

# Demographic and Migration Trends in Maine

SMPDC Annual Meeting

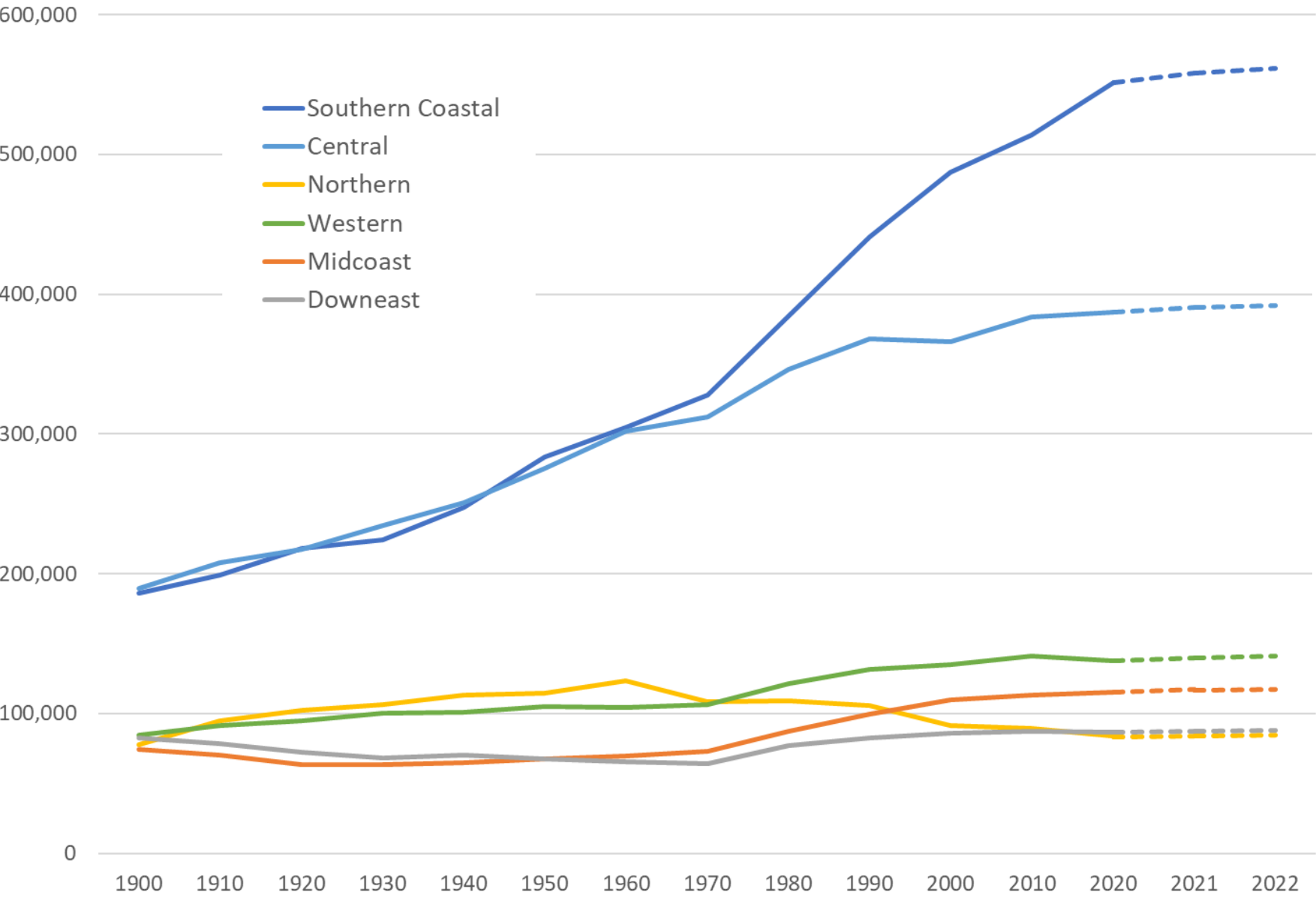
June 20, 2023

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Maine State Economist

# Population Change

Population by Region

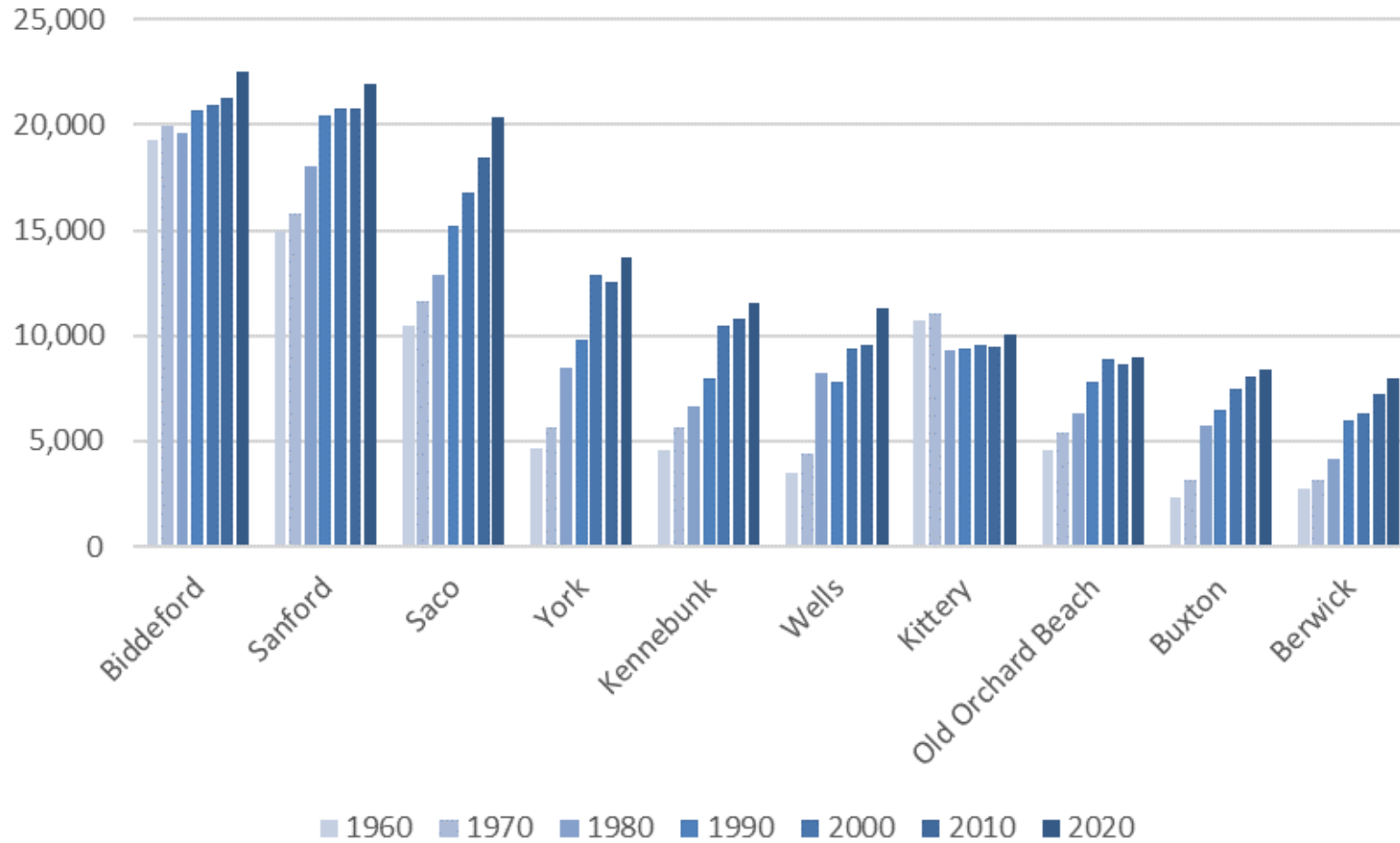


Maine

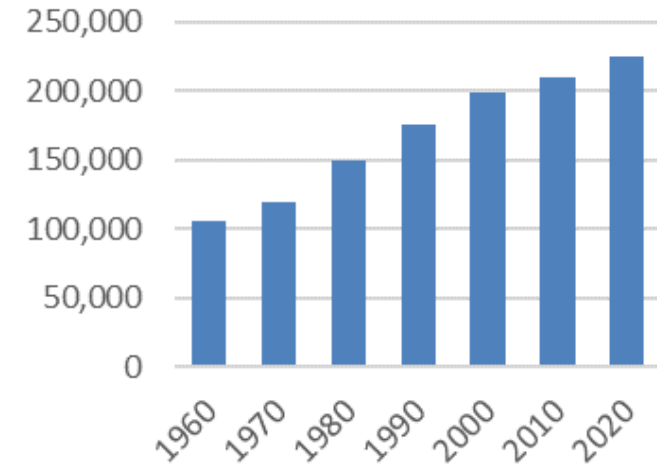
2020 Decennial  
Population = 1,362,359  
(42<sup>nd</sup> in U.S.)

