



### PROCUREMENT JUSTIFICATION FORM (PJF)

This form must accompany all contract requests and sole source requisitions (RQS) over \$5,000 submitted to the Division of Procurement Services.

*INSTRUCTIONS: Please provide the requested information in the white spaces below. All responses (except signatures) must be typed; no hand-written forms will be accepted. See the guidance document posted with this form on the Division of Procurement Services intranet site (Forms page) for additional instructions.*

PART I: OVERVIEW			
Department Office/Division/Program:		OCFS/CBHS	
Department Contract Administrator or Grant Coordinator:		Jennifer Levesque / Patricia Wall	
(If applicable) Department Reference #:		CBH-24-2500	
Amount: (Contract/Amendment/Grant)		\$7,989.66	Advantage CT / RQS #: CT 10A 20240530*3449
CONTRACT	Proposed Start Date:	6/1/2024	Proposed End Date: 5/31/2025
AMENDMENT	Original Start Date:		Effective Date:
	Previous End Date:		New End Date:
GRANT	Project Start Date:		Grant Start Date:
	Project End Date:		Grant End Date:
Vendor/Provider/Grantee Name, City, State:		MaineGeneral Medical Center, Edmund Ervin Center Augusta, ME.	
Brief Description of Goods/Services/Grant:		DBT Parenting training for community providers	

PART II: JUSTIFICATION FOR VENDOR SELECTION			
Check the box below for the justification(s) that applies to this request. (Check all that apply.)			
<input type="checkbox"/>	A. Competitive Process	<input type="checkbox"/>	G. Grant
<input type="checkbox"/>	B. Amendment	<input type="checkbox"/>	H. State Statute/Agency Directed
<input checked="" type="checkbox"/>	C. Single Source/Unique Vendor	<input type="checkbox"/>	I. Federal Agency Directed
<input type="checkbox"/>	D. Proprietary/Copyright/Patents	<input type="checkbox"/>	J. Willing and Qualified
<input type="checkbox"/>	E. Emergency	<input type="checkbox"/>	K. Client Choice
<input type="checkbox"/>	F. University Cooperative Project	<input type="checkbox"/>	L. Other Authorization

Please respond to ALL of the questions in the following sections.

**PART III: SUPPLEMENTAL INFORMATION**

1. Provide a more detailed description and explain the need for the goods, services or grant to supplement the response in Part I.

The purpose of this Contract is to increase the pool of providers in Central Maine offering Dialectical Behavioral Therapy (DBT) with a specialized focus on parenting. This Agreement is two-part and will provide 1 track of training to clinicians experienced with DBT and another track of training to clinicians without DBT experience.

Dialectical Behavioral Therapy (DBT) is a cognitive behavioral, skills-based treatment that was designed for clients diagnosed with Borderline-Personality-Disorder; however, it is effective with many other diagnosis whose symptoms may cause mood instability. DBT teaches problem-solving and self-management skills through a curriculum that includes four main modules:

- Mindfulness
- Interpersonal Effectiveness
- Distress Tolerance
- Emotional Regulation

DBT can be adapted for specialization for certain special populations. Parents and caregivers are one population that DBT can target. DBT Parenting can help parents develop concrete strategies to identify, understand and manage their reactions as well as their child's emotional ups and downs. Parents learn skills to help regulate their own emotions when managing their child in distress. Parents also learn tools to understand what their child is asking for with their behavior and learn to validate their child in every situation so their child can feel heard and understood.

2. Provide a brief justification for the selected vendor to supplement the response in Part II. Reference the RFP number, if applicable.

Richard (Dick) Watson, employed by Maine General Edmund Ervin Center, is a well-known and respected DBT therapist in central Maine. Dick is one of the very few clinicians in Maine who has adapted his practice to specialize in DBT Parenting, which is different from standard DBT. As such, Dick is the primary provider in Central Maine able to serve the complex needs of parents who are involved with the child welfare system and are in need of this very specific service. Our OCFS child welfare staff in central Maine have reported significant concern about the gap in the service system that will exist as Dick approaches and plans for his retirement. The children's behavioral health provider pool, the community they serve and the children and families involved in the child welfare system in central Maine will benefit from this opportunity for Dick to pass along this specialized skillset through training and ongoing consultation.

3. Explain how the negotiated costs or rates are fair and reasonable; or how the funding was allocated to grantee.

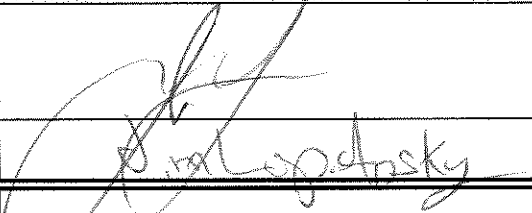
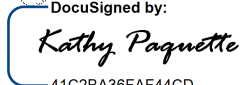
The costs and rates of this vendor were considered fair and reasonable.

4. Describe the plan for future competition for the goods or services.

This is a one-time contract with no plan for future procurement.

PART IV: AMERICAN RESCUE PLAN ACT (ARPA) / MAINE JOBS & RECOVERY PLAN (MJRP)	
Does this request utilize ARPA/MJRP funds?	
<input type="checkbox"/> Yes, MJRP funds (023) – If Yes, please attach the approved Business Case(s).	
<input type="checkbox"/> Yes, ARPA funds (025) – If Yes, please be aware of the requirements from awarding federal agencies.	
<input checked="" type="checkbox"/> No – If No, proceed to Part V.	

PART V: CONFLICTS OF INTEREST (COI); CONTRACT WITH THE STATE	
<i>Maine law contains Conflict of Interest statutes directed to State Departments, State Officers, and Employees Generally under MRS Title 5, §18 and §18-A, in harmony with MRS Title 17, §3104.</i>	
<input checked="" type="checkbox"/> The requesting department signatory understands and acknowledges Maine's Conflict of Interest statutes.	

PART VI: APPROVALS			
The signatures below indicate approval of this procurement request.			
Signature of requesting Department's Commissioner (or designee):			
Typed Name:	J. M. Lopodofsky	Date:	5-Aug-24
Signature of DAFS Procurement Official:	DocuSigned by:  41C2BA36FAF44CD...		
Typed Name:	Kathy Paquette	Date:	8/19/2024