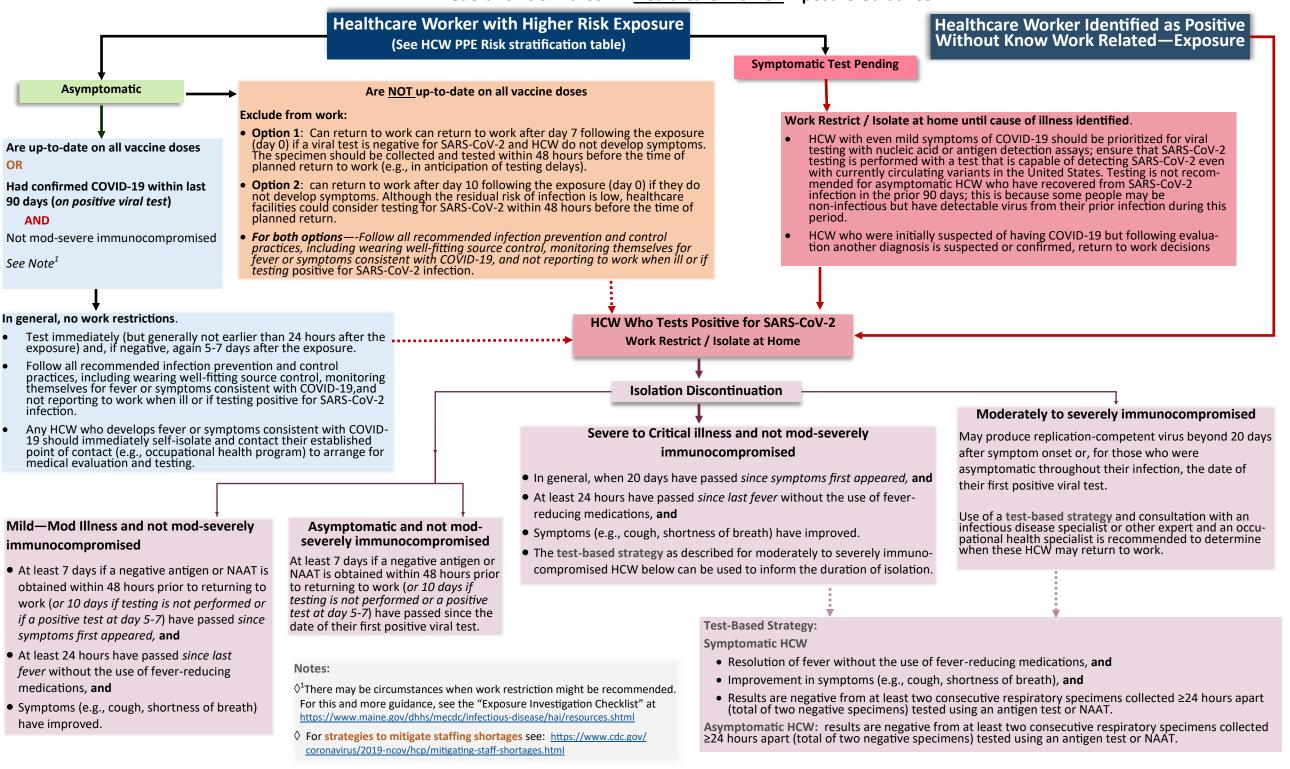
## Federal CDC SARS-CoV-2 Healthcare Worker Exposure Guidance

