Case Information:

- **476** Confirmed and probable cases of anaplasmosis
- **35.6** Cases per 100,000 people
- **28%** Decrease from 2017

Demographics:

- **63%** of patients were male
- Median age of 61
- Age range of 3-92 years
- **97%** White

Geography:

![Map showing infection rate per 100,000 residents]

Characteristics:

- Highest rates among 65+ age group
- **31 People with anaplasmosis were co-infected with Lyme disease.**
- Signs and symptoms include fever, headache, malaise, and body aches
- **4 People with anaplasmosis were co-infected with babesiosis.**

Hospitalizations:

- **101** (21%) patients were hospitalized
- **6%** decrease from 2017

Prevention:

- Wear light-colored clothing, including long-sleeved shirts, long pants, and socks
- Use an EPA-approved repellant
- Avoid wooded and brushy areas with high grass and leaf litter
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors

For more information visit:

- [www.mainegov/dhhs/anaplasmosis](http://www.mainegov/dhhs/anaplasmosis)
- [www.cdcgov/anaplasmosis](http://www.cdcgov/anaplasmosis)

All suspected or confirmed cases of anaplasmosis should be reported to Maine CDC