Maine Weekly Influenza Surveillance Report

February 6, 2007

Synopsis
During the week ending February 3, 2007 (MMWR week 5)*, local influenza activity was reported in Maine. Laboratory-confirmed influenza has been detected in several regions of the state.

Moderate Disease Surveillance

Outpatient influenza-like illness (ILI)
During the week ending February 3, 2007, 0.7 % of sentinel provider outpatient visits were due to ILI (range 0% - 1.6%).

Severe Disease Surveillance

Hospital inpatients
During the week ending January 27, 2007 (week 4), 5.4% of admissions reported by four hospitals were due to respiratory illness (range 2.0% - 6.8 %). During the week ending February 3, 2007 (week 5), 3.6% of admissions reported by three hospitals were due to respiratory illness (range 2.3% -- 6.0%).

* At time of publication, reporting may be incomplete. Numbers presented here may change as more reports are received.
Laboratory Reporting

During the week ending February 3, 2007, one respiratory specimen was submitted to the Maine Health and Environmental Testing Laboratory (HETL) for influenza culture; results are pending on this specimen. As of February 3, 2007, a total of 113 respiratory specimens have been submitted for culture and/or PCR to HETL since October when the influenza surveillance season began. Of these specimens, nine (8.0%) were culture or PCR-positive for influenza (five for influenza A [H1] and four for influenza B), three specimens were presumptive positive for enterovirus, three specimens were not tested, results are pending for 9 specimens, and the remaining specimens were negative.

Respiratory Specimens Culture and/or PCR-Positive for Influenza
– Maine Health and Environmental Testing Laboratory, 2006-07
During the week ending February 3, 2007, a total of 66 respiratory specimens were submitted to two private reference laboratories in Maine. Of these, 11 (16.7%) specimens were positive for influenza A. As of February 3, 2007, a total of 601 respiratory specimens have been submitted for viral testing to two reference laboratories in Maine since October when the influenza surveillance season began. Twenty-one specimens (3.5%) were positive for influenza (19 for influenza A and 2 for influenza B), 84 (14.0%) were positive for RSV, 1 (0.2%) was positive for parainfluenza-3, 10 (1.7%) were positive for adenovirus, 11 (1.8%) specimens were positive for enterovirus, and the remaining specimens were negative.

**Respiratory Specimens Positive for Influenza – Two Reference Laboratories, Maine 2006-07**

![Graph showing the count of isolates and percent positive for influenza A and B over weeks](image)

**Outbreaks**

As of February 3, 2007, one outbreak of influenza associated illness was reported in a Midcoast region long-term care facility. Four respiratory specimens submitted from patients ill at this facility were negative for influenza.

**Fatalities Surveillance**

**Death Certificates**

During the week ending February 3, 2007, 6.1% of deaths reported by three city vital records offices were attributable to pneumonia and influenza (range 2.6% - 14.3%).
Percentage of Deaths Attributable to Pneumonia and Influenza
– Maine, New England and the United States, 2005-07

Pediatric Fatalities
As of February 3, 2007, no influenza-associated pediatric deaths have been reported in Maine this season.

National Influenza Activity
State health departments report the estimated level of influenza activity in their states each week. States report influenza activity as: 1) no activity, 2) sporadic, 3) local, 4) regional, or 5) widespread (definitions of these levels can be found at: [www.cdc.gov/flu/weekly/usmap.htm](http://www.cdc.gov/flu/weekly/usmap.htm)). Maine reported local influenza activity for the week ending January 27, 2007.