



Sample **VICK** -Tac-Toe Questions

- Q. Which tick carries Lyme disease?
- A. Deer tick
- Q. What are symptoms of Lyme disease?
- A. Bulls-eye rash, sore muscles, chills, fever and headache
- Q. Name one way to safely remove a tick when it is attached to your skin.
- A. With a tick spoon or tweezers
- Q. How many different species of ticks are found in Maine?
- A. 14
- Q. How would you tell the difference between a deer tick and a dog tick just by looking at them?
- A. A dog tick has a white scutum (or racing stripe) and a deer tick has a dark one
- Q. Which stage of a tick is the most common to cause Lyme disease?
- A. Deer tick nymphs are the most common cause of Lyme disease
- Q. How do ticks move?
- A. Walk
- Q. Name a disease caused by a tick other than Lyme disease.
- A. Anaplasmosis, Babesiosis, Powassan
- Q. Is a deer tick or a dog tick most common in the spring and fall?

- A. Deer ticks are most common in the spring and fall
- Q. How does a tick bite you without being noticed?
- A. A tick sticks its barbed beak (Hypostome) and secretes an anesthetic (pain reliever) and an anticoagulant (something to stop the blood from clotting) to keep from being noticed.
- Q. Name one way to prevent a tick from biting you.
- A. Daily tick checks, wear long pants and tuck them into your socks, do not brush against tall grass, leaves or shrubs, use repellent
- Q. Name one way to minimize ticks near your home.
- A. Remove brush, leaf litter and tall grass; create a dry border between woods and lawn; remove plants that attract deer and construct physical barriers that may discourage deer from entering your yard
- Q. What kind of environment does a deer tick prefer to live in?
- A. Protected areas like forests or edges of forests where the leaves provide protection from the weather
- Q. What kind of habitat does a tick NOT like to live in?
- A. Open, dry habitats

Q. True or false—Pets can get sick if they get bitten by an infected tick carrying Lyme disease.

A. True

Q. Name 3 places on your body where a tick is most likely to settle and bite you.

A. Pay attention to your head, hairline, nape of the neck, armpits, waist, between your legs, thighs, and behind the knees.

Q. Are deer ticks arachnids or insects?

A. They're arachnids—along with mites, spiders, and scorpions

Q. True or false—All ticks carry diseases.

A. False