



DEPARTMENT OF ADMINISTRATIVE AND FINANCIAL SERVICES
DIVISION OF PROCUREMENT SERVICES
 STATE OF MAINE

PROCUREMENT JUSTIFICATION FORM (PJF)

This form must accompany all contract requests and sole source requisitions (RQS) over \$5,000 submitted to the Division of Procurement Services.

INSTRUCTIONS: Please provide the requested information in the white spaces below. All responses (except signatures) must be typed; no hand-written forms will be accepted. See the guidance document posted with this form on the Division of Procurement Services intranet site (Forms page) for additional instructions.

PART I: OVERVIEW				
Department Office/Division/Program:		OCFS/CBHS		
Department Contract Administrator or Grant Coordinator:		Chris Moiles / Brianne Carrero		
(If applicable) Department Reference #:		CBH-24-7100		
Amount: (Contract/Amendment/Grant)		\$1,097,516.00	Advantage CT / RQS #:	CT 10A 20240207000000002182
CONTRACT	Proposed Start Date:	2/1/2024	Proposed End Date:	1/31/2025
AMENDMENT	Original Start Date:		Effective Date:	
	Previous End Date:		New End Date:	
GRANT	Project Start Date:		Grant Start Date:	
	Project End Date:		Grant End Date:	
Vendor/Provider/Grantee Name, City, State:		MDFT International		
Brief Description of Goods/Services/Grant:		Multidimensional Family Therapy Training and Certification		

PART II: JUSTIFICATION FOR VENDOR SELECTION			
Check the box below for the justification(s) that applies to this request. (Check all that apply.)			
<input type="checkbox"/>	A. Competitive Process	<input type="checkbox"/>	G. Grant
<input type="checkbox"/>	B. Amendment	<input type="checkbox"/>	H. State Statute/Agency Directed
<input checked="" type="checkbox"/>	C. Single Source/Unique Vendor	<input type="checkbox"/>	I. Federal Agency Directed
<input checked="" type="checkbox"/>	D. Proprietary/Copyright/Patents	<input type="checkbox"/>	J. Willing and Qualified
<input type="checkbox"/>	E. Emergency	<input type="checkbox"/>	K. Client Choice
<input type="checkbox"/>	F. University Cooperative Project	<input type="checkbox"/>	L. Other Authorization

Please respond to ALL of the questions in the following sections.

PART III: SUPPLEMENTAL INFORMATION

1. Provide a more detailed description and explain the need for the goods, services or grant to supplement the response in Part I.

The need for Adolescent Substance Use Disorder (SUD) treatment services has grown due to the increase in pandemic-related behavioral health crises and increased substance use. [Maine Integrated Youth Health Survey](#) (MIYHS) data shows that in 2021, nineteen percent (19%) of Maine high school students reported alcohol use in the past thirty (30) days, seventeen-point nine percent (17.9%) reported marijuana use in the past thirty (30) days, and four-point one percent (4.1%) reported use of an un-prescribed prescription drug in the past thirty (30) days. The 2023 MIYHS data reflects increases in every category; twenty-point five percent (20.5%) of Maine high school students reported alcohol use in the past thirty (30) days, eighteen-point seven percent (18.7%) reported marijuana use in the past thirty (30) days, and five-point two percent (5.2%) reported use of an un-prescribed prescription drug in the past thirty (30) days.

Multidimensional Family Therapy (MDFT) is an evidence-based treatment for youth and young adults. MDFT's approach is collaborative, comprehensive, family-centered, and scientifically demonstrated to work with diverse populations of young people ages ten (10) to twenty-six (26). MDFT simultaneously addresses substance use, delinquency, violent and aggressive behaviors, and educational challenges. It improves parental and family functioning, increases positive peer affiliation, prevents out-of-home placements, and reunifies families when a youth returns from an out-of-home placement. The purpose of this agreement is to offer MDFT training and certification for clinician/supervisor teams in up to six (6) Maine agencies across the state.

2. Provide a brief justification for the selected vendor to supplement the response in Part II. Reference the RFP number, if applicable.

