

Universal Testing in a Non-Healthcare Setting

Frequently Asked Questions

Maine CDC recommended that I pursue universal testing for my business. What are my options to get my employees tested?

- Contract with a local healthcare provider to test all employees or use your Occupational Health Provider.
- Encourage employees to seek testing on their own:
 - From personal healthcare providers.
 - From a Maine COVID-19 testing center.
 - Find a testing center near you at the Keep Maine Healthy site (<https://www.maine.gov/covid19/restartingmaine/keepmainehealthy/testing>).
 - You can also find a nearby testing center at www.get-tested-covid19.org.

I called multiple places in my area and no one can accommodate testing of my large number of employees. I also do not have medical staff at my facility. What are my options?

- Encourage employees to seek testing individually.
- contract with a local healthcare provider.

I told my employees to seek COVID-19 testing, but they cannot find a place to get tested without a physician's order. Where can they go?

- They can go to a Swab and Send site, which allows people in Maine to be tested for COVID-19 without an order from a healthcare provider under the Governor's Standing Order. For more information, visit <https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/documents/Standing-Order-FAQ-9-22-20.pdf>.
- Find Swab and Send sites here: <https://www.maine.gov/covid19/restartingmaine/keepmainehealthy/testing>.

What steps do I need to take to send specimens to the lab? What are temperature and packaging requirements? How do we sign up with HETL and get our results?

- You will need a healthcare provider who can order the tests and send them to a lab. This could be a local healthcare provider or your own Occupational Health Provider (if available).
- The healthcare provider who collects the specimens is responsible for getting them to the lab appropriately.
 - If they are sending specimens to Maine's Health and Environmental Laboratory (HETL), they can reference this document for details on setting up an account, electronically submitting forms, transporting specimens, and receiving results: https://www.maine.gov/dhhs/infectious-disease-epi/airborne/documents/2020PHADV-FAQ-HETL-eTOR-and_Submission.pdf.