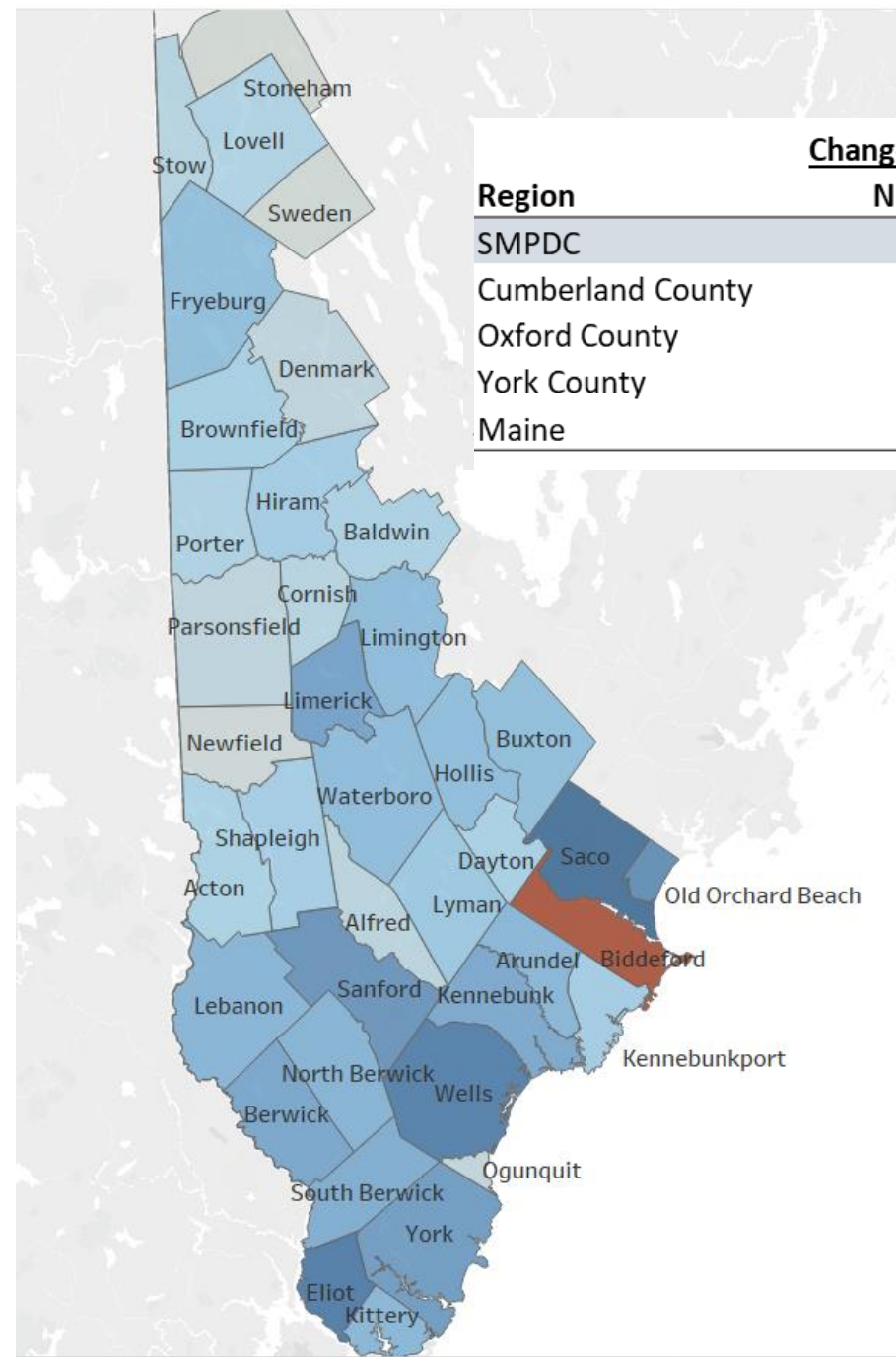
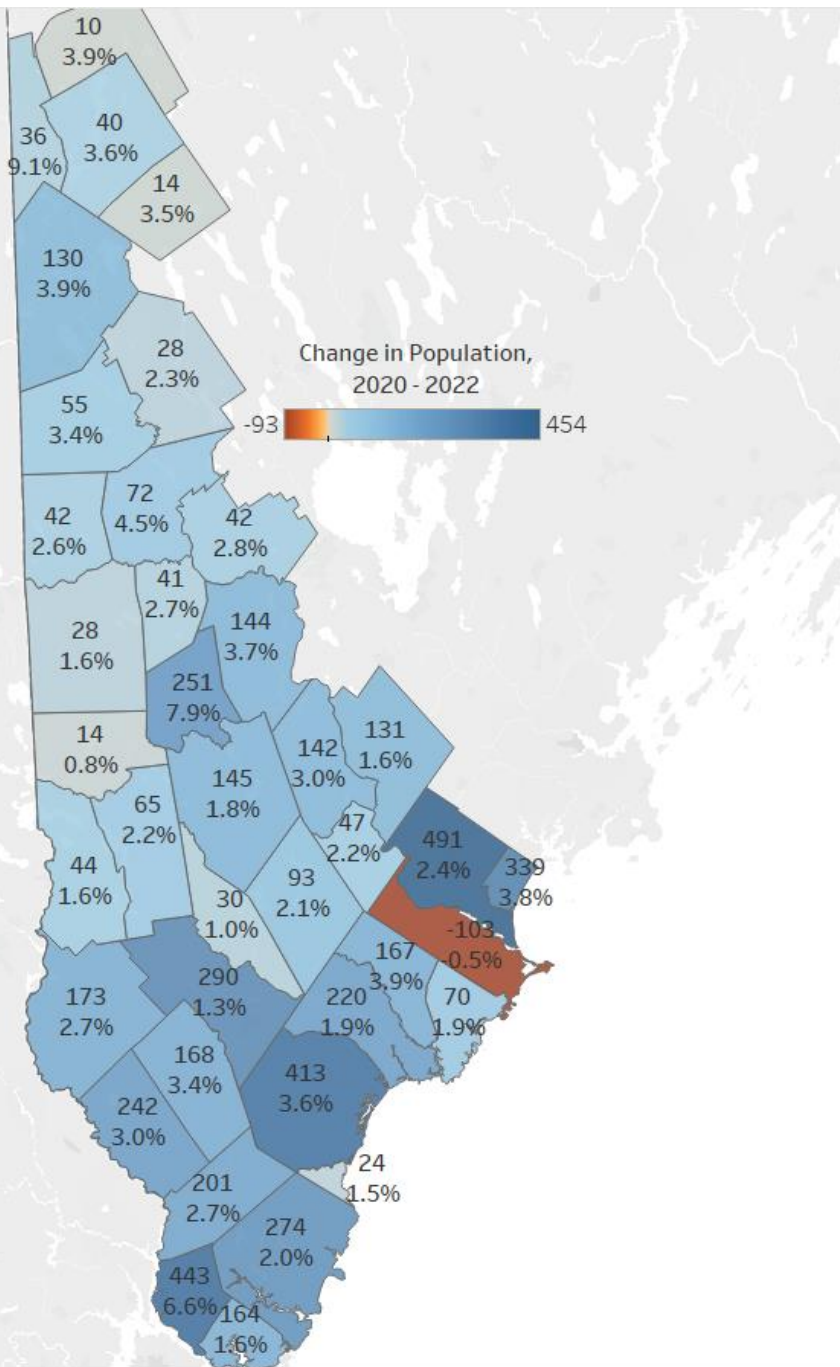
Population increase of  
2.6% from 2010-2020  
(42<sup>nd</sup> in U.S.)

## Decennial Population Largest Municipalities in SMPDC Area



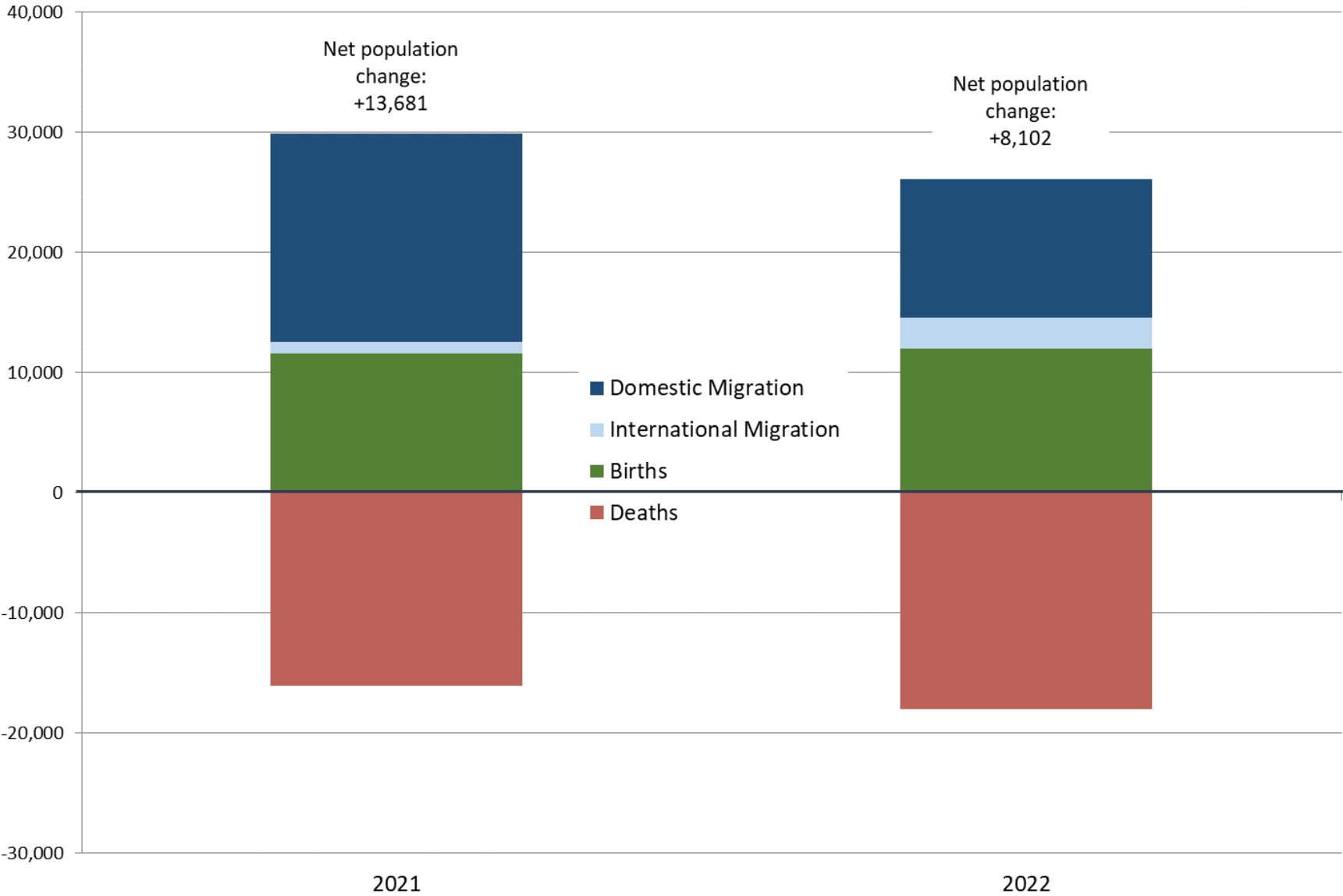
## SMPDC Region





# Components of change

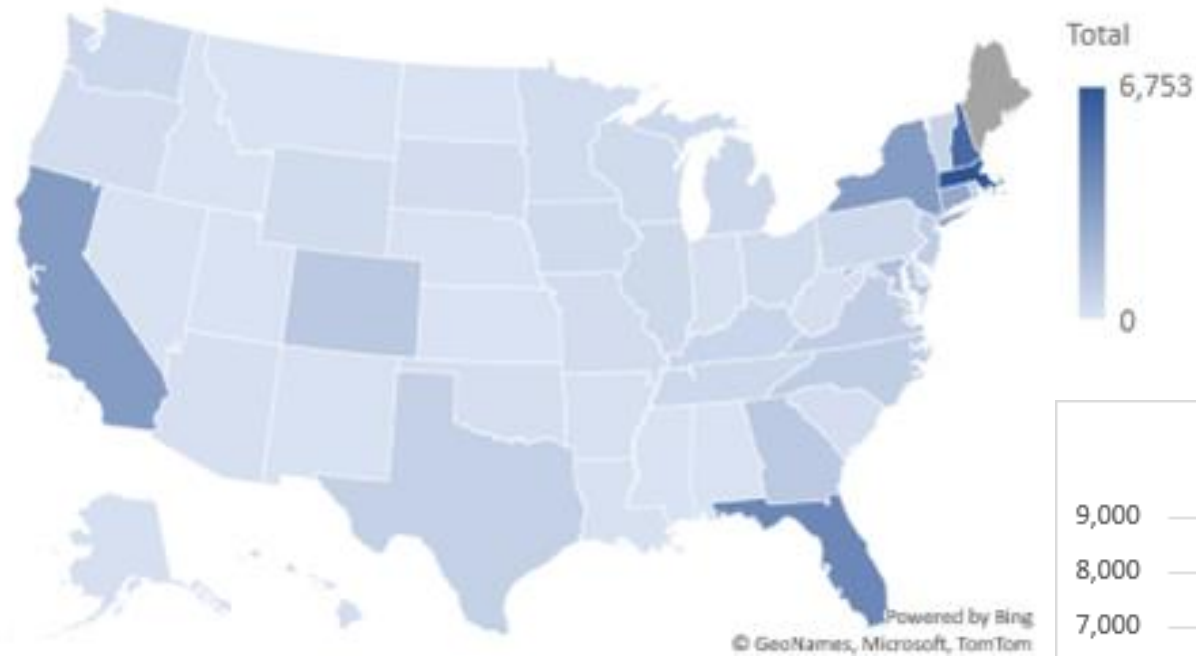
# Components of Population Change, Maine



