

State of Maine
Department of Health and Human Services
Office of Child and Family Services
NOTICE OF INTENT TO BID FORM
RFP# 202402041

Integrated Treatment and Recovery Services for Families (ITRSF)

Bidder's Organization Name:		Northern Light Mercy Hospital	
Chief Executive - Name/Title:		Charles Therrien, President – Northern Light Mercy Hospital & Senior Vice President, Northern Light Health	
Tel:	207-879-3344	E-mail:	ctherrien@northernlight.org
Headquarters Street Address:		175 Fore River Parkway	
Headquarters City/State/Zip:		Portland, ME 04102	
<i>(Provide information requested below if different from above)</i>			
Lead Point of Contact for Proposal - Name/Title:		Melissa Skahan, Vice President Mission Integration	
Tel:	207-879-3185	E-mail:	skahanm@northernlight.org
Street Address:		175 Fore River Parkway	
City/State/Zip:		Portland, ME 04102	

Provide a brief description of the Bidder's experience and ability to perform the work required within this RFP.
<p>In addition to providing a full range of hospital, primary care, and specialty care services, Northern Light Mercy Hospital manages the McAuley Residence, a nationally recognized program that serves women who are recovering from substance use disorder and their children. Northern Light Mercy Hospital has successfully run the McAuley Residence program since its initial inception in Portland in 1988. The McAuley program embraces a two-generation approach that ensures that the complex needs of both mother and children are addressed and that milestones are achieved specific to development, health, and potential. Without McAuley, the families would remain housing insecure, struggle to secure and maintain treatment and services due to significant barriers such as poverty, trauma, and behavioral health needs. Every year, more than 1,600 women seek admission to McAuley Residence.</p> <p>Redesigned in 2010 to serve families affected by substance use disorder due to the dramatic impact of the opioid crisis, McAuley Residence expanded to 15 apartments in Portland. A new location is now under construction that will provide 10 apartments that will allow teens, an expansion of services as current residences enroll mothers with children up to age 12. This will reduce barriers for mothers of older children to enter recovery and ensure access to supportive services are available to older children in Maine. This expansion means that families do not have to choose between staying together or receiving treatment.</p> <p>McAuley Residence opened its northern location in Bangor in 2020 with capacity to serve 10 families. In 2024, McAuley Residence opened a 2nd location at 100 Ohio Street in Bangor with four 2-bedroom apartments and added education and therapeutic space for children at 44 Ohio Street.</p>

The McAuley Residence program is a comprehensive approach for families in need of integrated substance use disorder treatment, mental health services, and medical health with safe supportive housing. The McAuley Residence Program takes a highly coordinated, holistic approach that integrates proven treatment modalities, clinically oriented services, and basic support to drive towards long-term success, self-sufficiency, and meeting the multifaceted needs of the entire family. Women learn how to manage the chronic disease of substance use disorder and develop the skills for sustained recovery and abstinence from illicit substances through access to medications for opioid use disorder (MOUD) and counseling for substance use disorder and complex mental health diagnoses. They develop necessary skills to cope and thrive through on-site meetings, one-to-one counseling, process groups, and active partnerships with their external treatment team of providers and the 12-step community.

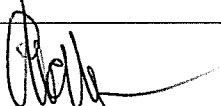
The McAuley Program provides women and their children safe, structured housing and onsite supports for employment, education, and financial literacy. Each woman develops an individualized plan for success that includes gainful employment, education completion, financial planning, and productive citizenship to be fully executed during their 18-month to two-year stay at McAuley Residence. While in the program and working toward self-sufficiency, they pay rent, return to school or work, and begin to give back to the community. **McAuley Residence produces consistent, positive results, with 78% of participants remaining in recovery and abstaining from the use of illicit substances.**

A vital aspect of the McAuley Residence program is the delivery of both individual and group parenting education as mothers learn to demonstrate love and affection, ensuring that their children have the very best chance of addressing severe trauma, attachment disorders, and other psychiatric or developmental challenges causal to their previous high-risk lifestyles. The McAuley children have complex needs and are fully evaluated by their pediatricians who determine a targeted plan to address their psychological, medical, social, and educational needs during the two-year length of stay. Care includes trauma-informed play, art, or family therapy. An array of comprehensive behavioral healthcare services are provided by licensed clinicians to the children, their mothers, and families on site at McAuley.

