

State of Maine Procurement Justification Form

This form must accompany ALL contract requests and sole source requisitions submitted to the Division of Procurement Services.

INSTRUCTIONS: Please provide the requested information in the white spaces below.

PART I: OVERVIEW			
Department Office/Division/Program:	DHHS/OCFS/CBHS		
Department Contract Administrator or Grant Coordinator:	Chris Moiles/Lisa Munster		
(If applicable) Department Reference #:	CBH-21-3011A		
Estimated Contract or Grant Amount:	Original: \$ 60,000 Amend A: \$14,000 New Total: \$74,000	Advantage CT / RQS #:	10A 20200414000000002852
AMENDMENT	Original Start Date: 7/1/2020	New Start Date:	2/1/2021
	Original End Date: 6/30/2021	New End Date:	9/30/2021
GRANT	Project Start Date:	Grant Start Date:	
	Project End Date:	Grant End Date:	
ALL OTHER	Proposed Start Date:	Proposed End Date:	
Vendor/Provider/Grantee Name, City, State:	Jessica Griffin, Psy.D., Worcester, MA		
Brief Description of Goods/Services/Grant:	Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Consultation & Training		

PART II: JUSTIFICATION FOR VENDOR SELECTION			
Mark an "X" before the justification(s) that applies to this request.			
	A. Competitive Process		G. Grant
X	B. Amendment		H. State Statute/Agency Directed
X	C. Single Source/Unique Vendor		I. Federal Agency Directed
	D. Proprietary/Copyright/Patents		J. Willing and Qualified
	E. Emergency		K. Client Choice
	F. University Cooperative Project		L. Other Authorization

PART III: SUPPLEMENTAL QUESTIONS
Please respond to ALL of the following questions.
1. Provide a more detailed description of the goods, services or grant to supplement the response in Part I.
Trauma Focused Cognitive Behavioral Therapy (TF-CBT) is an evidenced-based treatment model that has proved successful with children and adolescents who have significant emotional and/or behavioral problems (e.g., symptoms of post-traumatic stress disorder, fear, anxiety, or depression) related to traumatic life events. According to the 2017 Maine Integrated Youth Health Survey data, nearly one (1) in four (4) Maine high school students have experienced three (3) or more Adverse Childhood Experiences (ACEs). Research has

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consistently demonstrated that ACEs may contribute to increased health costs, decreased life span, decreased academic achievement, increased risk of depression, and increased risk of substance misuse. The rise in reported ACEs in Maine youth in conjunction with the opiate abuse crisis make it imperative for Maine to offer increased access to effective mental health treatment for youth. TF-CBT training has not been offered on a wide scale in Maine in the last decade and the state has a shortage of certified TF-CBT providers. Currently, there are twenty-nine (29) certified TF-CBT Therapists in Maine registered on the TF-CBT National Certification website. This contract will enable OCFS to increase the pool of certified TF-CBT Therapists in Maine and improve access to this effective treatment modality to children and families.

The training would be offered online or in-person at no cost to a total of one-hundred-twenty-five (125) Therapists in the State who are currently providing TF-CBT services or plan to in the future. To be Nationally Certified in TF-CBT, Therapists must meet specific requirements, including participation and completion of the TF-CBT Web Modules, a twelve (12) hour TF-CBT training, and a minimum of nine (9) follow-up consultation or supervision sessions within a twelve (12) month time period.

The purpose of this amendment is to add additional funding to continue the expansion of TF-CBT within the State of Maine with a focus on seven (7) counties: Androscoggin, Aroostook, Franklin, Oxford, Piscataquis, Penobscot, and Washington. This aligns with the System of Care grant and the State's focus to expand services to children in historically underserved and rural areas of the State. The targeting of these counties will reduce behavioral health disparities through equal access to clinicians trained in TF-CBT and aligns with the Family First Prevention Services Act supporting the expansion of evidence-based practices.

The following additional trainings will be provided via this amendment:

- A twelve (12) hour Basic TF-CBT training will be administered to one (1) additional cohort consisting of up to forty (40) Therapists;
- A six (6) hour Advanced TF-CBT training will be administered to one (1) additional cohort consisting of up to forty (40) Therapists.

Follow-up Clinical Consultation Calls will be provided to those Therapists who have completed the twelve (12) hour Basic Training. In addition to the ninety-six (96) Clinical Consultation Calls within the original Agreement, twenty-four (24) additional calls lasting one (1) hour in duration will be administered in groups that are divided as follows:

- Participants will be divided into two (2) groups of up to twenty (20) Therapists, for the purpose of the Clinical Consultation Calls.
- Each group of up to twenty (20) Therapists will receive twelve (12) Calls within a seven (7)-month time period.
- Jessica Griffin, Psy.D. will be expected to administer an additional twelve (12) of the twenty-four (24) total Clinical Consultation Calls.

2. Provide a brief justification for the selected vendor to supplement the response in Part II.

Jessica Griffin, Psy.D. is an Associate Professor of Psychiatry and Pediatrics at the University of Massachusetts Medical School (UMMS). She is a nationally recognized expert in TF-CBT and has trained and provided professional consultation for over 2000 clinicians across the Northeast United States. Dr. Griffin is the developer and Executive Director of the UMMS Child Trauma Training Center. The center has now trained over 18,000 professionals in trauma, trauma-informed care, and trauma sensitive practices.

Dr. Griffin and her colleague Dr. Jessica Wozniak, Psy.D. are the only individuals within relative proximity to New England, who are Nationally Certified to provide TF-CBT Training. A search of the TF-CBT Therapist Certification Program's website shows Nationally Certified TF-CBT trainers in Kentucky, Minnesota, Virginia and

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California. A list of Nationally Certified TF-CBT trainers provided by the TF-CBT Therapist Certification Program verifies that the next closest trainer is in Virginia which would necessitate adding the cost of airfare and would undoubtedly result in an increase to other travel related expenses, if trainings are offered in-person. Dr. Griffin and Dr. Wozniak are locally-experienced trainers in TF-CBT, as they have facilitated annual TF-CBT trainings for Maine-based agencies such as Sweetser and Spurwink for several years. They are the only TF-CBT certified trainers with the experience and knowledge of the Maine mental health system.

3. Explain how the negotiated costs or rates are fair and reasonable; or how the funding was allocated to grantee.


The TF-CBT website <http://tfcbt.org> estimates the cost of each training at \$300-\$650 per Therapist, not including the consultation calls, which can range from \$250-700 per Therapist.

Due to economies of scale and training Therapists in cohorts, the per-Therapist cost of training and consultation will be significantly less as part of this contract than the cost for individual Therapists to pursue training and certification individually or by agency.

4. Describe the plan for future competition for the goods or services.

The Department does not intend to competitively procure this service, as it is a one-time occurrence.

PART IV: APPROVALS

Signature of requesting Department's Commissioner (or designee):	<i>By signing below, I signify that I approve of this procurement request.</i>		
Printed Name:		Date:	30-Mar-21
Signature of DAFS Procurement Official:	<i>Kathy Paquette</i>		
Printed Name:	Kathy Paquette	Date:	5/3/2021