Lyme Disease
Maine Surveillance Report | 2018

Case Information:

1,405 Patients diagnosed with Lyme disease
105.0 Cases per 100,000 people
24% Decrease from 2017

Demographics:

- 57% of patients were male
- 47 years old on average
- Age range of 1-92 years
- 83% White

Geography:

Characteristics:

- Most infections occur during the summer months, peaking in July
- 2% of patients were hospitalized
- 31 People with Lyme were co-infected with anaplasmosis
- 12 People with Lyme were co-infected with babesiosis

Symptoms Reported:

- EM (Bullseye Rash) – 46%
- Arthritis – 34%
- Neurologic – 9%
- Cardiac – 0.2%

Prevention:

- Wear light-colored clothing, including long-sleeved shirts, long pants, and socks
- Use an EPA-approved repellant
- Avoid wooded and brushy areas with high grass and leaf litter
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors

For more information visit:

- www.maine.gov/lyme
- www.cdc.gov/lyme

Infection Rate by Age Group

• Most infections occur during the summer months, peaking in July

Infection Rate per 100,000 Residents

- 1-74
- 75-149
- 150-224
- 225-299
- 300+

Infection Rate by Age Group:

- 0-5 years
- 5-14 years
- 15-24 years
- 25-44 years
- 45-64 years
- 65+ years

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All suspected or confirmed cases of Lyme disease must be reported to Maine CDC