





# Ending COVID-19 Isolation in Non-Healthcare Settings

<p><b>If you tested positive for COVID-19 and:</b></p>	<p><b>You can leave your “sick room” and home when:</b></p>
<p><b>Had COVID-19 symptoms and are caring for yourself at home:</b></p> 	<ul style="list-style-type: none"><li>✓ At least 10 days passed since your symptoms first appeared, <b>AND</b></li><li>✓ Had no fever for at least 1 day (24 hours of no fever without the use of medicine that reduces fever), <b>AND</b></li><li>✓ Other symptoms are improved (example: cough or shortness of breath).</li></ul>
<p><b>Never had any symptoms and are caring for yourself at home:</b></p> 	<ul style="list-style-type: none"><li>✓ At least 10 days passed since the date of your first positive COVID-19 diagnostic test, <b>AND</b></li><li>✓ You continue to have no symptoms (example: no cough or shortness of breath) since the test.</li></ul>

**You must meet the above criteria prior to leaving your “sick room” and home.**