Radon can increase your risk of lung cancer, especially if you smoke.

Smoking
- Smoking is the number one cause of lung cancer.
- 80-90% of all lung cancer is due to smoking.

Radon
- You can’t see it or smell it, but radon can cause lung cancer.
- Radon is the second leading cause of lung cancer and the number one cause of lung cancer in nonsmokers.
- According to the Environmental Protection Agency, approximately 21,000 people die of lung cancer each year due to radon.
- One in three homes in Maine have higher than normal levels of radon.

Test your home.
- Test your home for radon in the air and water (if you have a well).
- For information on how to test your home, read Tipsheet #2 Test Your Home for Radon.
- Fix if your levels are high.

Protect your family.
- Smoking inside your home increases your family's and your pet's risk of lung and other cancers.
- If you smoke, smoke outside away from windows, doors, and vents.
- Take the Smoke-Free Homes Pledge at www.breatheeasymaine.org.

Get help to quit.
- Call the Maine Tobacco HelpLine at 1-800-207-1230.
- OR enroll online now at www.thequitlink.com.
- Friendly, confidential, and non-judgemental support.

Any home can have radon. The only way to know for sure is to test.

Protect your family. Learn. Test. Treat if needed.
- Check this website: www.MaineRadiationControl.org
- For advice: 1-800-232-0842 • radon.dhhs@maine.gov • TTY: Call Maine Relay 711