Anaplasmosis
Maine Surveillance Report | 2017

Case Information:

- **663** Confirmed and probable cases of anaplasmosis
- **49.6** Cases per 100,000 people
- **78%** Increase from 2016

### Demographics:
- 66% of patients were male
- Median age of 65
- Age range of 1-95 years
- 95% White

### Geography:
- Highest rates among 65+ age group

### Characteristics:
- Signs and symptoms include fever, headache, malaise, and body aches
- 7 People with anaplasmosis were co-infected with babesiosis
- 37 People with anaplasmosis were co-infected with Lyme disease

### Prevention:
- Wear long-sleeved, light-colored clothing
- Avoid wooded and brushy areas with high grass and leaf litter
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors

### Hospitalizations:
- **179 (27%)** patients were hospitalized
- 2% increase from 2016

For more information visit:
- [www.maine.gov/dhhs/anaplasmosis](http://www.maine.gov/dhhs/anaplasmosis)
- [www.cdc.gov/anaplasmosis](http://www.cdc.gov/anaplasmosis)

All suspected or confirmed cases of anaplasmosis should be reported to Maine CDC