MDFT International is the single certifying body of MDFT (Multidimensional Family Therapy) therapists and supervisors. MDFT International, a 501(c)(3) non-profit, was established in 2009 to facilitate quality replication of the MDFT program. MDFT International provides initial and ongoing implementation support to community settings in substance use, mental health, juvenile justice, and child welfare practice. Over one hundred fifty (150) MDFT licensed programs currently operate in the U.S. and Europe. Over several decades, the MDFT program has been tested in randomized controlled trials with demographically, socioeconomically, ethnically, and culturally diverse populations around the U.S. and in Western Europe.

MDFT has demonstrated strong and consistent outcomes in ten (10) randomized clinical trials, the most rigorous test of treatment effectiveness. The MDFT Research Program includes over three (3) decades of published papers on outcomes, treatment retention, implementation and fidelity, and developmental research. MDFT has demonstrated to lower community costs by reducing hospitalizations, residential/inpatient treatments, emergency department visits, and short and long-term incarcerations. Research shows that MDFT costs sixty four percent (64%) less than residential treatment. For some adolescents, MDFT may be an effective alternative to residential treatment (Liddle et al., 2018).

SAMHSA (Substance Abuse and Mental Health Service Administration) has highlighted MDFT as one of the four main models of effective family-based counseling for SUDs. Several randomized clinical trials have shown clinically significant effects of MDFT on reducing adolescents' drug use and related behavioral problems in controlled and community-based settings (Rowe, 2012). Data

PART III: SUPPLEMENTAL INFORMATION

also show that family functioning improves during MDFT, and families and adolescents maintain these gains at follow-up (Rowe, 2012). SAMHSA emphasizes that MDFT is unique in simultaneously targeting interrelated factors in the domains of cognition, affect, behavior, and environment. MDFT reflects the principles of systems theory, is flexible, and targets interpersonal factors and intrapersonal processes that increase risk for SUD among adolescents. Over the one thousand two hundred (1,200) youth that were served across all MDFT programs in 2022, ninety three percent (93%) were not using hard drugs (e.g., opioids, cocaine) by the end of treatment.

3. Explain how the negotiated costs or rates are fair and reasonable; or how the funding was allocated to grantee.

MDFT International provides the all-inclusive training costs that cover trainer time in the introductory workshop and ongoing consultation calls, certification, and materials. Cost has been negotiated with the provider and aligns with standard MDFT training costs. The cost of this agreement includes reimbursement to agencies for supervisor and clinician time spent in training and certification activities.

4. Describe the plan for future competition for the goods or services.

The Department does not intend to RFP this service.

[Click or tap here to enter text.](#)

PART IV: AMERICAN RESCUE PLAN ACT (ARPA) / MAINE JOBS & RECOVERY PLAN (MJRP)

Does this request utilize ARPA/MJRP funds?

Yes, MJRP funds (023) – If Yes, please attach the approved Business Case(s).

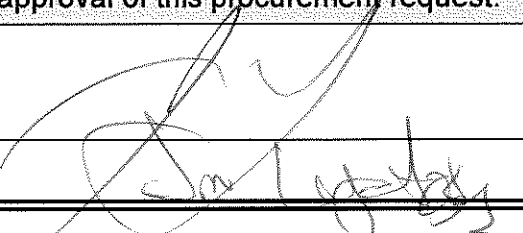
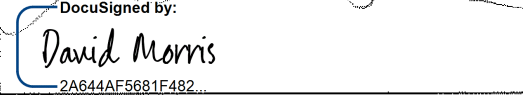
Yes, ARPA funds (025) – If Yes, please be aware of the requirements from awarding federal agencies.

No – If No, proceed to Part V.

PART V: CONFLICTS OF INTEREST (COI); CONTRACT WITH THE STATE

Does the requesting Department signatory understand and acknowledge Maine's COI Statute?

Yes, the requesting Department understands and acknowledges [MRS Title 5, §18-A, 2.](#)

PART VI: APPROVALS			
The signatures below indicate approval of this procurement request.			
Signature of requesting Department's Commissioner (or designee):			
Typed Name:		Date:	31-Aug-24
Signature of DAFS Procurement Official:			
Typed Name:	David Morris	Date:	6/7/2024

NOI 0620240666 06/10/2024 - 06/16/2024