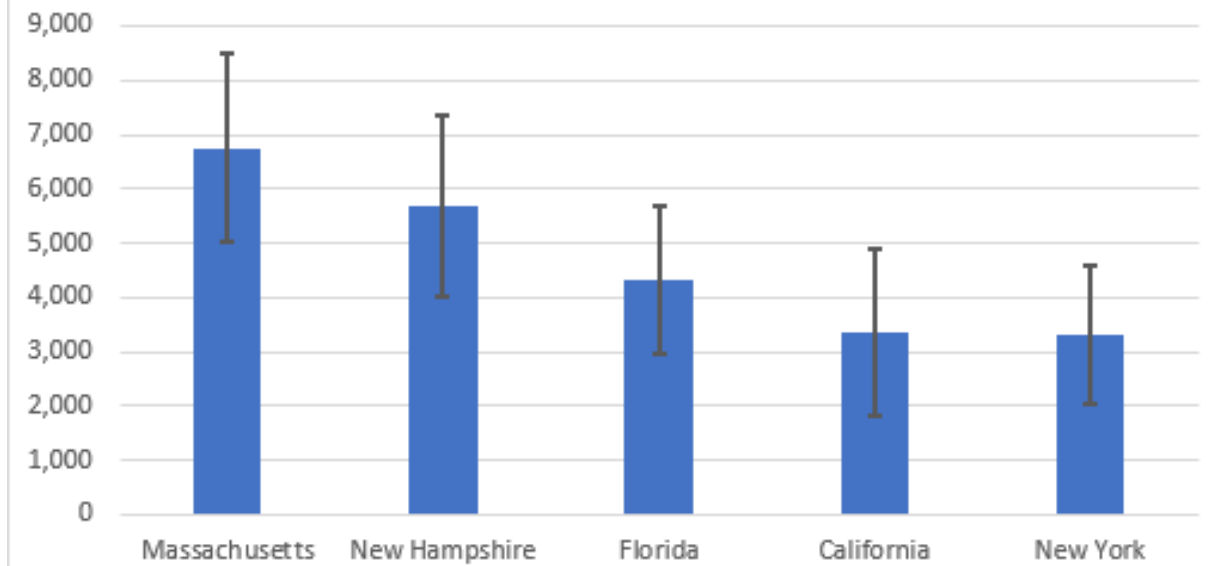
Population increase of 1.7% from 2020-2022 (14<sup>th</sup> in U.S.)

2022 net migration = 10.2 per thousand (11<sup>th</sup> in U.S.)

