

Childcare: Who can be in my facility?



...is a close contact¹ of a COVID-19 case.

...tested positive for COVID-19.

A child in my program...

- The child should quarantine at home for 10 days from last exposure, then monitor for symptoms for 4 more days.
- You do not need to take further action.
- Maine CDC recommends all close contacts¹ be tested for COVID-19 5-7 days after their exposure.

- The child should isolate at home until they meet criteria to leave isolation.²
- If the child was at your facility while infectious,³ create a list of staff and children who were close contacts.¹
- Clean according to Childcare Licensing guidance.⁴

A household member of a child in my program...

- You do not need to take any further action.
- If the household member becomes symptomatic, the child should quarantine and should not come to your facility.

- The child should quarantine at home for 10 days past when the household member leaves isolation,² then monitor for symptoms for 4 more days.
- You do not need to take further action unless the household member was in your facility while infectious.³ If so, follow the same guidance for child testing positive, above.

A staff member...

- The staff member should quarantine at home for 10 days from last exposure, then monitor for symptoms for 4 more days.
- You do not need to take further action.
- Maine CDC recommends all close contacts¹ be tested for COVID-19 5-7 days after their exposure.

- The staff member should isolate at home until they meet criteria to leave isolation.²
- If the staff member was at your facility while infectious,³ create a list of staff and children who were close contacts.¹
- Clean according to Childcare Licensing guidance.⁴

For more information and resources, visit: www.maine.gov/dhhs/coronavirus

1: A close contact is someone who has been within 6 feet of a COVID-19 case for 15 minutes or more in a 24-hour period.

2: Find release from isolation guidance here: <https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/documents/COVID-19-Discontinuation-of-Isolation.pdf>

3. The infectious period starts up to 2 days prior to symptom onset (or when the positive specimen was collected if asymptomatic) and lasts until symptoms resolve (or until 10 days have passed if asymptomatic).

4. Find updated Childcare Licensing guidance here: <https://www.maine.gov/dhhs/ocfs/COVID-19-response.shtml>