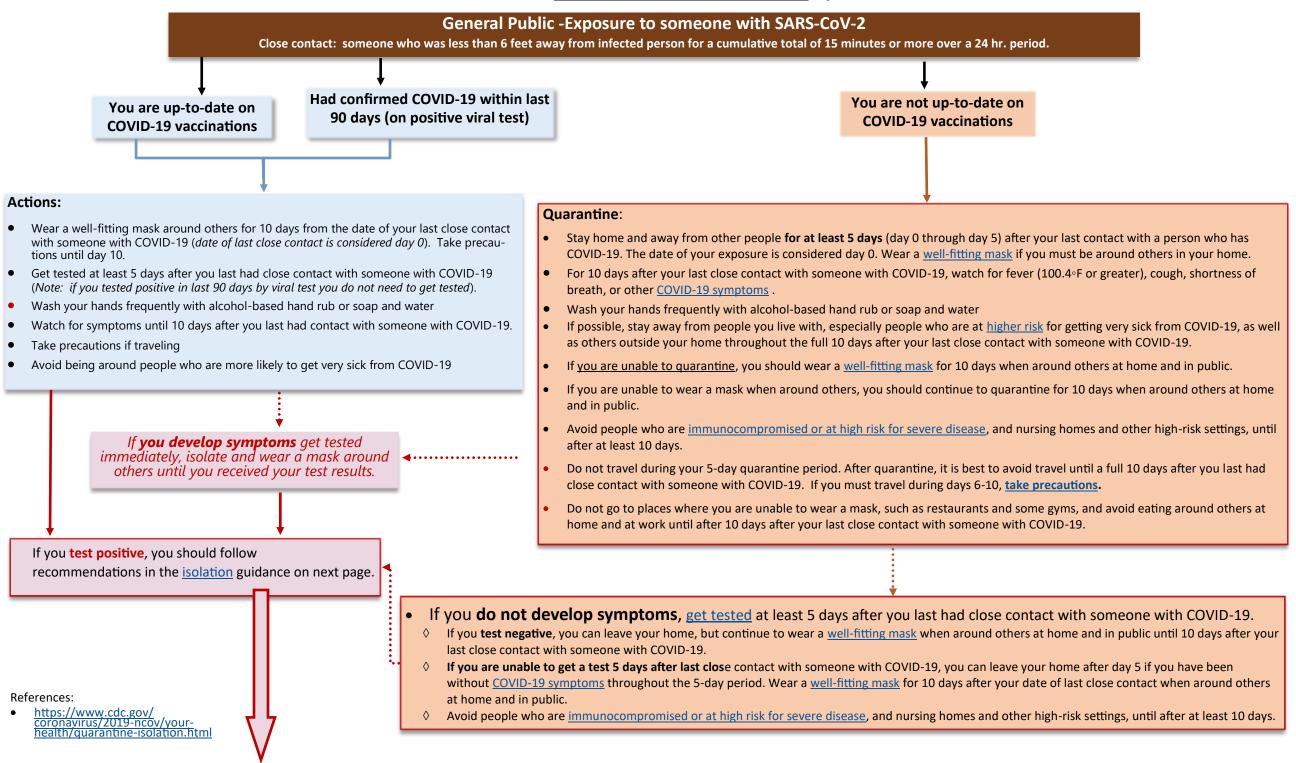


Exposure of Patients / Residents			
	Patients / Residents Identified as a Close Contact Exposure to Someone with SARS-CoV-2		
Actions	Are Up-to-date on all COVID-19 vaccine dos- es as recommended by CDC	Had SARS-CoV-2 in past 90 days	Are NOT up-to-date with all recommended COVID-19 vaccine doses as recommended by CDC and have NOT had SARS-CoV-2 in last 90 days
Quarantine (Transmission Based Precautions) & Other Prevention Measures	<ul> <li>Residents/Patients who are up to date with all recommended COVID-19 vaccine doses and those who have recovered from SARS-CoV-2 infection in the prior 90 days who have had close contact with someone with SARS-CoV-2 infection should wear source control and be tested.</li> <li>They do not need to be quarantined, restricted to their room, or cared for by HCW using the full PPE recommended for the care of a resident with SARS-CoV-2 infection unless they develop symptoms of COVID-19, are diagnosed with SARS-CoV-2 infection, or the facility is directed to do so by the jurisdiction's public health authority.</li> <li>Quarantine might also be considered if the resident/patient is moderately to severely immunocompromised.</li> <li>They should wear source control &amp; physically distance (when physical distancing is feasible) for 10 days after their exposure. <ul> <li>If they are unable to comply with masking or physical distancing then quarantine may be warranted.</li> </ul> </li> </ul>		<ul> <li>*Residents/Patients who are not up to date with all recommended COVID-19 vaccine doses and who have had close contact with someone with SARS-CoV-2 infection should be <b>placed in quarantine</b> after their exposure, even if viral testing is negative. They should generally be restricted to their rooms (even if testing is negative) and should not participate in group activities.</li> <li>*HCW caring for them should use full PPE (gowns, gloves, eye protection, and N95 or higher-level respirator).</li> <li>Quarantine (Transmission-Based Precautions) Discontinuation         <ul> <li>Option 1: can be removed from Transmission-Based Precautions after day 10 following the exposure (day 0) if they do not develop symptoms. Although the residual risk of infection is low, healthcare providers could consider testing for SARS-CoV-2 within 48 hours before the time of planned discontinuation of Transmission-Based Precautions.</li> <li>Option 2: can be removed from Transmission-Based Precautions after day 7 following the exposure (day 0) if a viral test is negative for SARS-CoV-2 and they do not develop symptoms. The specimen should be collected and tested within 48 hours before the time of planned discontinuation of Transmission-Based Precautions.</li> </ul> </li></ul>
Other Considerations	•There may be circumstances when Transmission-Based Precautions (quarantine) for these patients/residents might be recommended (e.g., <b>moderately to severely immunocompromised</b> ). •In the event of ongoing transmission within a facility that is not controlled with initial interventions, strong consideration should be given to use of quarantine for patients on affected units and work restriction of HCW with higher-risk exposures, even if they are up to date with all recommended COVID-19 vaccine doses. •In addition, there might be other circumstances for which the jurisdiction's public health authority recommends these and additional precautions.		
Testing	<ul> <li>Asymptomatic patients/residents with close contact with someone with SARS-CoV-2 infection, regardless of vaccination status, should have a series of two viral tests for SARS-CoV-2 infection. In these situations, testing is recommended immediately (but generally not earlier than 24 hours after the exposure) and, if negative, again 5–7 days after the exposure.</li> <li>In general, testing is not necessary for asymptomatic people who have recovered from SARS-CoV-2 infection in the prior 90 days; however, if testing is performed on these individuals an antigen test instead of a nucleic acid amplification test (NAAT) is recommended. This is because some people may remain NAAT positive but not be infectious during this period.</li> <li>Note: for nursing homes, see specific guidance for when a SARS-CoV-2 case is identified for contact tracing/testing on the HAI Website, document "Federal CDC LTC New Identification of SARS-CoV-disease/hai/resources.shtml</li> <li>https://www.maine.gov/dhhs/mecdc/infectious-disease/hai/resources.shtml</li> </ul>		

