WASHINGTON JUNCTION TO AYERS JUNCTION = 85 MILES

85 miles and growing, the Down East Sunrise Trail (DEST) is a year-round multi-use rail trail, and the longest off-road section of the East Coast Greenway.

This Guide provides a trail overview, highlights and near-trail amenities, and three section maps:
1. Washington Junction to Cherryfield (28 miles)
2. Cherryfield to Machias (29 miles)
3. Machias to Ayers Junction (28 miles)

TRAIL SURFACE is an old rail bed packed with gravel. Bridge surfaces include wood planking.

USE TYPES:
1. Non-motorized use includes but is not limited to bicycling (mountain bikes recommended), hiking, horseback riding, snowshoeing, dog sledding, and skiing.
2. All motorized vehicles must be legally registered as either an ATV and/or snowmobile.

SEASONAL TRAIL USES AND CLOSURES are based on trail condition and are posted on trail. Please note:
1. Trail closures may occur during mud season (typically in April/May), for trail repairs, and for snow-dependent seasonal uses.
2. During mud season only human foot traffic is allowed: walking and jogging.
3. Trail Alerts and closures are posted on the Sunrise Trail Coalition website www.sunrisetrail.org.

MILEAGE is listed on trail by mile post markers. Mile posts are denoted in this guide by "MPrax;"

= ATV and snowmobile trails that cross the DEST.

POIN TS OF INTEREST

Online maps and brochures are available for many of the points of interest. A little research ahead of time will add to your DEST experience.

DEST SECTION MAP

Acadia National Park........................................ Map 1
www.nps.gov/acadia
Bad Little Falls, 1 Elm St., Machias.................. Map 3
Blackwoods Scenic Byway.............................. Map 1
www.exploremaine.org
Cable Pool, Cherryfield.................................. Map 1
Cobscook Bay State Park............................... Map 3
www.maine.gov/cobscookbay
Cutler Coast Public Lands............................. Map 3
Donnell Pond Public Reserve Lands................ Map 1
Downeast Fisheries Trail.............................. Map 1-3
www.DowneastFisheriesTrail.org - online map
DownEast Gardens and Scenic Vistas.............. Map 1-3
www.visitmaine.com - request map
DownEast Heritage Rail............................... Map 1
www.downeastscenictrail.org
East Machias Aquatic Research Center........... Map 2&3
Farmers’ Markets........................................ Map 1-3
www.getrealmaine.com and mofqa.org
Forest Hills Cemetery.................................. Map 2
Franklin Memorial Park............................... Map 1
Gallison Library.......................................... Map 2
Lamoine State Park...................................... Map 1
www.maine.gov/lamoine
Maine’s Ice Age Trail................................. Map 1-3
http://iceagetrail.umaine.edu - online map
Moosehorn National Wildlife Refuge............... Map 3
www.fws.gov/northeast/moosehorn
Pleasant River Community Forest.................. Map 2
www.mainesalmonrivers.org
Quoddy Head State Park.............................. Map 3
www.maine.gov/quoddyhead
Rocky Lake Public Lands............................ Map 3
Roque Bluffs State Park............................... Map 2
www.maine.gov/roquebluffs
Ruggles House & Garden............................. Map 2
Schoodic Bog www.frenchmanbay.org.............. Map 1
Schoodic National Scenic Byway.................... Map 1
www.schoodicbyway.org
Shackford Head State Park.......................... Map 3
www.maine.gov/shackfordhead
Tunk Lake Public Reserved Lands............... Map 1
Wild Salmon Resource Center...................... Map 2
www.mainesalmonrivers.org

RESOURCES

ATV / ORV INFORMATION

Maine Bureau of Parks and Lands
ATV program/ORV office (207) 287-4958
Statewide trail map available
www.parksandlands.com