State of Origin (Moved to Maine), 2021



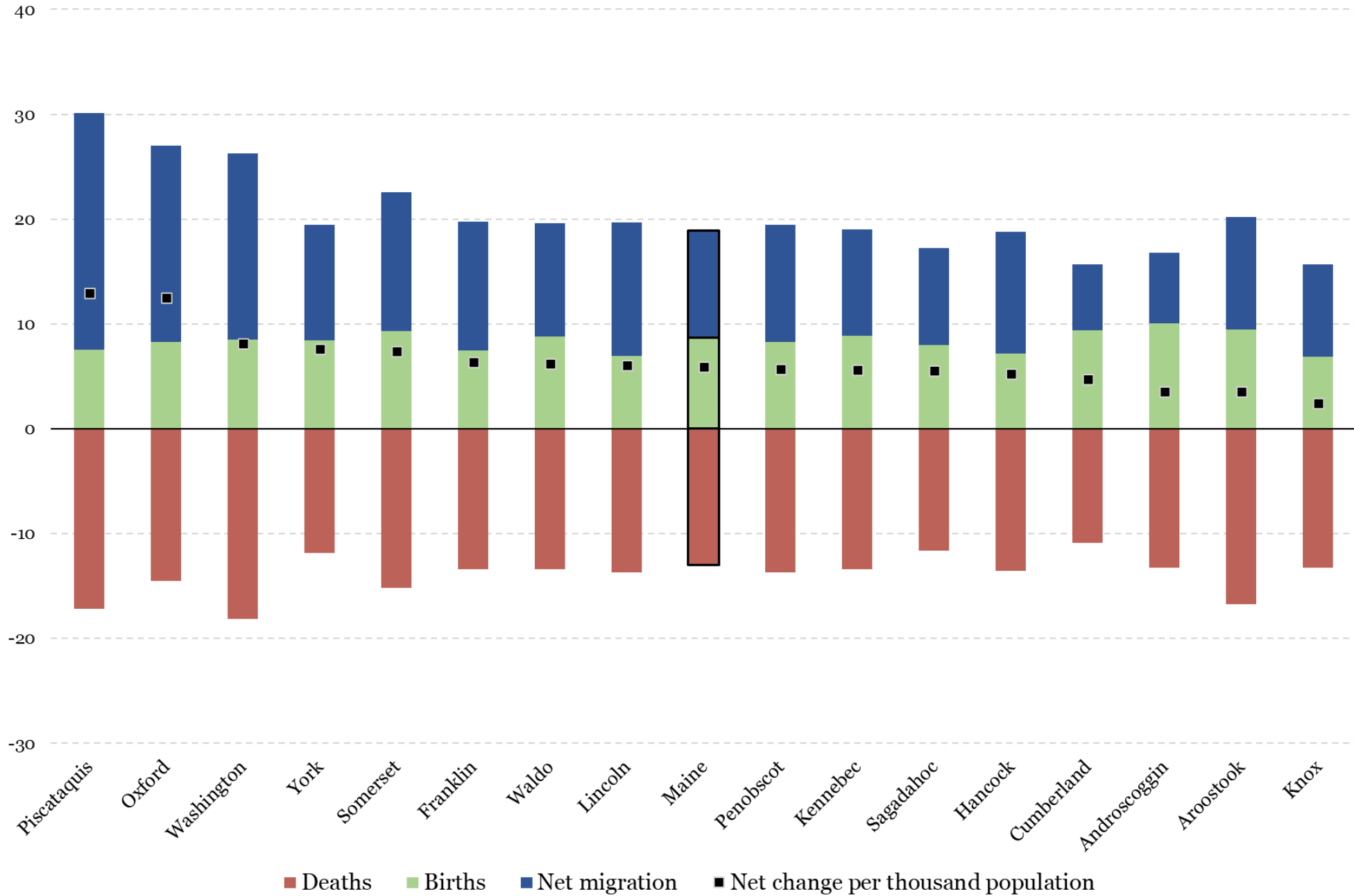
State of Origin (Moved to Maine), 2021



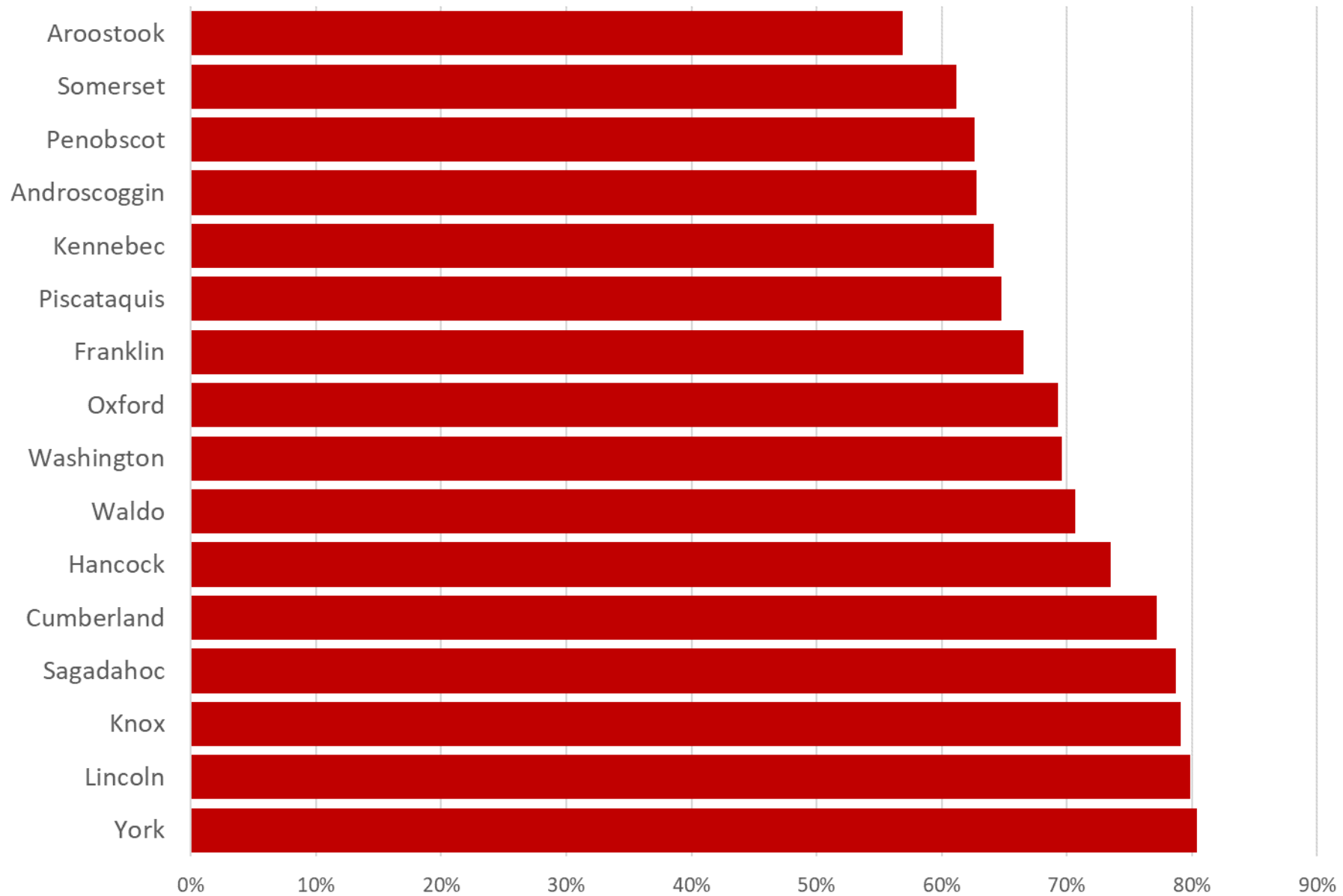


# Components of Population Change in Maine, 2022

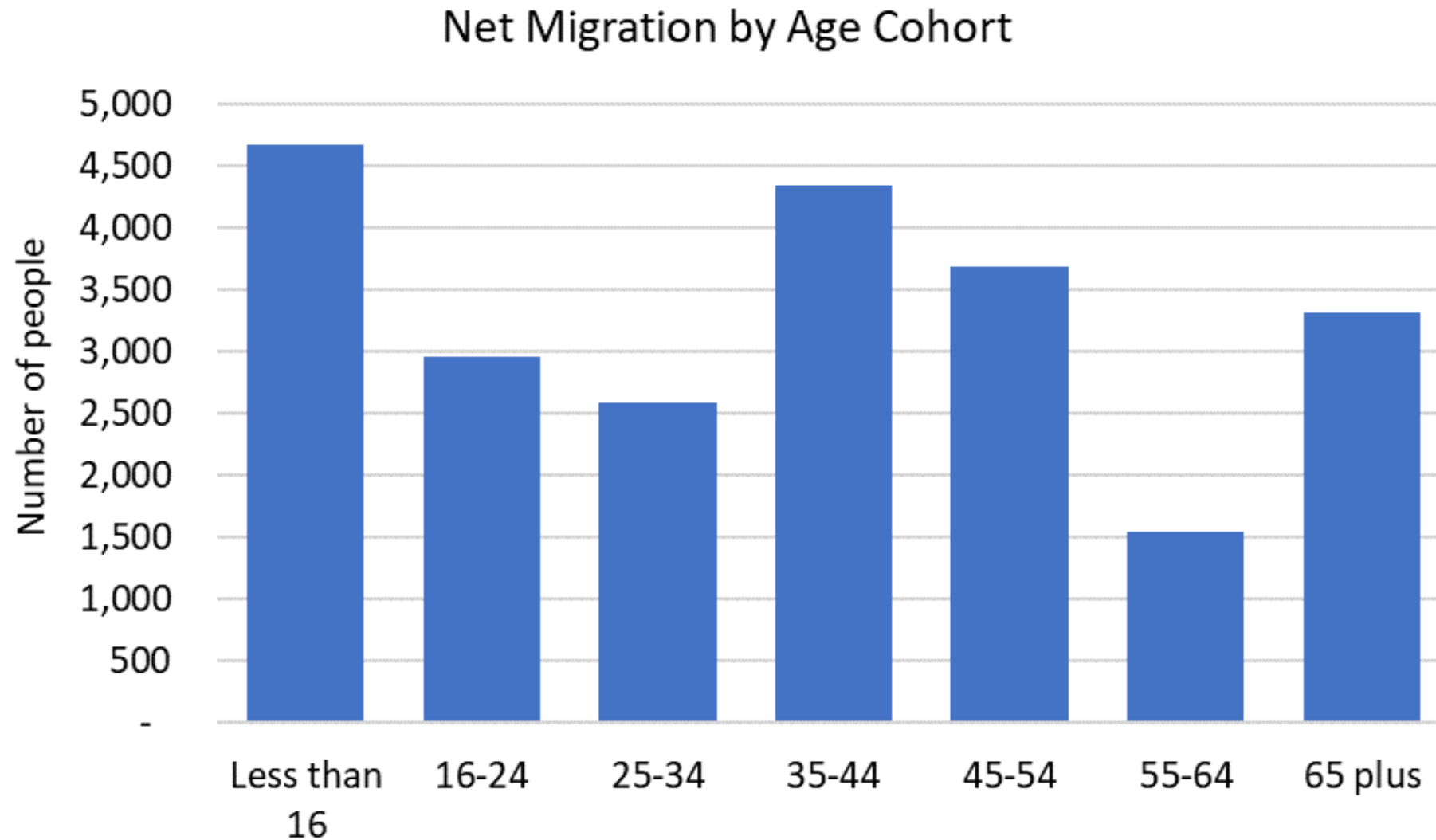
## Rate per thousand population



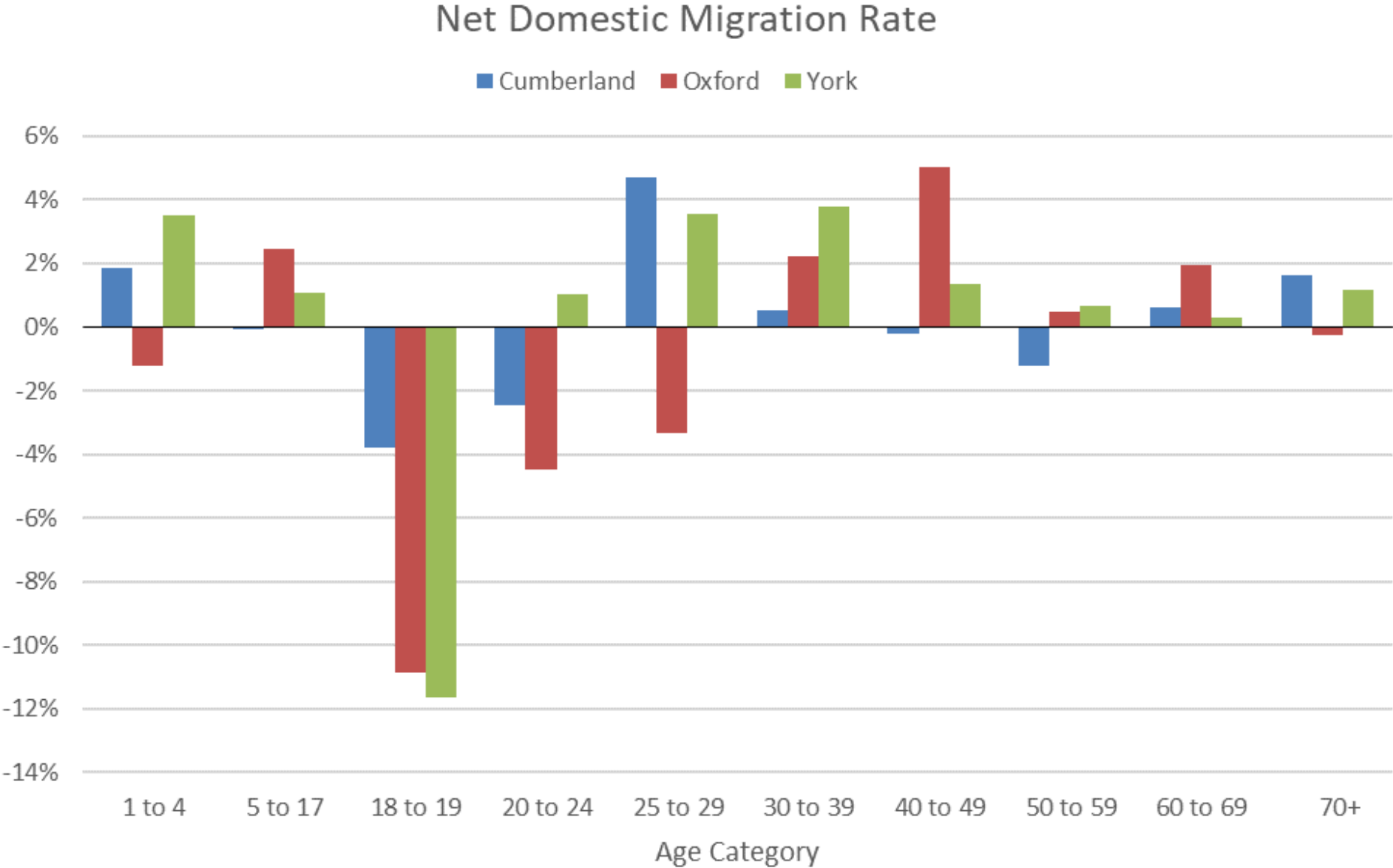
## Percent of Households Unable to Afford Median Home, 2022



# Maine saw positive net domestic migration in all age cohorts in 2021



# More of a mixed bag at the county level

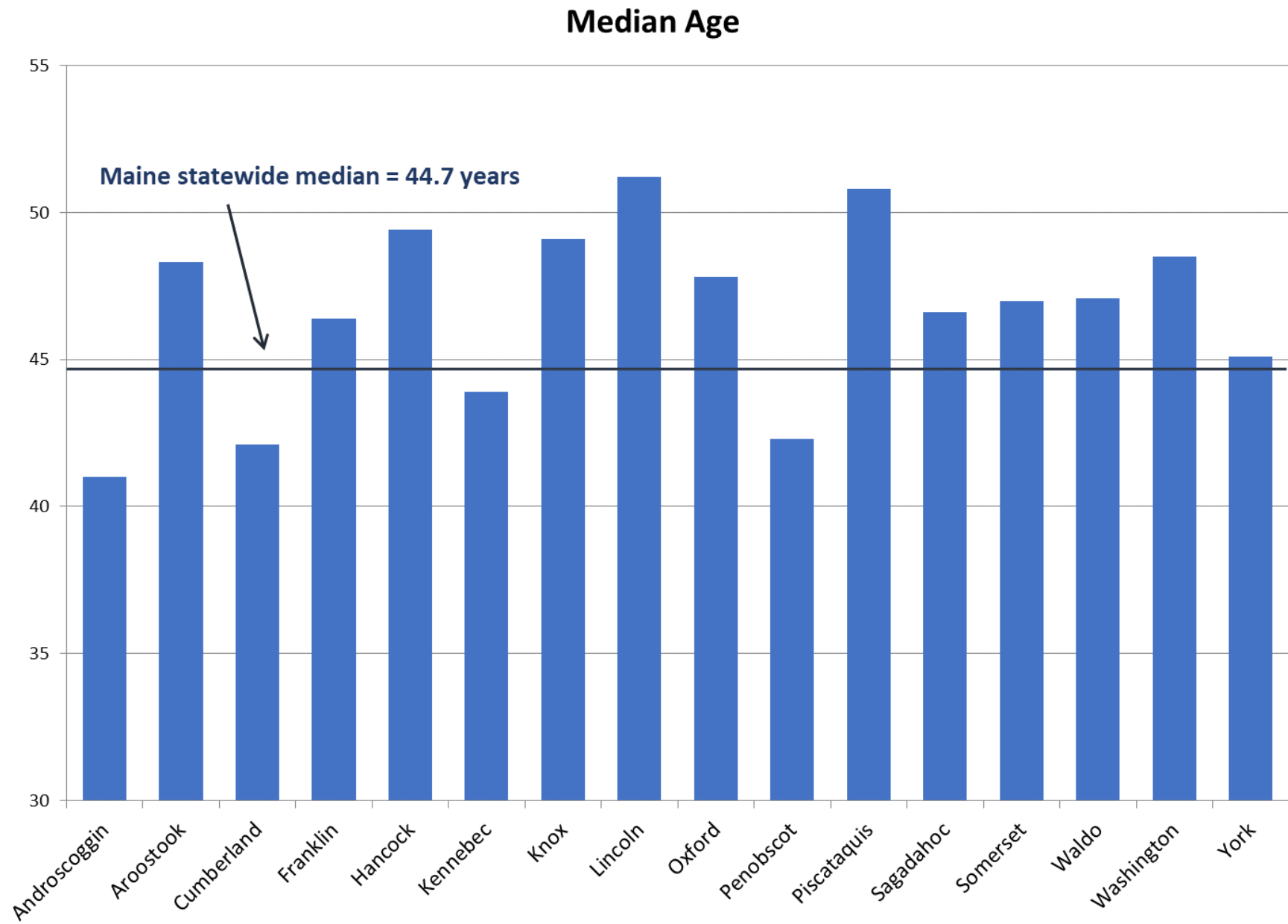


Age

Maine has the oldest population...  
...by median age  
(44.7 years)  
...and by % of population  
age 65+ (21.7%)

