



## PLANT SELECTION

### Northeast Plant List for Benefitting Pollinators, Xerces Society

[Northeast Plant List for Benefitting Pollinators, https://xerces.org/pollinator-conservation/pollinator-friendly-plant-lists](https://xerces.org/pollinator-conservation/pollinator-friendly-plant-lists)

A selection of plants specifically tailored to support and attract pollinators such as bees and butterflies. The plant list offers valuable guidance for those looking to enhance biodiversity and promote pollinator conservation.

### Plants for the Maine Landscape, University of Maine Cooperative Extension

[Plants for the Maine Landscape, https://extension.umaine.edu/gardening/manual/plants-for-the-maine-landscape](https://extension.umaine.edu/gardening/manual/plants-for-the-maine-landscape)

A reference guide for selecting and cultivating ornamental plants, trees, shrubs, and perennials that thrive in Maine's climate, soil types, and growing seasons. This resource provides practical guidance on plant selection, care, and maintenance to create vibrant, resilient landscapes.

### Yardscaping Program Maine Department of Agriculture, Conservation & Forestry

[Yardscaping Program, https://www.maine.gov/dacf/php/pesticides/yardscaping/plants/index.htm](https://www.maine.gov/dacf/php/pesticides/yardscaping/plants/index.htm)

The Yardscaping Program provides guidance on plant selection, soil health, water conservation, and integrated pest management strategies—together these techniques promote sustainable landscaping, reduce pesticide use, and encourage the cultivation of native plants to support local ecosystems.

### Inland Plant Selection Resources, Maine Department of Environmental Protection

[Inland Plant Selection Resources, https://www1.maine.gov/dep/land/watershed/buffer\\_plant\\_list.pdf](https://www1.maine.gov/dep/land/watershed/buffer_plant_list.pdf)

A comprehensive plant list tailored for inland areas, focusing on buffers and watershed management. This resource serves as a guide for selecting plant species suitable for enhancing water quality, preventing erosion, and promoting biodiversity in inland landscapes.



## FINDING PLANTS

### How to Find Native Plants, Wild Seed Project

[How to Find Native Plants, https://wildseedproject.net/2022/02/navigating-the-nurseries-how-to-find-native-plants](https://wildseedproject.net/2022/02/navigating-the-nurseries-how-to-find-native-plants)

This resource offers practical guidance on sourcing native plant species through nurseries, emphasizing the importance of incorporating native plants into landscaping projects to support biodiversity and ecosystem health. This resource provides valuable insights on navigating nurseries and plant suppliers to locate native species appropriate for different regions, helping individuals make informed choices that benefit local wildlife and pollinators.

### Maine Native Plant Finder, Maine Audubon

[Maine Native Plant Finder, https://mainenativeplants.org/](https://mainenativeplants.org/)

A valuable online resource that allows users to explore and discover native plant species suitable for various gardening and landscaping projects in Maine. This tool provides information on native plants based on specific criteria such as plant type, sun exposure, soil moisture, and wildlife value, making it easy for individuals to select plants that are well-adapted to Maine's unique environmental conditions.

### OUR SHORE Guide to Nature-Based Shoreline Stabilization Options in Maine

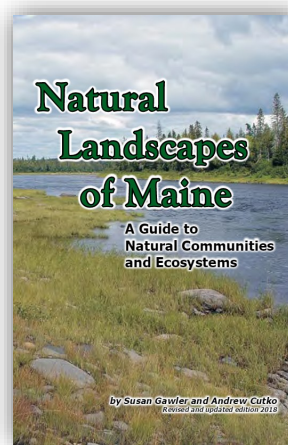
## Planting Guide Summary

Selecting appropriate plants for a living shoreline is essential to long-term performance of the design and to restore habitat to natural conditions. This summary provides available planting guides for Maine landscapes, go-to sources recommended by experts who are designing and installing stabilization projects using nature-based practices, and a short list of coastal living shoreline plants.

### Natural Landscapes of Maine:

#### A Guide to Natural Communities and Ecosystems

[Natural Landscapes of Maine: A Guide to Natural Communities and Ecosystems, https://www.maine.gov/dacf/mnap/](https://www.maine.gov/dacf/mnap/)



An essential part of the OUR SHORE approach is to maintain, restore, and enhance shoreline habitat elements. The Maine Natural Areas Program maintains descriptions of natural communities and ecosystems illustrate what property owners and contractors should aim to achieve with their designs. Publications include detailed descriptions, maps, and photographs that serve as a valuable tool for understanding the rich biodiversity and environmental heritage of Maine's natural areas.

### Maine Coastal Planting Guide

[Maine Coastal Planting Guide, https://www.cumberlandswcd.org/documents-1/coastal-bluffs](https://www.cumberlandswcd.org/documents-1/coastal-bluffs)



This guide offers insights on selecting and cultivating plants that thrive in coastal conditions, such as salt spray, sandy soil, and strong winds, making it a valuable resource for coastal property owners, landscapers, and conservationists looking to establish resilient and visually appealing landscapes along the Maine coast. With tips on plant selection, maintenance, and design considerations specific to coastal settings, this planting guide serves as a practical tool for enhancing the ecological and aesthetic value of coastal areas in Maine.



### Coastal Shorelines

#### Low Marsh

- Juncus gerardii- saltmarsh rush
- Spartina alterniflora- smooth cordgrass

#### High Marsh

- Spartina patens- saltmeadow cordgrass
- Distichlis spicata- seashore salt-grass

### Inland & Coastal Shorelines

#### Herbaceous Perennials

- Solidago sempervirens- seaside goldenrod
- Symphyotrichum novae-angliae- new england aster
- Symphyotrichum novi-belgii- new york aster

#### Trees & Shrubs

- Acer rubra- red maple
- Amelanchier arborea- serviceberry
- Cornus sericea- red osier dogwood
- Diervilla lonicera- bush honeysuckle
- Myrica pensylvanica- bayberry (Coastal)
- Pinus strobus- white pine
- Rosa carolina- pasture rose
- Rosa virginiana- virginia rose
- Rhus glabra- smooth sumac
- Salix nigra- black willow
- Spirea alba- meadowsweet
- Spirea tomentosa- steeplebush