ATV Maine: www.atvmaine.org

Registration: www.maine.gov/ifw

DOWN EAST SUNRISE TRAIL ONLINE MAPS

Sunrise Trail Coalition
www.sunrisetrail.org

Maine Bureau of Parks and Lands
www.parksandlands.com

East Coast Greenway
www.greenway.org

STATE PARKS, PUBLIC LANDS, AND HISTORIC SITES

Maine Bureau of Parks and Lands
www.parksandlands.com / www.campwithme.com

SNO MOBILE INFORMATION

Maine Bureau of Parks and Lands
Snowmobile program (207) 287-4957
Statewide trail map available
www.parksandlands.com

Registration: www.maine.gov/ifw

TOURISM

DownEast & Acadia Regional Tourism
www.downeastacadia.com

Maine Office of Tourism
www.visitmaine.com

Maine State Visitor Information Centers
www.mainetourism.com

This guide was funded through a Maine Outdoor Heritage Fund grant and the Recreational Trails Program. It is the cooperative effort of the Maine Bureau of Parks and Lands, the Hancock County Planning Commission, the Sunrise Trail Coalition, and Down East and Acadia Regional Tourism. (2013)
The Down East Sunrise Trail (DEST) takes riders off-road on a gentle journey through a natural landscape of forests, vast marshes, mountain views, and through habitat for Maine's iconic moose, beaver, eagles, osprey, waterfowl, wild turkeys, and white-tailed deer.

85 miles and growing, the DEST is the longest off-road section of the East Coast Greenway.

Points of Interest & Side Trips:
- Restored rail cars by Down East Heritage Rail at Washington Junction. Wildlife-watching opportunities on this section of the trail and most impressively near wetlands. Watch out for deer crossing the trail. A side trip to Franklin Memorial Park is a nice stop to take in local history and have a picnic. Lamoine State Park and Acadia National Park offer additional cycling & hiking adventures.
- The Schoodic Scenic Byway/ME 182 provides access to Tunk Mt. hiking trails and Tunk Lake.
- Hiking access to Schoodic and Black Mts. and Rugged Coastline.
- To learn more about the geology of the area, view Maine's Ice Age Trail at http://iceagetrail.umaine.edu.

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The Down East Sunrise Trail (DEST) takes riders off-road through a variety of landscapes providing scenic views of coastal mountains, forests, open wetlands, and blueberry barrens. Along the way, 28 bridges span tree-lined streams and salmon rivers. 85 miles and growing, the DEST is the longest off-road section of the East Coast Greenway.

**Cherryfield Crossing**
- **Location:** Trail crosses ME 193 in Cherryfield.
- **Parking:** At North St. - North St. intersects ME 193 about 1 mile north of US 1, and 1/4 mile south of the DEST/ME 193 crossing.
- **Trail Section Length:** 7 miles
- **Points of Interest & Side Trips:** Trail skirts downtown Cherryfield’s historic district and then parallels US1 for almost 3 miles before crossing the Harrington River. A side trip to the historic district for the history and cafes makes for a fun lunch stop. To learn more about the geology of the area view Maine’s Ice Age Trail at [http://iceagetrail.umaine.edu](http://iceagetrail.umaine.edu).

**Harrington and Columbia Falls Crossings**
- **Location:** Trail crosses North St. just north of Harrington; enters Columbia Falls at Tidbetsness & Centerville Rds.
- **Parking:** Limited at Harrington and Columbia Falls Crossings. Summer and weekend parking at Narraguagus High School, Harrington.
- **Trail Section Length:** 10 miles
- **Points of Interest & Side Trips:** Harrington Crossing to Columbia Falls = 6 miles Columbia Falls to Jonesboro Station = 4 miles

**Jonesboro Station**
- **Location:** Trail crosses Station Road northwest of Jonesboro.
- **Parking:** Limited parking next to the trail
- **Trail Section Length:** 8 miles
- **Points of Interest & Side Trips:**
  - *Pass by blueberry barrens and the Pleasant River before the trail becomes semi-remote beyond Columbia Falls. The Wild Salmon Resource Center, Pleasant River Community Forest, Forest Hills Cemetery, Gallison Library, and Ruggles House & Garden are great side trips.*
  - A country store, 1 mile east of Columbia Falls is known for doughnuts and makes a good lunch and provisions stop.