**BUT!**

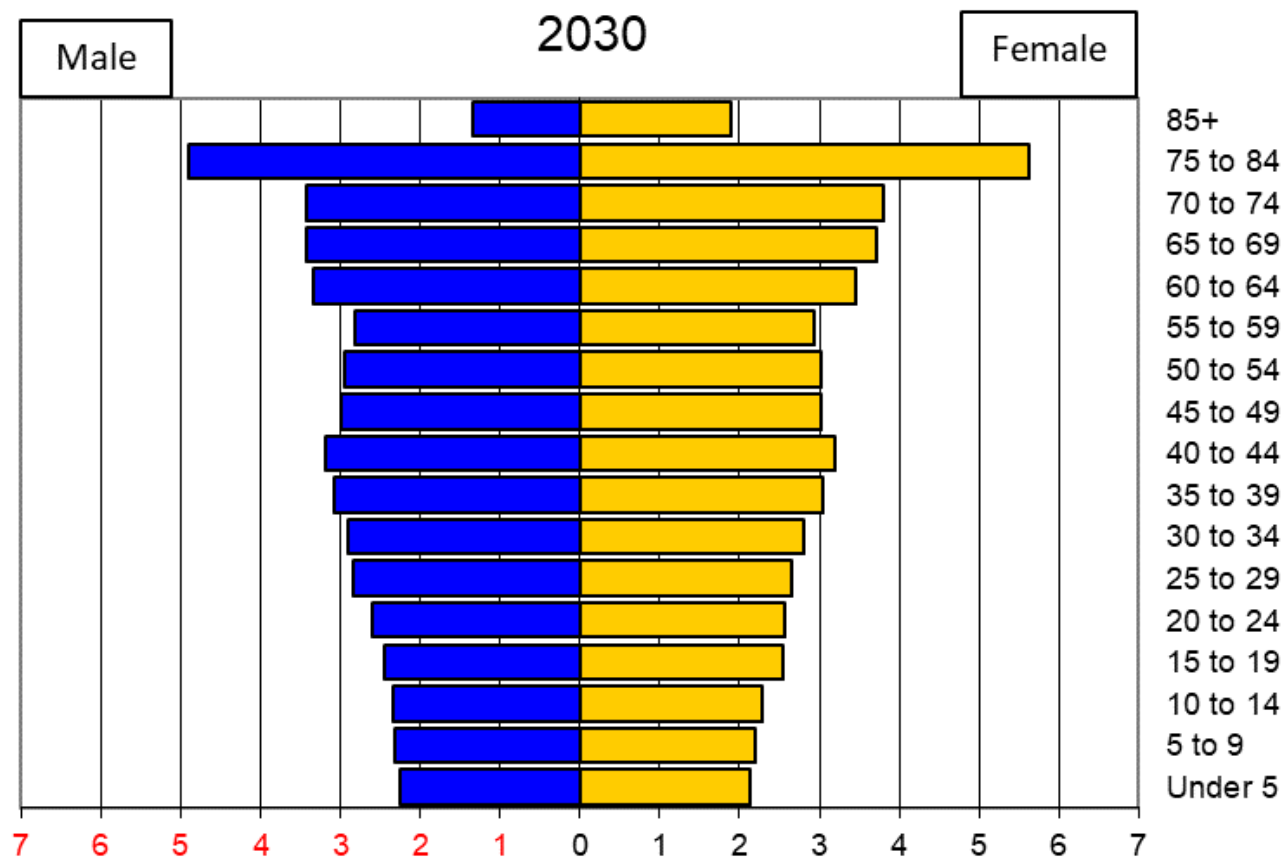
Maine was the **ONLY**  
state in the U.S. to see a  
decrease in median age  
from 2020 to 2021



# The Baby Boom: 1946-1964

Baby Boom  
generation in  
2030: age 66-84

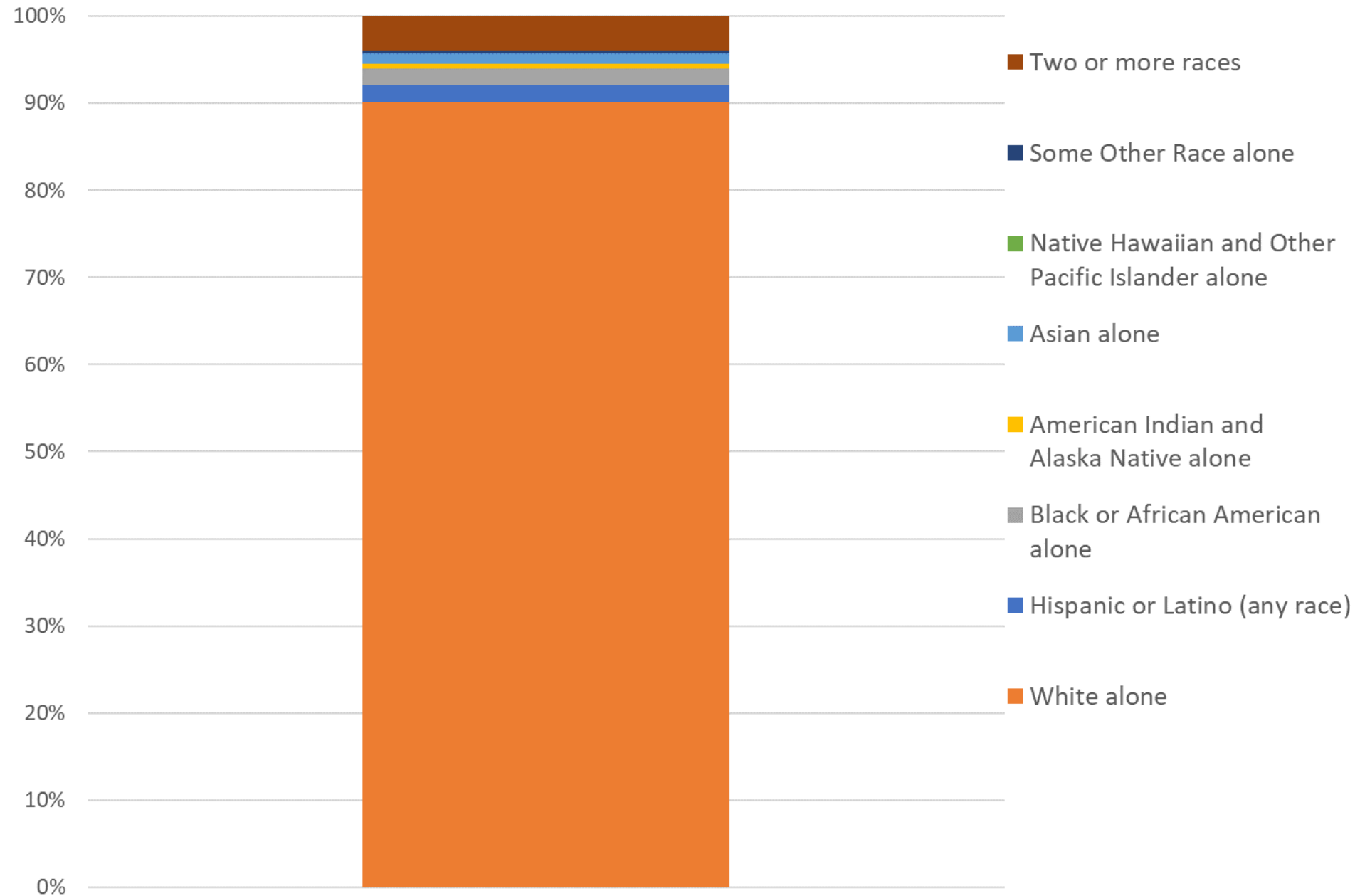
Baby Boom  
generation in  
2021: age 57-75



