



Department of Health  
and Human Services

Maine People Living  
Safe, Healthy and Productive Lives

Paul R. LePage, Governor

Ricker Hamilton, Acting Commissioner

Department of Health and Human Services  
Center for Disease Control and Prevention  
WIC Nutrition Program  
11 State House Station  
Augusta, Maine 04333-0011  
Tel: (207) 287-3991; Fax: (207) 287-3993  
TTY Users: Dial 711 (Maine Relay)

Subject: Maine WIC Tofu

July 21, 2017

Dear Maine WIC Authorized Vendor,

We are adding new varieties of tofu to the authorized list, due to the limited number of tofu varieties on the June 2016 version of the Maine WIC Program food list.

Changes include:

- Authorization of both 16 ounce and 8 ounce packages
- Addition of cubed tofu varieties
- Addition of new brands including Heiwa, House Foods "O" Organics
- Removal of Azumaya due to lack of availability in Maine stores

Please accept this letter as authorization of these new items, **effective August 1, 2017**. A list of authorized tofu varieties is on the back. Stickers have been provided to vendors to replace the current tofu section in the Cashier Guide and Approved Food List. **A WIC customer may purchase two 8oz packages or one 16oz package for every one pound of tofu listed on a WIC check.**

If you have any questions, please contact the State WIC Agency by phone at 207-287-3991.

Sincerely,

Maine WIC Staff

Tina Bernier  
Vendor Coordinator  
207-287-5367  
[Tina.Bernier@maine.gov](mailto:Tina.Bernier@maine.gov)

Karen Gallagher  
WIC Nutrition Coordinator  
207-596-4242  
[Karen.S.Gallagher@maine.gov](mailto:Karen.S.Gallagher@maine.gov)

Ana Scovil  
Vendor & Data Specialist  
207-287-5366  
[Ana.Scovil@maine.gov](mailto:Ana.Scovil@maine.gov)

Heidi Morin  
WIC Dietitian  
207-287-4622  
[Heidi.Morin@maine.gov](mailto:Heidi.Morin@maine.gov)

Maine WIC Tofu

Authorization Effective 08/01/2017

16oz Packages		
Brand	UPC	Images
Heiwa Organic Tofu	850109005020	
House Foods Extra Firm	076371011174	
House Foods Firm	076371011167	
House Foods Medium Firm	076371011150	
Nasoya Organic Sprouted Super Firm	025484006577	
Nasoya Silken*	025484000131	

\*Currently approved in the June 2016 food list

8oz Packages		
Brand	UPC	Images
House Foods Cubed Super Firm	076371011617	
House Foods Organic Cubed Super Firm	076371012416	
House Foods Organic Vacuum Pack	076371031103	
Nasoya Organic Cubed Super Firm	025484000292	
"O" Organics Cubed Extra Firm	079893401881	