The Down East Sunrise Trail (DEST) takes riders off-road through a variety of landscapes providing scenic views of coastal mountains, forests, open wetlands, and blueberry barrens. Along the way, 28 bridges span tree-lined streams and salmon rivers.

85 miles and growing, the DEST is the longest off-road section of the East Coast Greenway.

Points of Interest & Side Trips:
- Trail skirts downtown Cherryfield's historic district and then parallels US1 for almost 3 miles before crossing the Harrington River. A side trip to the historic district for the history and cafes makes for a fun lunch stop.
- To learn more about the geology of the area view Maine’s Ice Age Trail at http://iceagetrail.umaine.edu.
- Columbia Falls is known for doughnuts and makes a good lunch and provisions stop.
- Columbia Falls before the trail becomes remote and the Machias.
- Leaving Whitneyville, the trail crosses the Machias River and cuts through freshwater marshes and upland forests. Skirting downtown Machias, the trail crosses just two roads in this section before reaching the Machias Crossing Whitneyville.

**Cherryfield to Machias = 29 miles**

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**Harrington and Columbia Falls Crossings**

**Location:** Trail crosses ME 193 in Cherryfield.

**Parking:** At North St. - North St. intersects ME 193 about 1 mile north of US 1, and 1/4 mile south of the DEST/ME 193 crossing.

**Trail Section Length:** 7 miles

**Cherryfield to Harrington**

**Points of Interest & Side Trips:**
- The trail becomes increasingly remote, crossing the Chandler River, numerous streams, and beaver ponds. It passes by the Jonesboro Wildlife Management Area and provides opportunities for wildlife viewing.
- Jonesboro Station
  - **Location:** Trail crosses Route 3 north of Jonesboro.
  - **Parking:** Limited parking next to the trail
  - **Trail Section Length:** 4 miles
  - **Jonesboro Station to Whitneyville**

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**Cherryfield to Machias**

- **Location:** Trail crosses ME 193 in Cherryfield.
- **Parking:** At North St. - North St. intersects ME 193 about 1 mile north of US 1, and 1/4 mile south of the DEST/ME 193 crossing.
- **Trail Section Length:** 10 miles
- **Harrington Crossing**
- **Columbia Falls**
- **Crossings**
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