## Covid-19 Employee Safety Guide

FOR STATE GOVERNMENT WORKERS effective January 6, 2022

## WEAR A MASK AT ALL INDOOR PUBLIC SPACES within CITY of PORTLAND

Following the Portland City Council's vote to require that masks be worn at all publicly accessed buildings in Portland, work rules are updated to comply. Buildings not accessed by the public are not subject to this requirement.

## SUBMIT A VACCINE CARD TO FORGO MASKING

> Submit your vaccine card to forgo masking.

State workers <u>fully vaccinated against Covid-19</u> may forgo face covering requirements (except in publicly-accessed buildings within the City of Portland, where a mask rule applies to all). To be eligible, workers must voluntarily submit a copy of their Covid-19 vaccination card through our <u>instantaneous and secure online portal</u>. More stringent masking and PPE expectations apply for settings such as hospitals; follow agency-specific guidance.

Wear a mask if you are not fully vaccinated and/or have not submitted a copy of your vaccination card. State workers not fully vaccinated against Covid-19 must wear a face covering when conducting State work inside (including when inside a vehicle). Those who prefer not to submit a copy of their vaccination card or who are immunocompromised should also continue to wear a face covering while conducting State work inside. Face coverings are not required when conducting State work outside or when alone inside one's own workspace or cubicle with a line-of-sight barrier.

## FOLLOW PUBLIC HEALTH BEST PRACTICES

- ➤ **GET VACCINATED.** We strongly recommend, consistent with U.S. CDC guidelines, that State workers consider vaccination against Covid-19. For more information on getting vaccinated, visit the State's <u>vaccination website</u> or call the Community Vaccination Line at 1-888-445-4111.
- ➤ WEAR A MASK. We strongly recommend, consistent with U.S. CDC guidelines, that, given high levels of transmission, State workers wear a mask when inside, regardless of vaccination status. Anyone is welcome to wear a face covering based upon their personal comfort level.
- ➤ WAIT! STAY HOME IF YOU ARE SICK. If sick, contact your supervisor and seek medical attention. Do you feel sick with any symptoms consistent with Covid-19 or other infectious disease (such as new cough, shortness of breath, or vomiting/diarrhea)? Have you had a fever (100.4 and above) or used any fever reducing medicine? Contact HR if you have been exposed to or diagnosed with Covid-19.
- ➤ WATCH YOUR DISTANCE. Physical distancing is an important practice that helps mitigate transmission of the virus. This might be especially important in hallways or other communal spaces such as breakrooms. Supervisors should consider whether it would be appropriate to use Teams or other electronic meeting formats in lieu of a crowded conference room setting.
- ➤ WASH THOSE HANDS. Frequent hand hygiene reduces the risk of transmission of Covid-19 by removing pathogens from the surface of the hands. Cough or sneeze into your elbow when not wearing a face covering or alternatively, cough or sneeze into a tissue, discard the tissue into trash container, and then perform hand hygiene.
- ➤ WHEN TRAVELING, PLAN AHEAD. Make your vacation time requests in consideration of any travel restrictions, testing, or quarantining requirements at home and/or at your destination.