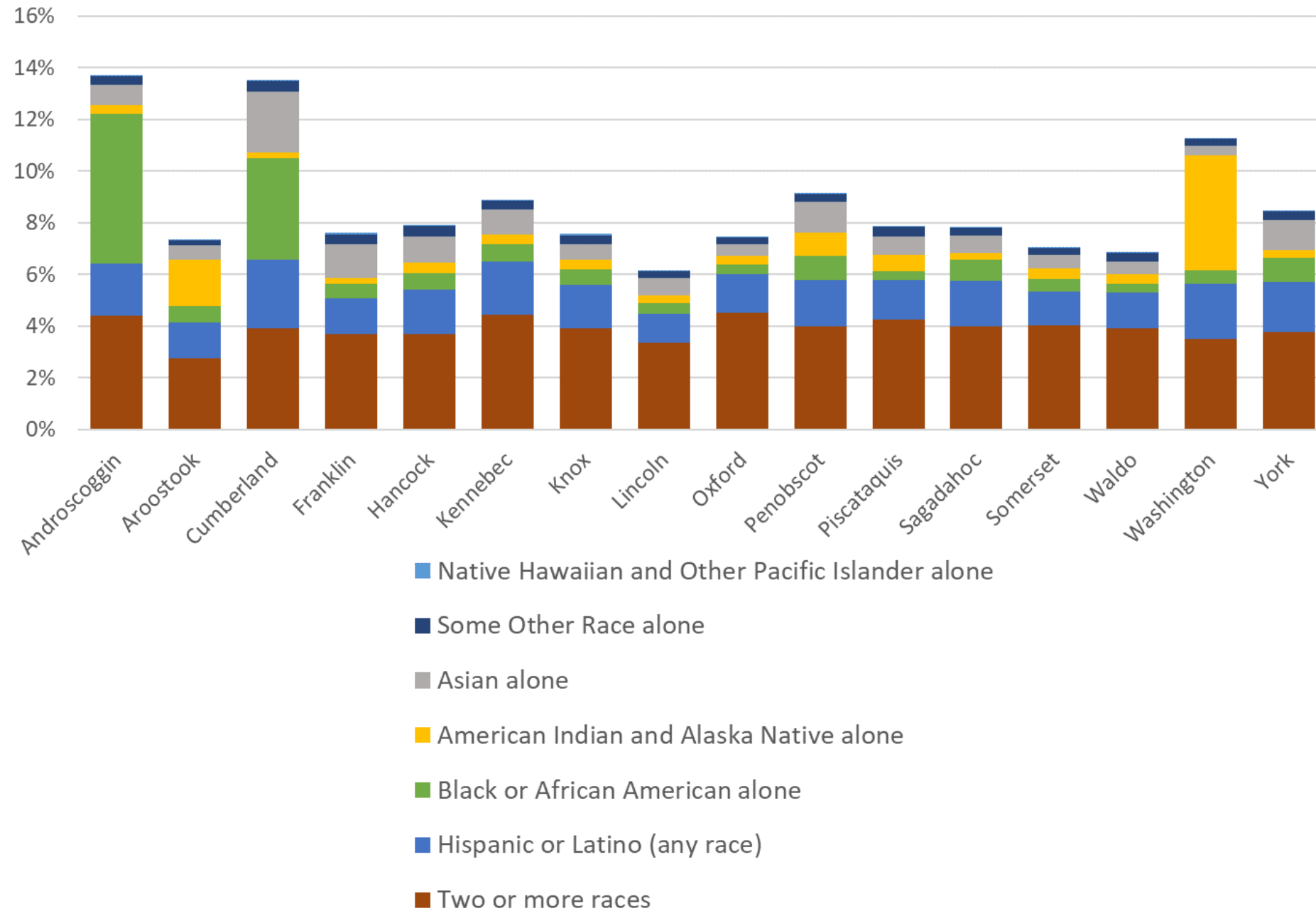
# Race, Ethnicity, and Place of Birth



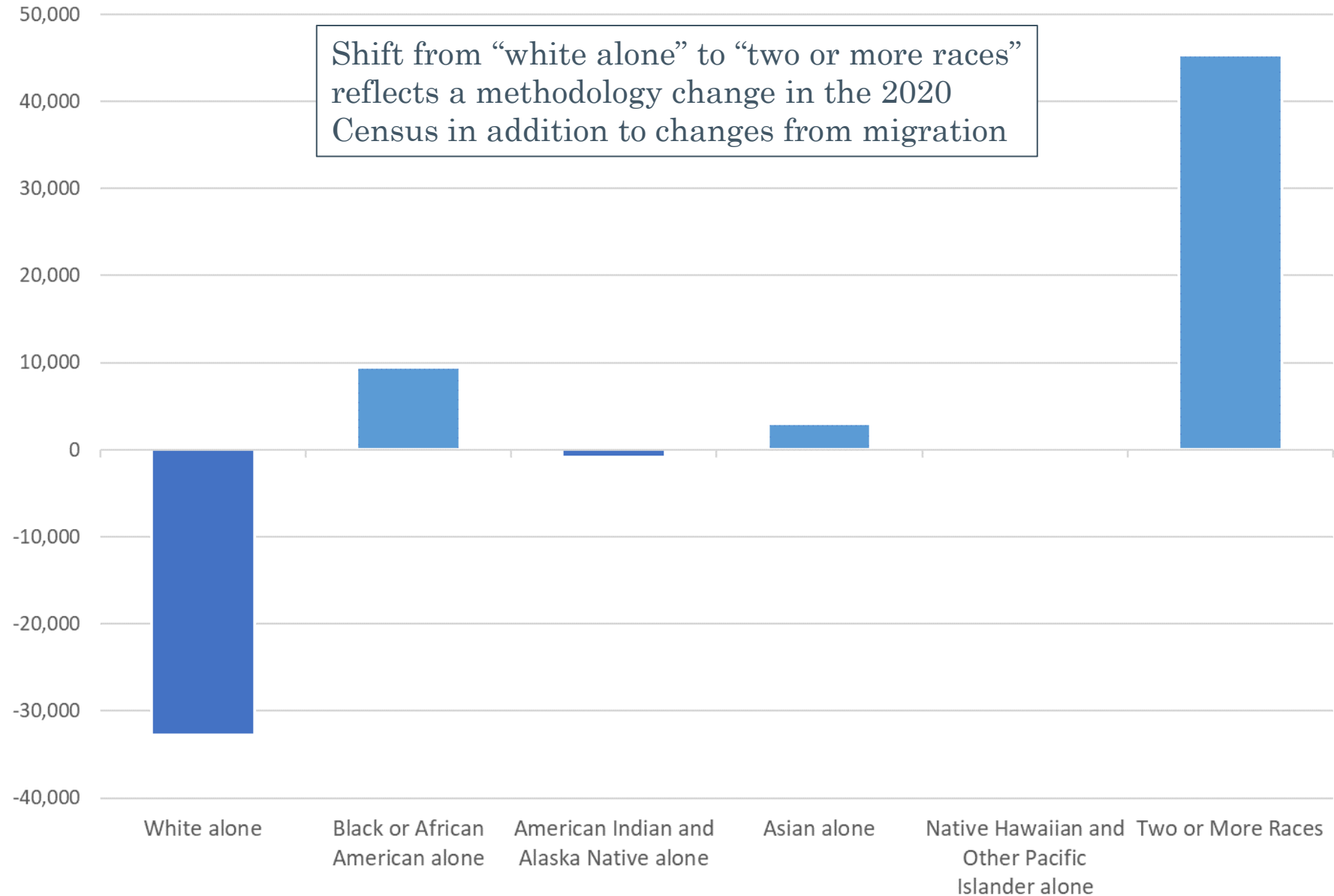
Share of 2020 Maine Population by Race/Ethnicity



