



Nubwo bakunze gusanga irangi ririmo Plomb mu mazu yubatswe imbere ya 1978, menshi tuyasanga mu mazu yubatswe imbere ya 1950. Irangi ririmo Plomb ritangiye guseruka cyangwa gushishuka rishobora gutera ibibazo. Ahantu irangi ririmo Plomb riza riraharuka, nko ku nzugyi, amadirisha, ndetse no hasi aho dutambukira, rishobora kuzana ivumbi rya Plomb. Ivumbi rya Plomb rishobora guturuka mugusana cyangwa inyubako. Ni wabazura, ugaharura cyangwa se ugatiriganya irangi ririmo Plomb ushobora kuzana ivumbi rya Plomb.

## **Nimba uba mu nzu ishaje cyangwa wabaje cyangwa waharuye irangi ririmwo Plomb.**

Kurikiza aya mabwiriza kugira ngo woze neza inzu yawe ukuremo ivumbi rya Plomb. Umaze guhanagura ukwo, hita ukoropa hasi, kumadirisha, kubishimanyango, no mu ndiba z'ububati ukoresheje igikoropesho cyangwa igihuzo gitose rimwe ku cyumweru.

### **Intambuko 1: Tegura ibikoresho mbere yo guhanagura**

Reba neza icyo cuyumba. Ambara udukingirizo (ama gangs) hama utore irangi ryose ryavukuye hasi cyangwa kumadirisha. Byagufasha ukoresheje Igitambaro gitose, ibipapuro byo kwihanaguza, cyangwa se udupapuro bahanaguza umwana mugutora utwo turangi twaguye hasi. Jugunya ibyo bipapuro bicafuye mukigapo ca plastique. Hanaguza hasi imashini ikira ivumbi- Imashini zikoresha utuyunguruzo twa HEPA nizo zikora neza. Imashini zikoresha "Allergen" nizo zikurikira mugukora neza nimba utaronse imashini zikoresha HEPA. Ntugakoreshe umukubozo kuko wasanza hose ivumbi rya Plomb.



### **Intambuko ya 2: Vanga amazi yo kwoza**

Voma amazi y'akazuyazi ugire igice c'indobo. Shiramo isabuni ukurikije amabwiiza yanditse kw'icupa.



### **Intambuko ya 3: Oza ibintu byose bikozwe n'imbaho woze no hasi**

Tangyira woza imimbaho zose ziri kumadirisha, kumiryango no mu ndiba z'ububati ukoresheje ibitambaro bitose wacishije muri ya mazi yakazuyazi. Uze uroza uva hejuru umanuka hasi. Icyo gitambaro cyangiritse, gite. Sesa ayo mazi amaze kwangirika. Mena ayo mazi yangiritse mumusarane.



### **Intambuko ya 4: Oza hasi**

Koresha uruvangye rwa mazi n'isabune, ukorope hasi n'igikoropesho cyangwa se impuzu nziza. Urangije, ta icyo gikoropesho usesse amazi mumusarane.

### **Intambuko ya 5: Rongorora kandi usukure**

Uzuza amazi meza mu ndobo. Oza neza ibikoropesho mu mazi hama uhanagure aho hose hari imbaho wari wogeje. Rongoroza amazi meza, ukorope cyangwa uhanagure hasi. Urangije, sesa y'amazi wakoresheje mumusarane, woze igikoropesho n'indobo. Ita uta dukingirizo (gangs), n'ibikoropesho, hama ubishire mw'isaho uce uyita mw'iyarara.



### **Kingira umuryango wawe.**

- Reba kuri uru rubuga rw'ikoranyabuhanga: [maine.gov/healthhomes](http://maine.gov/healthhomes)
- Hamagara ushaka impanuro: 866-292-3474. TTY: Hamagara umurongo wa Maine: 711

