

# Know Your Edibles: Start Low & Go Slow



**It can take up to 2 hours** for edible cannabis products to fully take effect.



**Start low** with a low serving size, especially if you're new to cannabis.



**Go slow** and wait for the effects before consuming more product.



**Serving sizes can vary** based on the person, product type, and potency.

## REMEMBER

**If you feel different,  
you drive different.  
Don't drive while high.**