keeping them healthy.
- People with undetectable viral loads are not able to transmit their HIV to another person through sex or syringe sharing (treatment as prevention).
- If you or someone you know is concerned that they may have been in contact with HIV, get tested. Everyone between the ages of 13-64 should be tested at least once in their lifetime, and if you are at higher-risk as your doctor to be tested.

For more information visit:
- https://www.cdc.gov/hiv/basics/livingwithhiv/treatment.html
- https://www.cdc.gov/hiv/basics/livingwithhiv/understanding-care.html