



Neisseria Meningitidis, invasive (Meningococcal Disease)

Maine Surveillance Report | 9-year summary report: 2011-2019

Case Information:

27

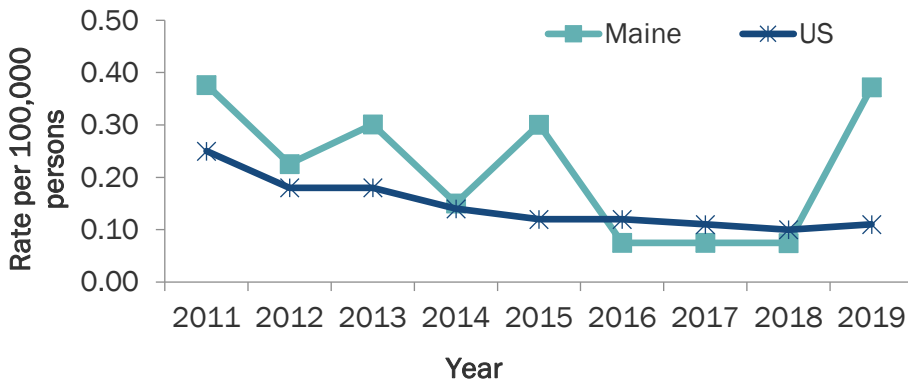
Patients diagnosed meningococcal disease from 2011-2019

3

Cases per year, on average

0.15

Cases per 100,000 people (average)



Demographics:

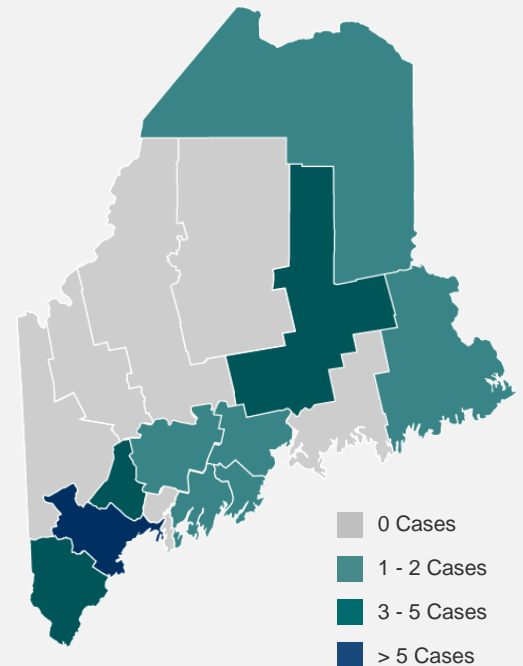


52% of cases were female

Average age was 38

Age range was 4 months to 103 years

Geography:



Clinical Characteristics:

1

Case died from their disease



All cases were hospitalized

Number of invasive *Neisseria Meningitidis* cases by age and serotype

Age	A	B	C	W	Y	Other/unknown*
< 5		2	2			1
5 - 17		2				3
18 - 35						2
36 - 64	1	1				3
> 65		1	1	2		1
Total	1	6	3	2	5	10

*Includes non-groupable

Vaccines help protect against all three serogroups of *Neisseria meningitidis* bacteria most commonly seen in the United States (B, C, and Y).



Prevention:

- Get vaccinated, especially if you are at higher risk of becoming infected.
- Keep babies and other people at high risk for meningococcal disease complications away from infected people.
- Do not share eating or drinking utensils.
- Practicing good hygiene can help prevent the spread of respiratory illnesses.
- Stay home if you are sick.

For more information visit:

www.maine.gov/dhhs/meningococcal

<https://www.cdc.gov/meningococcal/index.html>