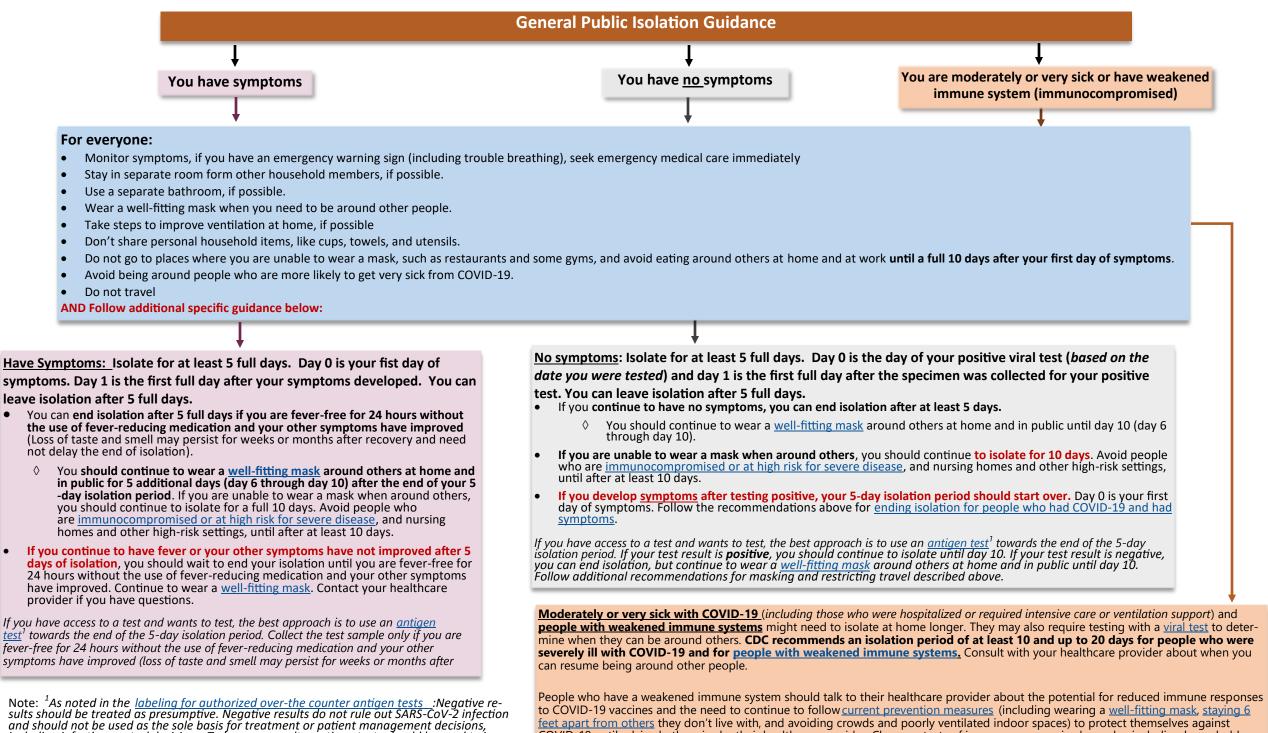
References:

https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html https://www.cdc.gov/coronavirus/2019-ncov/hcp/nursing-home-long-term-care.html

Federal CDC SARS-CoV-2 General Public (Non-Healthcare) Exposure Guidance



## Federal CDC SARS-CoV-2 General Public (Non-Healthcare) Exposure Guidance



COVID-19 until advised otherwise by their healthcare provider. Close contacts of immunocompromised people -including household

members – should also be encouraged to receive all recommended COVID-19 vaccine doses to help protect these people.

including infection control decisions. To improve results, antigen tests should be used twice over a three-day period with at least 24 hours and no more than 48 hours between tests.

## **References**:

https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html

https://www.maine.gov/dhhs/mecdc/infectious-disease/hai/resources.shtml

https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html

https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html

https://www.cdc.gov/coronavirus/2019-ncov/hcp/faq.html#Infection-Control

https://www.cdc.gov/coronavirus/2019-ncov/science/science-briefs/scientific-brief-options-to-reduce-quarantine.html?CDC\_AA\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus% 2F2019-ncov%2Fmore%2Fscientific-brief-options-to-reduce-quarantine.html

https://www.cdc.gov/coronavirus/2019-ncov/more/scientific-brief-options-to-reduce-quarantine.html

https://www.cdc.gov/coronavirus/2019-ncov/hcp/mitigating-staff-shortages.html

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html?CDC\_AA\_refVal=https%3A%2F%2Fwww.cdc.gov/%2Fcoronavirus%2F2019-ncov%2Fvaccines%2Ffully-vaccinated.html