

Job Aid for Clinicians

How to send information to Maine CDC about a patient under investigation (PUI) for AFM

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Identify PUI for AFM: patient with onset of acute flaccid limb weakness

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**Contact Maine CDC when you identify a PUI for AFM.
Call Maine CDC at 1-800-821-5821.**

SPECIMEN COLLECTION

Collect specimens as close to onset of limb weakness as possible and store as directed (see table on reverse side)



CSF Serum Stool NP swab

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Work with Maine CDC to coordinate submission of specimens for testing at federal CDC.

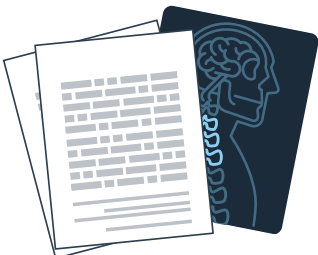
- Specimens should be shipped overnight to arrive at federal CDC Tuesday through Friday.
- Specimen submission form ([DASH](#)) must be completed for each specimen submitted.

AND

INFORMATION SHARING

Send copies of the following to Maine CDC for sharing with federal CDC:

- admission and discharge notes
- neurology and infectious disease consult notes
- MRI report
- MRI images
- vaccination history
- laboratory test results



SEND TO

Maine CDC

Phone: 1-800-821-5821
Fax: 1-800-293-7534

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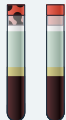


Maine CDC completes the [AFM Patient Summary Form](#), compiles medical records, and sends information to federal CDC. Patient will be classified by national AFM experts.

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After expert review, patient classification is given back to Maine CDC and relayed to clinician by Maine CDC.

How to send information to Maine CDC about a patient under investigation (PUI) for AFM

Specimens to collect and send to federal CDC for testing for AFM PUIs

SAMPLE	AMOUNT	TUBE TYPE	PROCESSING	STORAGE	SHIPPING
CSF	1mL (collect at same time or within 24hrs of serum)	Cryovial 	Spun and CSF removed to cryovial	Freeze at -70°C	Ship on dry ice
Serum	≥0.4mL (collect at same time or within 24 hours of CSF)	Tiger/red top 	Spun and serum removed to tiger/red top.	Freeze at -70°C	Ship on dry ice
Stool	≥1 gram (2 samples collected 24hrs apart)	Sterile container 	n/a	Freeze at -20°C *	Ship on dry ice. Rectal swabs should not be sent in place of stool.
Respiratory (NP)/ Oropharyngeal (OP) swab	1ml (minimum amount)	n/a 	Store in viral transport medium	Freeze at -20°C *	Ship on dry ice

*All specimens may be stored at -70°C for ease of shipping.

Coordinate with Maine CDC to send information about PUIs and ship specimens to federal CDC. Call Maine CDC at 1-800-821-5821.

