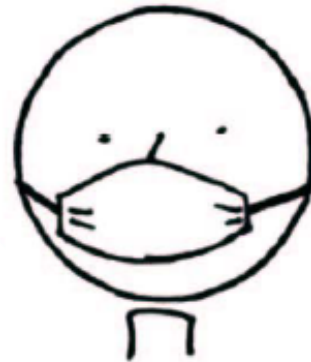


# Keep Germs to Yourself!

## **Fever + Cough = Mask**

If you have a fever and cough,  
let us know.

You may be asked to put on  
a surgical mask to protect  
others.



If you can't wear a mask,  
cover your mouth and nose  
with a tissue when you  
cough or sneeze.

**Stop the spread of germs that make  
you and others sick!**

*Developed in collaboration with  
the Association for Professionals  
in Infection Control, Pine Tree Chapter*



The Department of Health and Human Services  
Maine Center for Disease Control and Prevention  
[www.mainepublichealth.gov](http://www.mainepublichealth.gov)