



# Vibriosis

## Fact Sheet



Vibriosis is an infection caused by one of many types of *Vibrio* bacteria. These germs are often found in salty, coastal waters. They are found in higher numbers in the summer.

People can become sick by eating raw or undercooked shellfish, especially oysters. Skin can also get infected if an open cut or sore has contact with warm sea water.

## Signs and Symptoms



Watery Stool



Stomach Pain

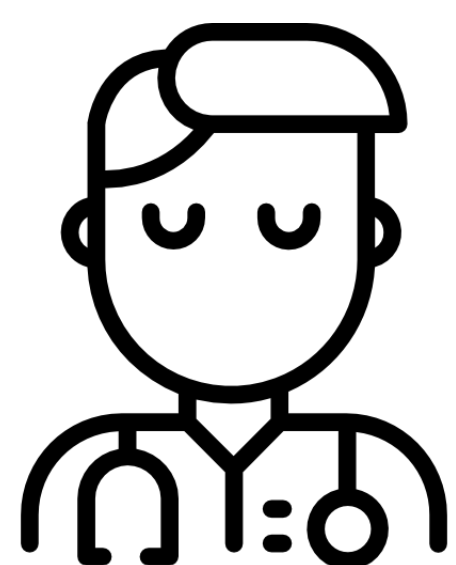


Nausea and Vomiting



Fever and Chills

Symptoms usually begin within 24 hours of eating. Illness usually goes away on its own after about three days. Skin infections caused by *Vibrio* can cause redness, heat, and pus. People with weak immune systems or liver disease are at higher risk of getting an infection in their blood.



Call your healthcare provider if you have symptoms of vibriosis after eating shellfish or swimming in the ocean. They may take a sample of your blood, stool, or wound to test for *Vibrio*. Treatment is not usually needed. Patients should drink lots of liquids to replace lost fluids.

## Prevention

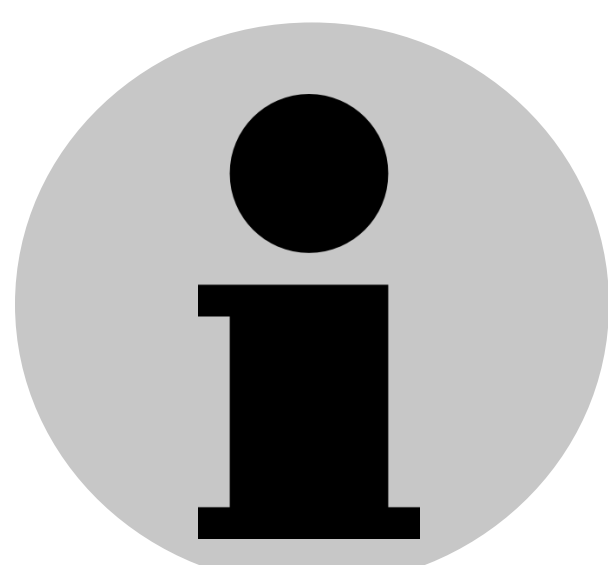


Cook seafood, especially oysters thoroughly



Do not swim with open wounds

## For More Information, Visit



1. [www.maine.gov/dhhs/vibrio](http://www.maine.gov/dhhs/vibrio)
2. [www.cdc.gov/vibrio](http://www.cdc.gov/vibrio)

You can also call Maine CDC at 1-800-821-5821.