



Department of Health and Human Services
Maine Center for Disease Control and Prevention
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Drinking Water Program

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INSTRUCTIONS FOR COLLECTING COMPLIANCE WATER SAMPLES FOR

Radionuclides

GROSS ALPHA, RADIUM_228, or RADIUM 226

1. Collect sample at the sample point preprinted on the sample form.
2. Remove any screen, hoses and aerators from end of faucet.
3. Run COLD water for 3 to 5 minutes to make sure water has not been sitting for a long time in pipes or tanks and is fresh from the well.
4. Remove container cap. Do not allow inside of cap, inside of bottle, or bottle threads to be touched by any object.
5. Fill bottle to the shoulder.
6. Screw cap on securely.
7. Fill out the required information on sample form. **SIGN THE FORM!** The samples will not be processed unless the form has a signature! Return bottle with completed paperwork to lab. The maximum holding time is 5 days.

**IF YOU HAVE ANY QUESTIONS....PLEASE CALL THE MAINE DRINKING WATER PROGRAM
AT (207) 287-2070 OR YOUR LABORATORY**