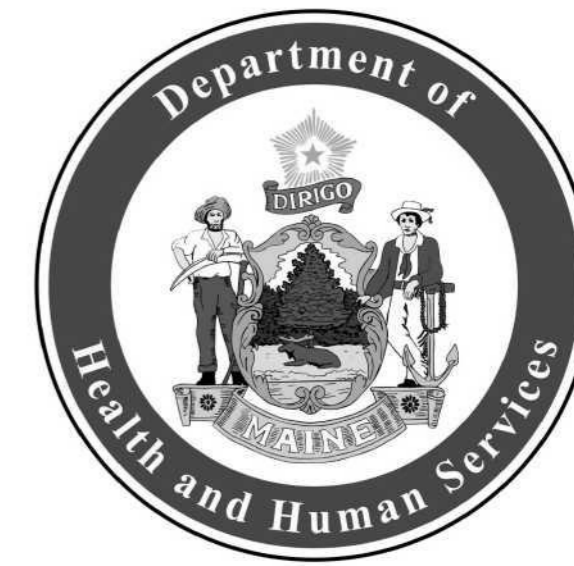
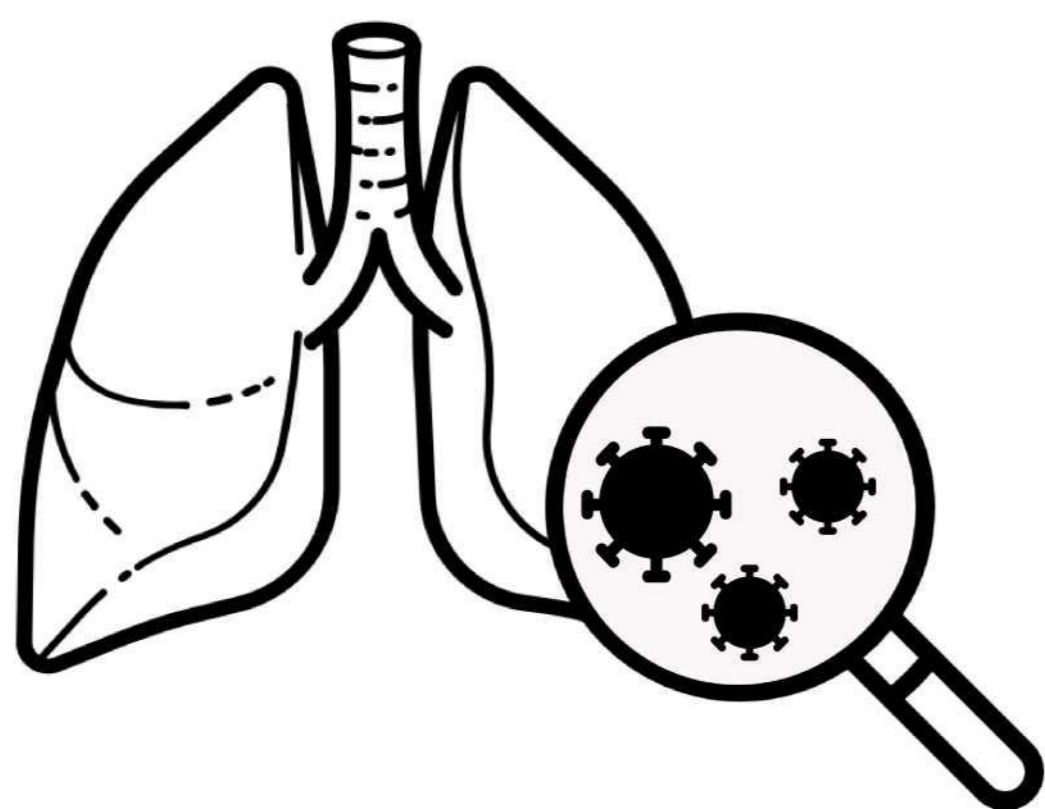


Esika ya Maine oyo Etalelaka mpe Epengolaka Bokono



Basango ya Suka-2019 Coronavirus(COVID-19)

Etanda/Fiche ya Makambo ya Koyeba



Basango ya Suka-2019 Coronavirus (COVID-19) ezali bokono ya mpema. Yango ewutaka na coronavirus. Kopalangan ya maladi ya COVID-19 ebandaki na egumba Wuhan na Chine mpe ezali kopanzana na ba moka misusu wuta ebandi.

