

## State of Maine Procurement Justification Form

This form must accompany all contract requests and sole source requisitions (RQS) over \$5,000 submitted to the Division of Procurement Services.

PART I: OVERVIEW				
Department Office/Division/Program:		DHHS/OCFS/CBHS		
Department Contract Administrator or Grant Coordinator:		Chris Moiles / Lisa Munster		
(If applicable) Department Reference #:		CBH-21-3011		
Amount: (Contract/Amendment/Grant)	\$ 60,000.00	Advantage CT / RQS #:	10A 2020041400000002852	
CONTRACT	Proposed Start Date:	07/01/2020	Proposed End Date:	06/30/2021
AMENDMENT	Original Start Date:		Effective Date:	
	Previous End Date:		New End Date:	
GRANT	Project Start Date:		Grant Start Date:	
	Project End Date:		Grant End Date:	
Vendor/Provider/Grantee Name, City, State:		Jessica Griffin, Psy.D., Worcester, MA		
Brief Description of Goods/Services/Grant:		Training		

PART II: JUSTIFICATION FOR VENDOR SELECTION			
Mark an "X" before the justification(s) that applies to this request. (Check all that apply.)			
	A. Competitive Process		G. Grant
	B. Amendment		H. State Statute/Agency Directed
X	C. Single Source/Unique Vendor		I. Federal Agency Directed
	D. Proprietary/Copyright/Patents		J. Willing and Qualified
	E. Emergency		K. Client Choice
	F. University Cooperative Project		L. Other Authorization

PART III: SUPPLEMENTAL INFORMATION
Please respond to ALL of the following:
<b>1. Provide a more detailed description and explain the need for the goods, services or grant to supplement the response in Part I.</b>
<p>Trauma Focused Cognitive Behavioral Therapy (TF-CBT) is an evidenced-based treatment model that has proved successful with children and adolescents who have significant emotional and/or behavioral problems (e.g., symptoms of post-traumatic stress disorder, fear, anxiety, or depression) related to traumatic life events. According to the 2017 Maine Integrated Youth Health Survey data, nearly one (1) in four (4) Maine high school students have experienced three (3) or more Adverse Childhood Experiences (ACEs). Research has consistently demonstrated that ACEs may contribute to increased health costs, decreased life span, decreased academic achievement, increased risk of depression, and increased risk of substance misuse. The rise in reported ACEs in Maine youth in conjunction with the opiate abuse crisis make it imperative for Maine to offer increased access to effective mental health treatment for youth. TF-CBT training has not been offered on a</p>

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## PART III: SUPPLEMENTAL INFORMATION

wide scale in Maine in the last decade and the state has a shortage of certified TF-CBT providers. Currently, there are twenty-nine (29) certified TF-CBT Therapists in Maine registered on the TF-CBT National Certification website. This contract will enable OCFS to increase the pool of certified TF-CBT Therapists in Maine and improve access to this effective treatment modality to children and families.

The training would be offered online or in-person at no cost to a total of one-hundred-twenty-five (125) Therapists in the State who are currently providing TF-CBT services or plan to in the future. To be Nationally Certified in TF-CBT, Therapists must meet specific requirements, including participation and completion of the TF-CBT Web Modules, a twelve (12) hour TF-CBT training, and a minimum of nine (9) follow-up consultation or supervision sessions within a twelve (12) month time period.

The following trainings will be provided:

- A twelve (12) hour Basic TF-CBT training will be administered to five (5) separate cohorts consisting of up to twenty-five (25) Therapists in each cohort;
- A six (6) hour Advanced TF-CBT training will be administered to five (5) separate cohorts consisting of up to twenty-five (25) Therapists in each cohort; and
- A six (6) hour Supervisor training will be administered to one (1) cohort of up to twenty-five (25) Therapists.

Follow-up Clinical Consultation Calls will be provided to those Therapists who have completed the twelve (12) hour Basic Training. A total of ninety-six (96) Clinical Consultation Calls lasting one (1) hour in duration will be administered in groups that are divided as follows:

- Participants will be divided into eight (8) groups of fifteen (15) Therapists, for the purpose of the Clinical Consultation Calls.
- Each group of fifteen (15) Therapists will receive twelve (12) Calls within a one (1)-year time period.
- Jessica Griffin, Psy.D. will be expected to administer forty-eight (48) of the ninety-six (96) total Clinical Consultation Calls.

### **2. Provide a brief justification for the selected vendor to supplement the response in Part II.**

Jessica Griffin, Psy.D. is an Associate Professor of Psychiatry and Pediatrics at the University of Massachusetts Medical School (UMMS). She is a nationally recognized expert in TF-CBT and has trained and provided professional consultation for over 2000 clinicians across the Northeast United States. Dr. Griffin is the developer and Executive Director of the UMMS Child Trauma Training Center. The center has now trained over 18,000 professionals in trauma, trauma-informed care, and trauma sensitive practices.

Dr. Griffin and her colleague Dr. Jessica Wozniak, Psy.D. are the only individuals within relative proximity to New England, who are Nationally Certified to provide TF-CBT Training. A search of the TF-CBT Therapist Certification Program's website shows Nationally Certified TF-CBT trainers in Kentucky, Minnesota, Virginia and California. A list of Nationally Certified TF-CBT trainers provided by the TF-CBT Therapist Certification Program verifies that the next closest trainer is in Virginia which would necessitate adding the cost of airfare and would undoubtedly result in an increase to other travel related expenses, if trainings are offered in-person. Dr. Griffin and Dr. Wozniak are locally-experienced trainers in TF-CBT, as they have facilitated annual TF-CBT trainings for Maine-based agencies such as Sweetser and Spurwink for several years. They are the only TF-CBT certified trainers with the experience and knowledge of the Maine mental health system.

### **3. Explain how the negotiated costs or rates are fair and reasonable; or how the funding was allocated to grantee.**

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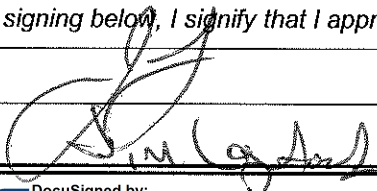
The TF-CBT website <http://tfcbt.org> estimates the cost of each training at \$300-\$650 per Therapist, not including the consultation calls, which can range from \$250-700 per Therapist.

Due to economies of scale and training Therapists in cohorts, the per-Therapist cost of training and consultation will be significantly less as part of this contract than the cost for individual Therapists to pursue training and certification individually or by agency.

**4. Describe the plan for future competition for the goods or services.**

The Department does not intend to competitively procure this service, as it is a one-time occurrence.

### PART IV: APPROVALS

<b>Signature of requesting Department's Commissioner (or designee):</b>	<i>By signing below, I signify that I approve of this procurement request.</i>		
<b>Printed Name:</b>		<b>Date:</b>	17-Jun-20
<b>Signature of DAFS Procurement Official:</b>	DocuSigned by: <i>Kathy Paquette</i>		
<b>Printed Name:</b>	41C2BA36FAF44CD... Kathy Paquette	<b>Date:</b>	6/22/2020