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**2023 LYME DISEASE AWARENESS
14th Annual K-8 POSTER CONTEST
Theme: Tick Free ME**

Instructions

- Posters should illustrate importance of ways to prevent Lyme disease and other tickborne illnesses. Drawings, graphic designs, and photography entries will be accepted.
- The attached release waiver **must** be submitted with each poster submission.
- A basic understanding of tickborne disease and tick bite prevention is required. Learn more at www.maine.gov/dhhs/schoolcurricula or www.maine.gov/lyme.
- Posters should illustrate at least one of the 4 approaches to personal prevention:
 - **Use caution in tick-infested areas**
 - **Use an EPA-approved repellent**
 - **Wear protective clothing**
 - **Perform daily tick checks both by sight and by touch**
- Posters should be creative, colorful, and easily seen from a distance.
- Posters should be on white drawing or heavy construction paper. Size: 12 by 18 inches is the preferred size (11 by 17 inches will also be accepted). Please do not laminate or mount posters.
- Please print the following information on the back of each poster entry: Child's name, grade, teacher's name, school name, child's address and phone number.
- For examples of previous year's winners, visit: <http://www.maine.gov/lyme>.

Contest Rules

- **Number of Entries:** Submit only one poster per student. For schools participating in the contest, please submit no more than 3 posters per grade level.
- **Deadline:** Entries must be received by the Infectious Disease Epidemiology Program by Friday April 28, 2023. (See address below.)
- **Judging:** Posters will be on display at the Maine Center for Disease Control and Prevention (Maine CDC) building and judged by Maine State employees.
- **Winners and Recognition:** Winners will be notified by Friday May 26, 2023. A total of 4 winners will be chosen:
 - One winner each from grades K-1, grades 2-3, grades 4-5, and grades 6-8.
 - Each winner will receive a one-day family pass to a Maine State Park of their choice. In addition, every member of the winner's household or classroom will receive a tick removal kit.
- **Property:** All posters will become the property of Maine CDC and will not be returned. The Infectious Disease Program may duplicate posters to use as part of Lyme Disease Awareness Promotional efforts but in no instance will this involve monetary transactions. If a student (or parent) does not wish his/her poster to be duplicated, "DO NOT DUPLICATE" must be printed on the back of the poster along with the student's name prior to submission.
- **Send entries to:**
 - Infectious Disease Epidemiology
 - Maine CDC
 - 286 Water Street, 6th floor
 - Augusta, ME 04333-0011

Questions? Please email the Vectorborne Disease Health Educator at Megan.Porter@maine.gov