**Whitneyville Crossing**
- **Location:** Trail crosses ME 1A just south of Whitneyville.
- **Parking:** Limited roadside parking
- **Trail Section Length:** 4 miles
- **Points of Interest:** An 1868 schoolhouse turned library in 1966 is located close to the trail in Whitneyville.

Leaving Whitneyville, the trail crosses the Machias River and cuts through freshwater marshes and upland forests. Skirting downtown Machias, the trail crosses just two roads in this section before reaching the Machias Station 98.

**To Machiasport**
- Trail crosses ME 1A just south of Machias.
- Limited roadside parking

**Points of Interest:**
- The trail becomes increasingly remote, crossing the Chandler River, numerous streams, and beaver ponds. It passes by the Jonesboro Wildlife Management Area and provides opportunities for wildlife viewing.

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The Down East Sunrise Trail (DEST) takes riders off-road on a journey along the entire Downeast coastal area. Stunning views, wildlife-watching opportunities, and interesting side trips are plentiful for the adventurous. Its compacted gravel surface follows an old railroad bed from Ellsworth to Ayers Junction.

85 miles and growing, the DEST is the longest off-road section of the East Coast Greenway.

**FMIL:** www.sunrisetrail.org
www.greenway.org
www.parksandlands.com

**Location:** Machias to Ayers Junction = 28 miles

**Points of Interest & Side Trips:**
- Machias to Ayers Junction
- Watch for tall, unique trees in woods
- Explore the Machias River
- Check out the Quoddy Head State Park
- Visit the Cutler Coast Public Lands
- Love the views from the bridge over the Machias River
- Take a short side trip to the boating and camping areas on Rocky Lake’s shore.

**Trail Section Length:**
- Machias to Ayers Junction = 28 miles
- Machias to Rocky Lake Crossing = 7 miles
- Rocky Lake Crossing to Dennysville = 10 miles
- Dennysville to Ayers Junction = 20 miles

**Parking:**
- Machias to Ayers Junction
- Rocky Lake Crossing
- Dennysville

**Notes:**
- North is to the right on this map only.
- Destinations are indicated with P (pull-off) or X (intersection).
- **Mile Post (MP)** = Mile marker
- **Destination** = Town or Point of Interest
- **Road** = Route
- **Street** = Street name
- **Cape** = Cape name
- **Habitat** = Type of habitat
- **Feature** = Natural feature
- **Trail** = Name of trail or path
- **Map** = Map reference
- **Note** = Additional information

**Select ORV Trail Crossings:**
- MP 70 to Rocky Lake PRL
- MP 78.9 to Pembroke
- MP 87 Club Trail 10 miles to Perry

**Additional Resources:**
- Maine's Ice Age Trail: http://iceagetrail.umaine.edu
- Ice Age Trail at Maine's Ice Age Trail: http://iceagetrail.umaine.edu
- Maine Department of Agriculture, Conservation and Forestry - Bureau of Parks and Lands
- Maine Coastal Heritage Trust
- Maine Audubon Society
- Moosehorn National Wildlife Refuge
- Great Works Management Area
- Bold Coast Scenic Byway

**Add to your adventure by visiting:**
- the village of Pembroke
- Reversing Falls
- Moosehorn National Wildlife Refuge
- Wetland's edge
- Denny's River
- Rocky Lake
- Cobscook Bay
- Quoddy Head State Park

**Visit the East Machias Aquatic Research Center (EMARC) to learn about Maine’s fisheries. Cutler Coast Public Lands, Cobscook Bay and Quoddy Head State Parks and lighthouse are recommended side trips.**