A program partner, Penquis Community Action Partnership, Inc. (Penquis), uses evidence-based programs to provide each mother with parenting education and coaching. Penquis develops and implements individualized family plans, crisis plans, assists with community connections, and referrals for services. Penquis serves as a liaison for health, mental health, and therapeutic delivery including attending appointments to support the parents and children as needed. Penquis also provides financial management monthly sessions, childcare, and safe family supports. The children receive necessary care and attention with a fully present and healthy parent as they settle into their routines at home, in play, and at school. Further, **the McAuley Residence program has successfully achieved a family reunification rate of 95%.**

The McAuley program has licensed clinicians who provide trauma informed group and individual therapies to program participants and their children. Onsite clinicians conduct evaluations to determine mental and behavioral health needs, provide recommendations for children, and help facilitate referrals. They can provide play therapy to children in need, utilizing comprehensive outdoor and indoor therapeutic play areas. The clinician can provide family coaching and work with the family unit on improving healthy communication, boundaries, and other behavioral health needs. The clinician provides a therapeutic play group for appropriate aged children and their mothers where they can role play and develop skills around healthy attachments and help facilitate healing of broken relationships.

Northern Light Mercy Hospital has deep experience in helping women and families turn their lives around and proven success delivering programming for women, children, and families at the McAuley Residence. This is achieved with the support, collaboration, in-kind contributions, and philanthropic benevolence of many supporting McAuley and their desire to aid mothers in recovery and the healthy development of their children. **Northern Light Mercy Hospital** intends to submit a bid in response to RFP# 202402041, for essential funding to sustain the provision and continuation of Integrated Treatment and Recovery Services for Families programming at McAuley Residence in Bangor.

Signature of person authorized to enter into the contract with the Department:	
Name (Print): Charles Therrien	Title: President
Authorized Signature: 	Date: March 14, 2024

Janet T. Mills
Governor

Jeanne M. Lambrew, Ph.D.
Commissioner



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Apr-07-2024

Via Electronic Mail: skahanm@northernlight.org

Northern Light Mercy Hospital
Melissa Skahan, Vice President Mission Integration
175 Fore River Parkway
Portland, ME 04102

SUBJECT: Notice of Conditional Contract Award under RFP # 202402041 Integrated Treatment and Recovery Services for Families (ITRSF)

Dear Melissa Skahan,

This letter is in regard to the subject Request for Proposals (RFP), issued by the State of Maine Department of Health and Human Services for Integrated Treatment and Recovery Services for Families (ITRSF). Pursuant to M.R.S. 22-A §214 (4)(C), which states, "If only one community service provider submits a notice of intent to bid, the commissioner may enter into negotiations concerning a contract with that provider..." therefore, the Department is hereby announcing its conditional contract award to Northern Light Mercy Hospital.

The Department will be contacting Northern Light Mercy Hospital soon to negotiate a contract. As provided in the RFP, the Notice of Conditional Contract Award is subject to execution of a written contract and, as a result, this Notice does NOT constitute the formation of a contract between the Department and Northern Light Mercy Hospital. Northern Light Mercy Hospital shall not acquire any legal or equitable rights relative to the contract services until a contract containing terms and conditions acceptable to the Department is executed. The Department further reserves the right to cancel this Notice of Conditional Contract Award at any time prior to the execution of a written contract.

As stated in the RFP, following announcement of this award decision, all submissions in response to the RFP are considered public records available for public inspection pursuant to the State of Maine Freedom of Access Act (FOAA). 1 M.R.S. §§ 401 et seq.; 5 M.R.S. § 1825-B (6).

Any person aggrieved by this award decision may request an appeal hearing. The request must be made to the Director of the Bureau of General Services, in writing, within 15 days of notification of the contract award as provided in 5 M.R.S. § 1825-E (2) and the Rules of the Department of Administrative and Financial Services, Bureau of General Services, Division of Purchases, Chapter 120, § (2) (2).

This award decision is conditioned upon final approval by the State Procurement Review Committee and the successful negotiation of a contract.

Thank you for your interest in doing business with the State of Maine.

Sincerely,

DocuSigned by:

Bobbi Johnson

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Bobbi Johnson

Director

Office of Child and Family Services

DocuSigned by:

Debra Downer

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Debra Downer

Deputy Director for Competitive Procurement

Division of Contract Management