

Janet T. Mills
Governor



Maine Department of Health and Human Services
Maine Center for Disease Control and Prevention
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2020 LYME DISEASE AWARENESS
11th Annual K-8 POSTER CONTEST
Theme: Tick Tock

Instructions

- All posters should illustrate importance of awareness of ticks to prevent Lyme disease and other tick-borne illnesses. Drawings, graphic designs, and photography entries will be accepted.
- The attached release waiver **must** be submitted with each poster submission.
- A basic understanding of Lyme disease and Lyme disease prevention is required. For Lyme disease education, please visit <http://www.maine.gov/dhhs/mecdc/infectious-disease/epi/school-curriculum/index.shtml> or <http://www.maine.gov/lyme>.
- Posters should illustrate at least one of the 4 approaches to personal prevention:
 - **Use caution in tick-infested areas**
 - **Use an EPA approved repellent**
 - **Wear protective clothing**
 - **Perform daily tick checks both visibly and by touch**
- Posters should be: creative, colorful, and easily seen from a distance.
- Posters should be on white drawing or heavy construction paper. 12 x 18 is the preferred size. (11x 17 will also be accepted). Do not laminate or mount.
- Please print the following information on the back of each poster entry: Child's name, grade, teacher's name, school name, child's address and phone number.
- For additional information on ticks, or examples of last year's winners, visit: <http://www.maine.gov/lyme>.

Contest Rules

- **Number of Entries:** Submit only one poster per student.
- **Deadline:** Entries must be received by the Infectious Disease Epidemiology Program by Friday May 1, 2020. (see address below)
- **Judging:** Posters will be on display at the Maine Center for Disease Control and Prevention (Maine CDC) building where the Infectious Disease Program is located. Submission judges will be Maine state employees.
- **Winners and Recognition:** Winners will be notified by Friday May 22, 2020. A total of 4 winners will be chosen:
 - One winner each from grades K-1, grades 2-3, grades 4-5, and grades 6-8.
 - Each winner will receive a one day family pass to a Maine State Park of their choice. In addition, every member of the winner's household will receive a tick remover.
- **Property:** All posters will become the property of Maine CDC and will not be returned. The Infectious Disease Program may duplicate posters to use as part of Lyme Disease Awareness Promotional efforts but in no instance will this involve monetary transactions. If a student (or parent) does not wish his/her poster to be duplicated, "DO NOT DUPLICATE" must be printed on the back of the poster along with the student's name prior to submission.

- **Address:**
 - Send entries to: Infectious Disease Epidemiology
Maine CDC
286 Water Street, 6th floor
Augusta, ME 04333-0011

For more information, please email the Vectorborne Disease Health Educator at Megan.Porter@maine.gov.