

Table 3. Maine CDC Guidance for Community Engagement of Congregate Settings (Updated 10/30/2020)

Category	Facility Status	New Cases Per 10,000 in the County in the last 28 days (updated every 7 to 14 days). Find transmission rates at: https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus/data.shtml		
	COVID-19 case in the last 14 days and/or Currently in Outbreak Status	High New Cases ≥ 16/10,000	Moderate New Cases 8/10,000 to <16/10,000	Low New Cases < 8/10,000
Outdoor Visitation	No	Yes	Yes	Yes
Indoor Visitation	Compassionate Care	Compassionate Care	Yes Following CMS guidance , limit the number of visitors and movement within facility.	
Pet Visitation	No	No	No	Single Resident Only
Staff	Essential	Essential	Limited Non-Essential	Non-Essential allowed, as long as not subject to work exclusion due to an exposure or showing signs & symptoms of COVID-19 after being screened.
Students (medical, nursing, social work, etc.)	Yes, as long as not subject to work exclusion due to an exposure or showing signs & symptoms of COVID-19 after being screened.			
Volunteers	No	No	No	Yes, as long as not subject to work exclusion due to an exposure or showing signs & symptoms of COVID-19 after being screened.
Communal Dining	No	Yes. Facilities should consider additional limitations based on status of COVID-19 infections in the facility.	Yes, with social distancing (limited # people at each table with at least 6 feet between each person) Note: Applies only to residents not in isolation or observation and not having suspected/confirmed COVID-19 status	
Essential Medical Visits Outside the Facility – Escorted by Facility or Other Known Provider	Yes If in an outbreak and/or sending a suspect or confirmed COVID-19 resident, receiving facility must be notified in advance.			

Essential Medical Visits Outside the Facility – NOT Escorted by Facility or Other Known Provider	No	No	Yes. Resident should be managed as a “COVID-19 status unknown” individual.	
Group Activities- Escorted by Facility or Other Known Party	No	No	Yes, for <u>≤10 persons</u> who have fully recovered from COVID-19 and for those not in isolation or observation or with suspected/confirmed COVID-19 status. Physical distancing among residents, appropriate hand hygiene, and use of face coverings (source control) apply.	Yes, for residents who have fully recovered from COVID-19 and for those not in isolation or observation or with suspected/confirmed COVID-19 status. Physical distancing among residents, appropriate hand hygiene, and use of face coverings (source control) apply.
Group Activities– NOT Escorted by Facility or Other Known Provider	No	No	Yes. Resident should be managed as a “COVID-19 status unknown” individual. See LTCF and AH FAQs 10/30/20 for further guidance on status “known” v. “unknown” in Assisted Housing Settings.	
Day Activities (Community Support, Employment Support, BH Social Club, etc.)	No	No	Yes. Community Support provider must be in compliance with applicable guidance .	
Screening – Visitors, Staff, Students, Volunteers, Residents	Yes, screening applies in all instances for anyone entering the facility.			
Source Control¹	Yes, face coverings for Staff & Residents; Addition of eye protection for Staff		Yes, face coverings for Staff & Residents	

¹**Source Control:** refers to the use of face coverings to cover a person’s mouth and nose to prevent the spread of respiratory secretions when they are talking, sneezing, or coughing. A facility may elect based on risk assessment and specific circumstances to include eye protection for healthcare workers (a.k.a staff), as a part of routine source control in any level of community transmission. Noted, eye protection and other appropriate PPE should be donned at any time there is reasonable expectation of exposure to respiratory droplets or other bodily fluids, per Standard Precautions. **Note that this level of source control is required for all federally certified facilities and strongly recommended for all other Assisted Housing settings.**

Note, guidance subject to change.