Share of 2020 Population by Race/Ethnicity Excluding White Alone

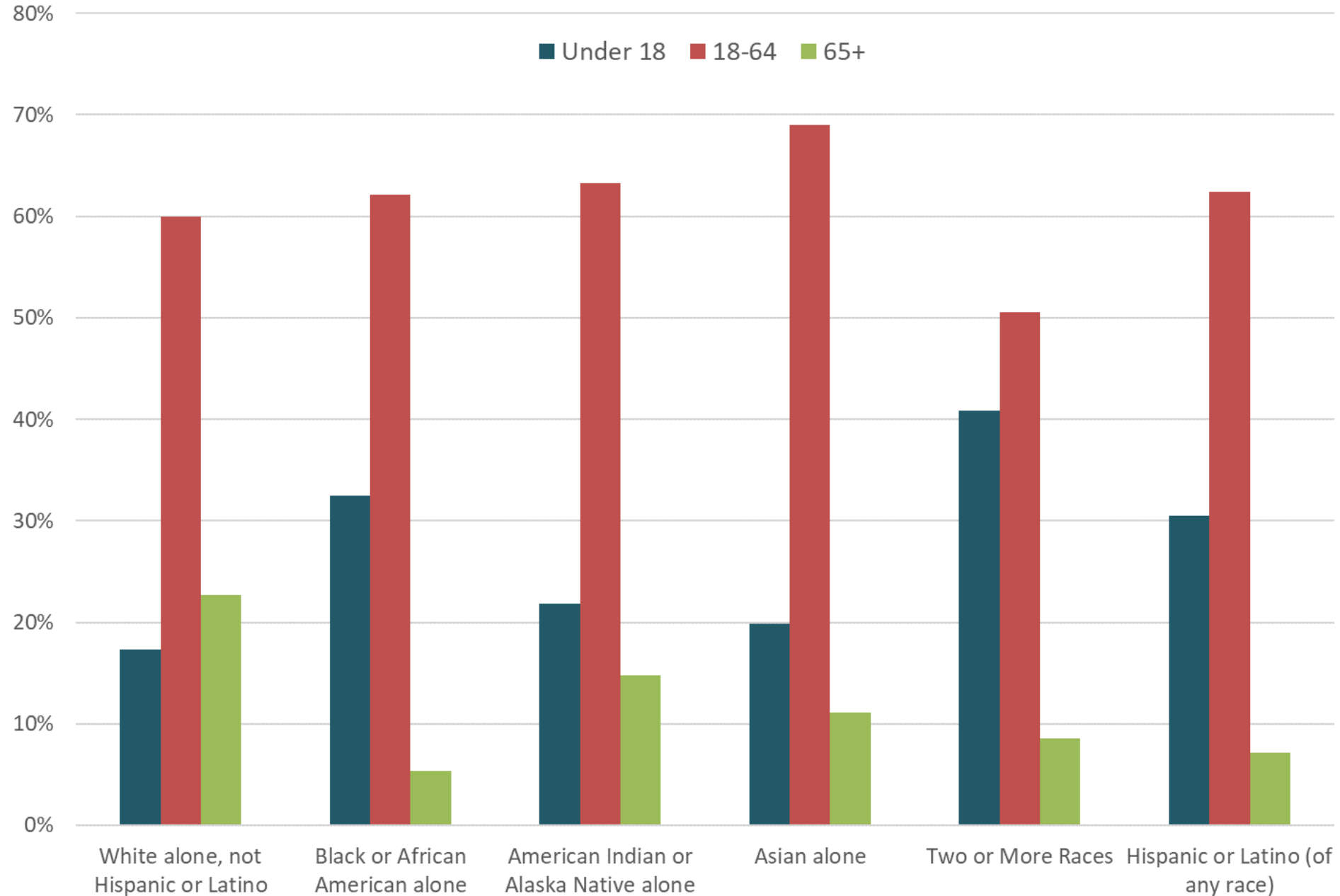


Change in Maine Population by Race, 2010-2020

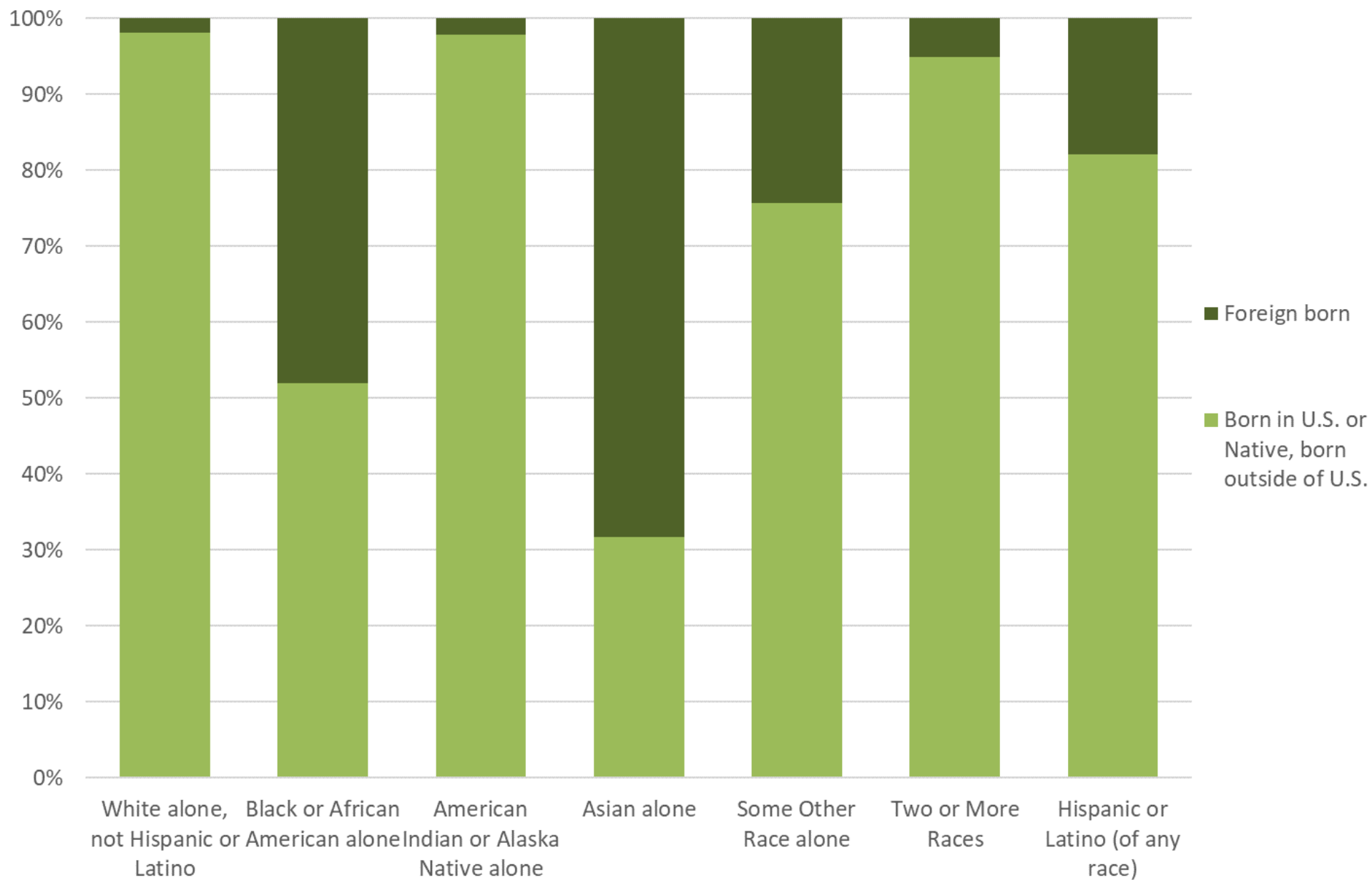


9.8% Black, Indigenous, and People of Color  
Lowest percentage in U.S., but improved from 5.6% in 2010

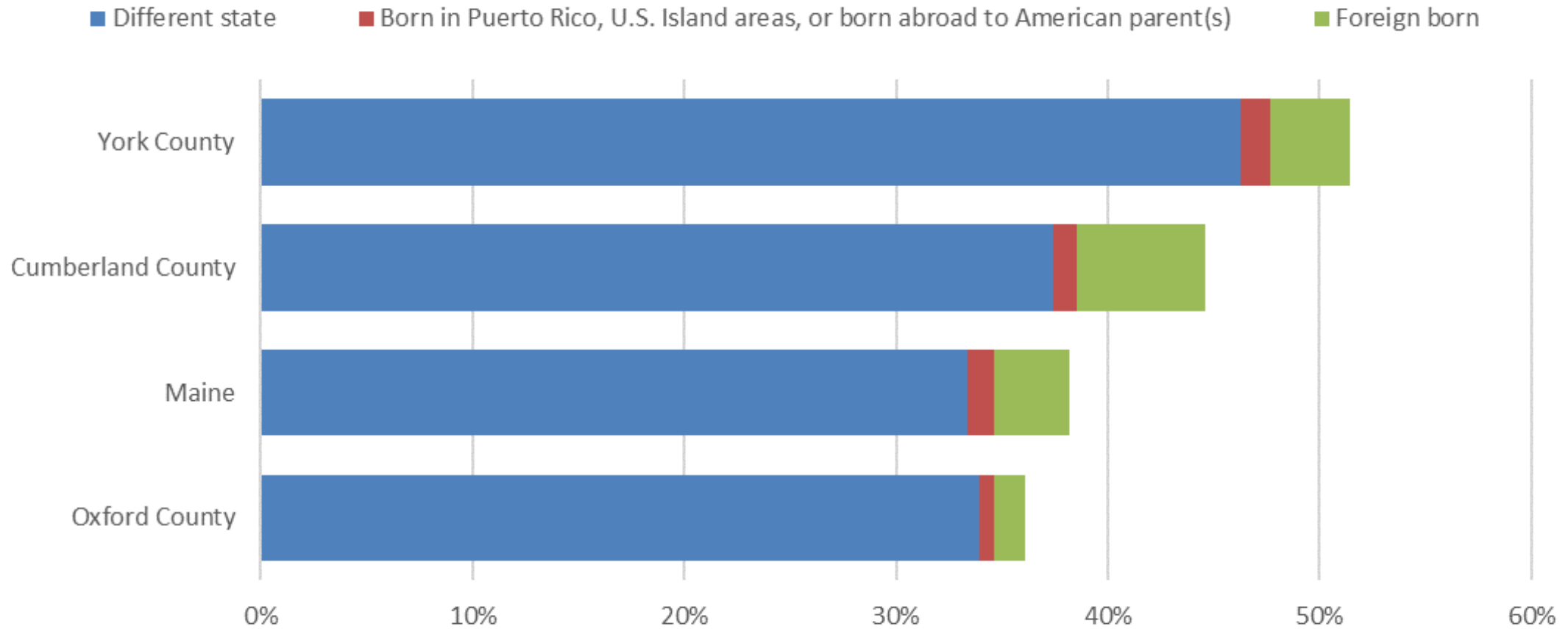
Percent of 2021 Maine Population by Age and Race/Ethnicity



