**Fifth Disease**

Fact Sheet

Fifth disease is a mild rash illness caused by parvovirus B19. It is more common in children than adults.





Parvovirus B19 spreads through coughing and sneezing. It can also spread through blood.

# Common Signs and Symptoms

Rash on the Cheeks

Fever

Headache

Signs and symptoms also include a runny nose, joint pain, and joint swelling. The most recognized symptom is a red rash on the face called “slapped cheek” rash. Some people develop a second rash on their chest, buttocks, or arms and legs.

# Prevention

Wash hands with soap and water

Cover your nose and mouth with a tissue or sleeve when coughing or sneezing

# For More Information

Visit [www.cdc.gov/parvovirusb19](http://www.cdc.gov/parvovirusb19).

You can also call Maine CDC at 1-800-821-5821.

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