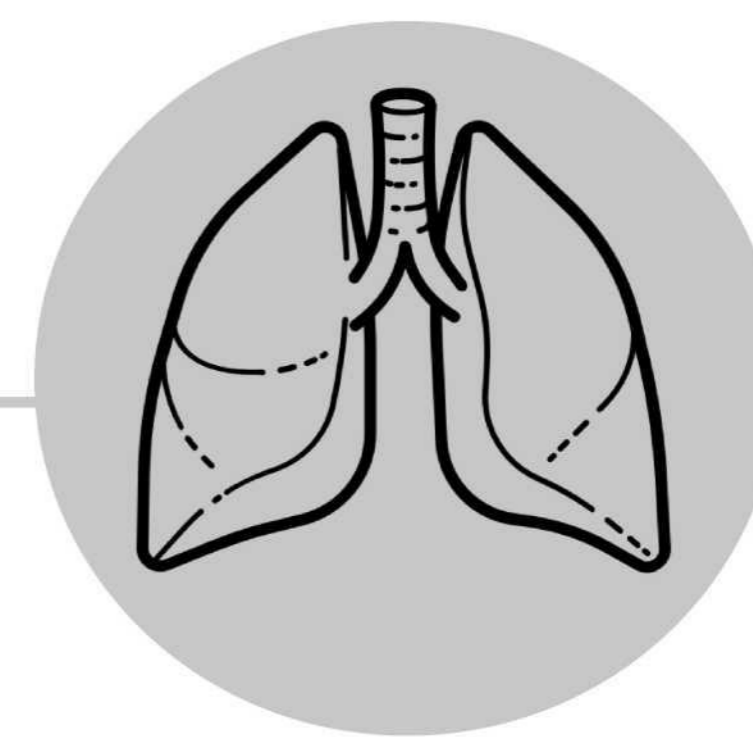
Bilembo mpe Bimonisami ya Minene



Fièvre

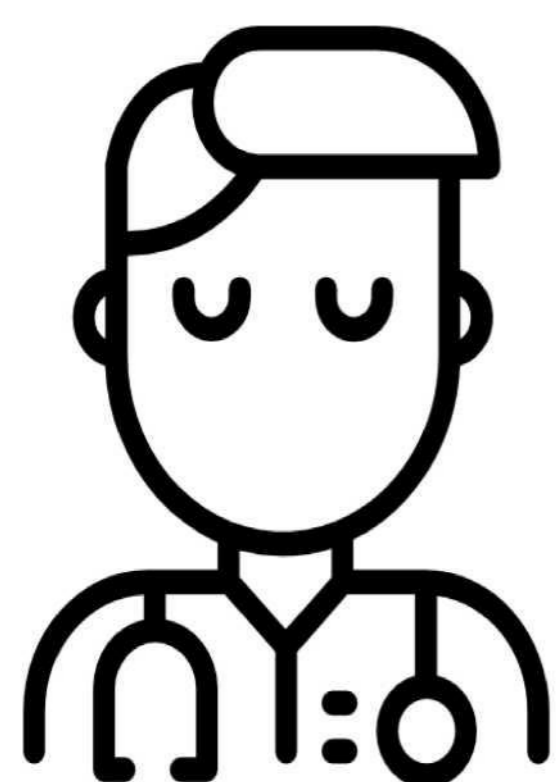


Kosukosu



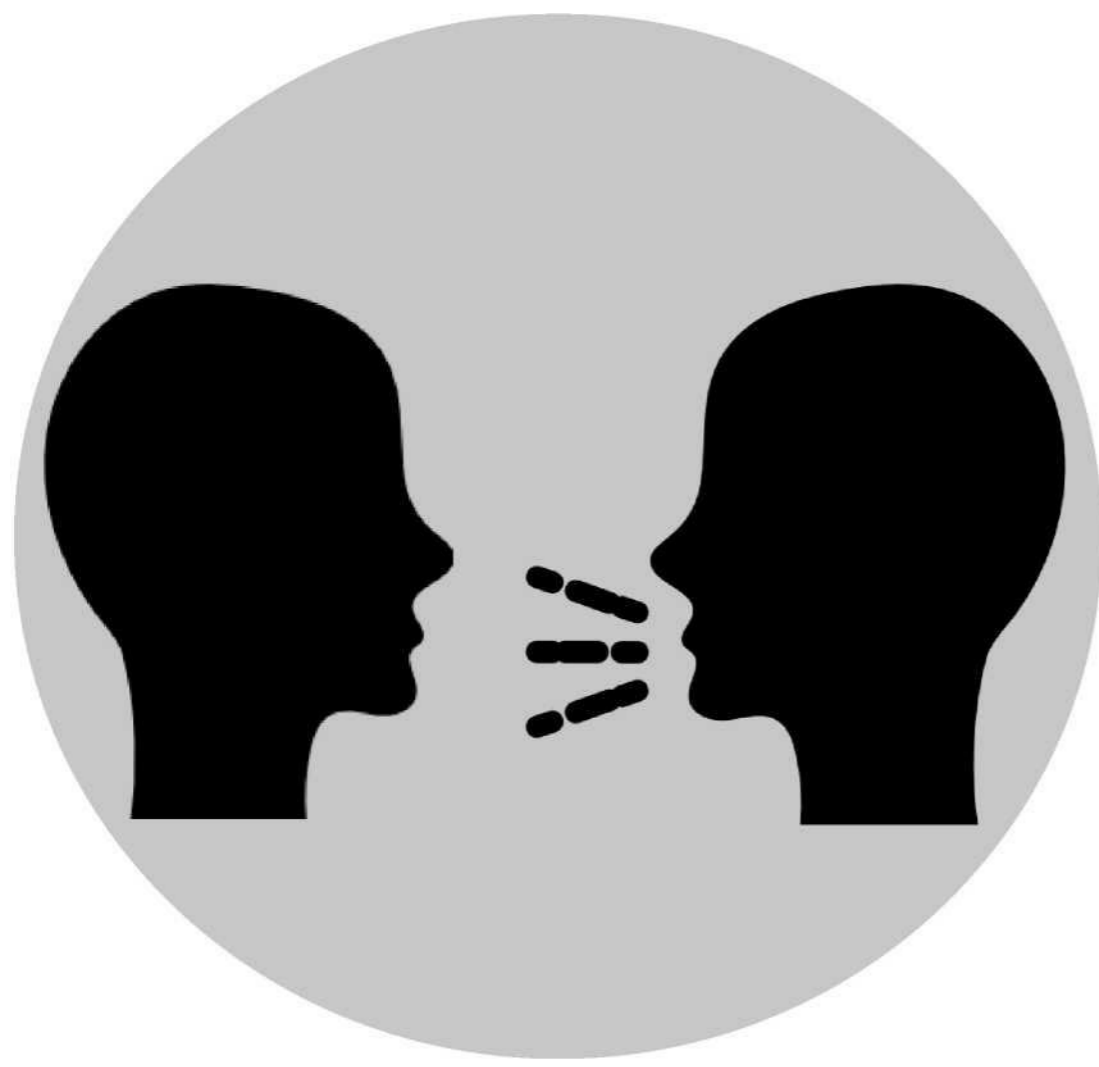
Mpasi ya kompema Mpasi ya kompema

Bilembo ebandaka na mikolo 2 kino 14 sima ya kozwa bokono/virus. Bamaladi oyo eyebani ezali na bokeseni ya moke to ebele. Bokono ya makasi ekoki komema maladi ya mpema (pneumonie), mpasi ya leketo (insufficance rénale), mpe na liwa..



Benga monganga na yo soki ozali na bilembo wana. Yebisa ye soki okendaki mobembo mpe soki okutanaki na moto oyo azwe bokono oyo. Benga l'hospital LIBOSO okoma soki ozali na bosenga ya monganga

Kopalangana ya COVID-19



- Virus oyo epalanganaka na kolongwa na motu moko mpe ekeyi na motu mususu. Yango esalamaka na tango mobeli akosoli to asali likisé (éternuer) mpe akoki kopesa bokono na batu misusu oyo bazali mpembeni (1mètre) na ye.
- Ekoki kosalema ete motu akoka kozwa COVID-19 tango asimbi esika to eloko oyo ezali na virus mpe nasima asimbi munoko, zolo, to miso naye moko.

Kopengolama ya COVID-19 pona Basali-mibembo



Boya kozala mpene na babeli



Zala mosika na banyama (ya bomoi to ya kokufa) mpe biloko ya banyama. Yango esangisi mpe na mosuni ya nyama mobesu.



Sokola maboko na yo na savon mpe na mayi.

Esengeli mpe kosokola maboko na yo ata 20 secondes. Salela kisi ya ba microbes oyo ezali ata na 60% ya alcool soki savon na mayi ezali te. Esengeli obenga monganga na yo soki ozali na bilembo oyo etangami na likolo.

Traitement to lisalisi ya solo solo ezali te pona COVID-19. Batu ebele bazali kobika na ba ndako na bango.

Pona Basango Ebele, Tala:



1. www.maine.gov/dhhs/coronavirus
2. www.cdc.gov/coronavirus/2019-ncov/index.html
3. www.who.int/health-topics/coronavirus
4. wwwnc.cdc.gov/travel (U.S. CDC's Travelers' Health Page)

Okoki mpe kobenga CDC ya Maine na 1-800-821-5821.