**Hepatitis E**

Fact Sheet



Hepatitis E is a liver disease caused by the hepatitis E virus (HEV).

# Signs and Symptoms

Hepatitis E is rare in the United States, although it is common in many parts of the world. Travelers to areas with poor sanitation are at the highest risk for hepatitis E.


## Fever

Feeling Tired Loss of Appetite

Nausea and Vomiting

Signs and symptoms also include abdominal pain, dark urine, clay-colored stool, joint pain, and jaundice (a yellowing of the skin or eyes). Some people with hepatitis E do not have any symptoms.

If symptoms occur, they usually appear anywhere from two to six weeks after exposure. Hepatitis E can seriously affect pregnant women and immunocompromised persons.

# Spread

Hepatitis E spreads by:

Drinking water contaminated with the stool of an infected person

Eating raw or undercooked pork or deer

There is no FDA approved vaccine or specific treatment for hepatitis E.

# For More Information

Contact your doctor or Maine Center for Disease Control and Prevention at 1-800-821-5821 for more information or if you think you have hepatitis E. Make sure to tell your doctor if you are sick and had recent travel.

You can also visit [www.cdc.gov/hepatitis/hev](http://www.cdc.gov/hepatitis/hev).

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