## Share of Maine Population by Region of Birth for Race/Ethnicity

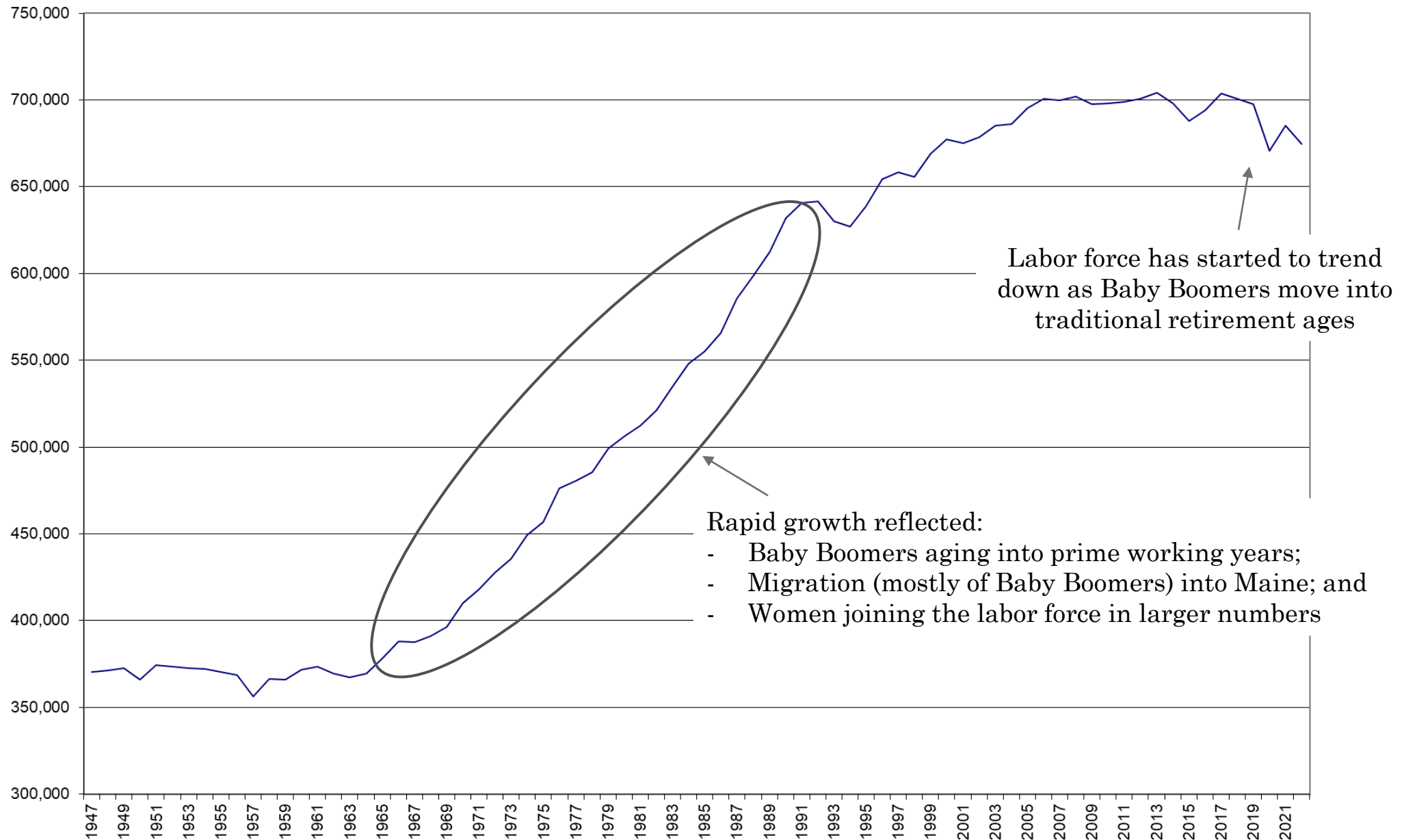


## Percent of Population Born Outside of Maine (2017-2021)



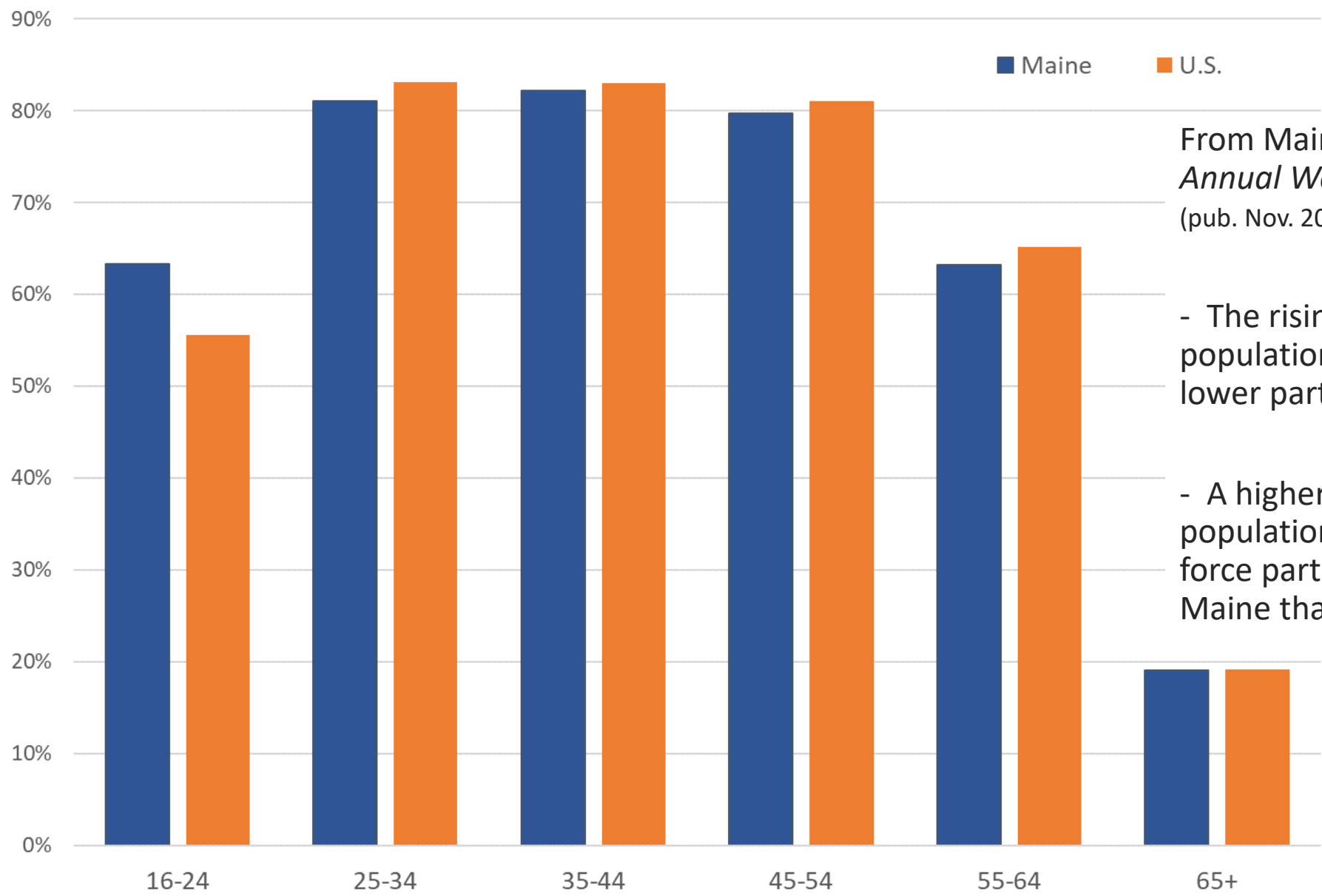
# Labor Force Indicators

## Maine Civilian Labor Force





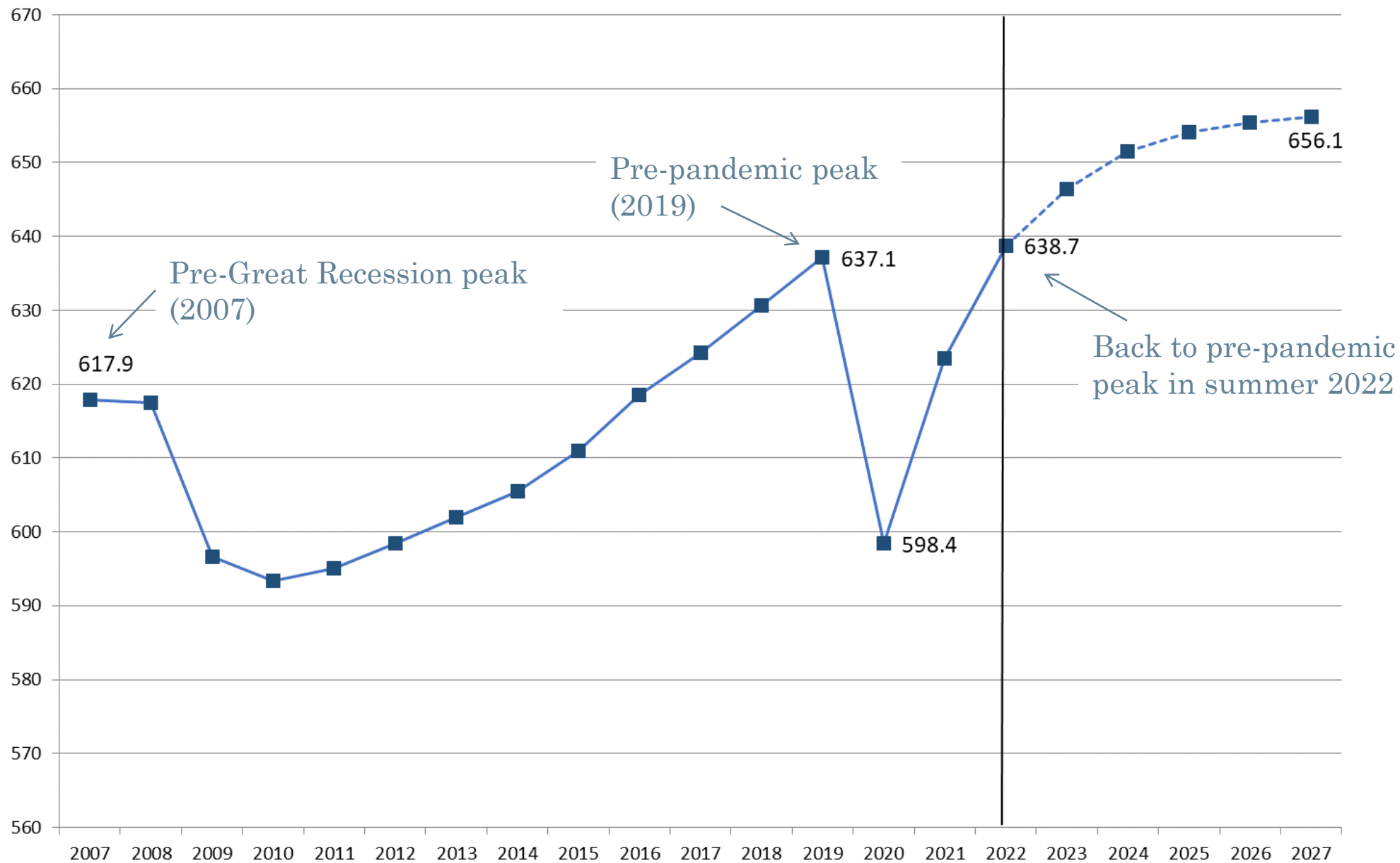
2022 Labor Force Participation Rate



From Maine Dept. of Labor’s  
*Annual Workforce Report for 2021*  
(pub. Nov. 2022):

- The rising share of retired population is the primary factor in lower participation in the state
- A higher share of retirement age population is the reason total labor force participation is lower in Maine than the nation

## Total Nonfarm Employment (in thousands) History and CEFC forecast



# Maine's unemployment rate of 2.4% in May 2023 remains at a record low and is below the U.S. rate of 3.7%

## County Rates (not seasonally adjusted)

May, 2023

County	Rate	Year ago	One-yr change	
Maine	2.6%	2.8%	-0.2	↓
Androscoggin	2.7%	2.8%	-0.1	↓
Aroostook	4.2%	4.5%	-0.3	↓
Cumberland	2.3%	2.4%	-0.1	↓
Franklin	3.8%	3.9%	-0.1	↓
Hancock	2.6%	3.0%	-0.4	↓
Kennebec	2.3%	2.7%	-0.4	↓
Knox	2.4%	2.8%	-0.4	↓
Lincoln	2.5%	2.7%	-0.2	↓
Oxford	3.0%	3.1%	-0.1	↓
Penobscot	2.6%	2.9%	-0.3	↓
Piscataquis	4.1%	4.0%	0.1	↑
Sagadahoc	2.2%	2.4%	-0.2	↓
Somerset	3.8%	3.8%	0.0	—
Waldo	2.6%	2.9%	-0.3	↓
Washington	3.6%	4.1%	-0.5	↓
York	2.2%	2.5%	-0.3	↓

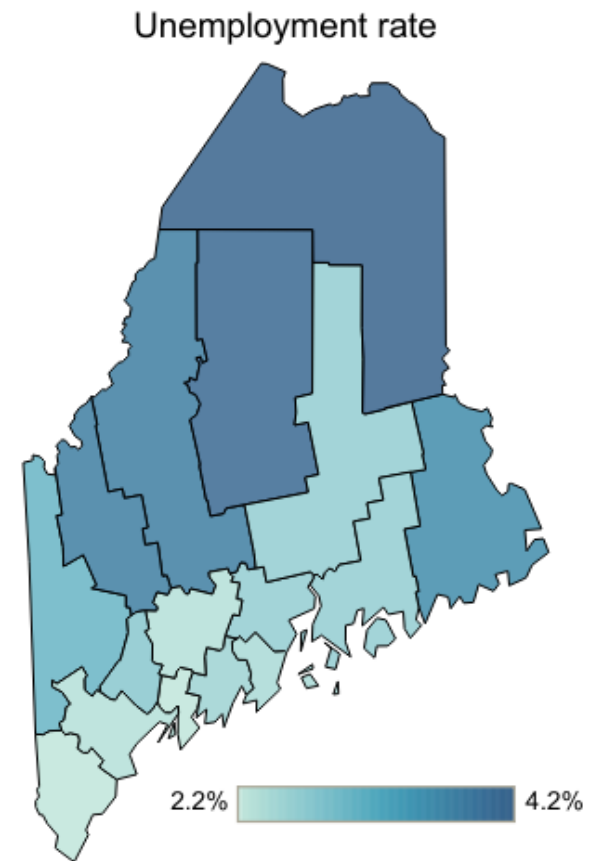
● Table

○ Graph

● Map/Graph Display

● Unemployment rate

○ One-year change



## 2022 Annual Average Civilian Labor Force for Maine Cities and Towns

*Source: Maine Dept. of Labor, Center for Workforce Research and Information*

	<b>Labor Force</b>	<b>Employment</b>	<b>Unemployment</b>	<b>Unemployment Rate (%)</b>
Maine	674,875	654,965	19,910	3.0
Cumberland County	161,629	157,741	3,888	2.4
York County	111,436	108,410	3,026	2.7
Oxford County	25,702	24,853	849	3.3
Biddeford	11,965	11,622	343	2.9
Saco	11,572	11,288	284	2.5
Sanford	10,363	10,015	348	3.4
York	7,199	7,012	187	2.6
Wells	5,815	5,630	185	3.2
Kennebunk	5,774	5,625	149	2.6
Kittery	5,469	5,353	116	2.1
Buxton	4,812	4,694	118	2.5
Old Orchard Beach	4,484	4,324	160	3.6
Eliot	4,342	4,267	75	1.7
SMPDC region	448,053	433,938	14,115	3.2

## Key assumption from April 2023 Consensus Economic Forecasting Commission report (emphasis added)

There is an unequal distribution of supply and demand in the labor market. Demand for labor is high, supply is low, and unemployment rates are near historic lows in Maine and nationwide. Workers are experiencing higher wage growth, particularly for lower wage jobs. Some demographic trends, including a growing share of the population reaching retirement age, will continue to constrain labor supply. However, the Commission is optimistic that Maine will continue to see higher in-migration of working-age people in the coming years that will be more than sufficient to offset retirements in the forecast period.

# Contact Information

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