

CROSS COUNTRY SKI TRAILS

BEECH TRAIL .2 mile (.3km) Short trail leading from Novice trail to campground where Sheep and Quaggy Jo Mountain trails begin.

CEDAR TRAIL .5 mile (.8km) Connects with Maze, Novice and Sheep trails. Winds through a cedar swamp, fields, and a stand of new growth hardwoods.

LOOKOUT TRAIL .5 mile (.8km) Follows a section of park boundary (marked in orange) leaving from and returning to the south side of Quaggy Jo Mountain trail. Traverses scenic upland hardwood and evergreen forests.

MAPLE TRAIL 2 miles (3.2km) A loop off the south end of the Quaggy Jo Mountain trail. The Maple trail offers the challenge of rolling hills and turns.

MAZE TRAIL 1 mile (1.6km) Starts from an intersection on the Novice trail and winds through a tree plantation and a forest management area on a neighboring farm.

NOVICE TRAIL 1 mile (1.6km) Starts at the south end of the parking lot, meanders through a cedar swamp connecting the Sheep trail with the Maze trail.

OLD BEACON TRAIL .5 mile (.8 km) Short trail leading from the Quaggy Jo Mountain trail across rolling terrain to the former site of an aviation beacon. An outstanding westerly view of the countryside.

QUAGGY JO MOUNTAIN TRAIL 4 miles (6.4km) Leaves the campground at site #18. Follows same route as the South Peak Nature trail for a short distance and then turns to circle Quaggy Jo Mountain. This trail offers the widest variety of terrain of any of our trails. The trail is for one-way traffic, and returns to the campground at the Kitchen Shelter.

RED PINE TRAIL .2 mile (.3km) A short trail branching off the Maze Trail. Winding through a managed red pine plantation, the trail ends in a farm field with a nice view of Quaggy Jo Mountain and the surrounding areas.

SHEEP TRAIL 1.5 miles (2.4km) Leaves the campground at site #21, winding through a hardwood forest and passing the edge of an old sheep farm. Returns to the park by way of the Novice trail.

SNOWSHOEING

NOVICE TRAIL .75 mile The easiest trail we offer winding through a cedar swamp. The dense forest gives great protection from the wind and offers a great chance to see wildlife. Take the additional .75 mile spur trail to the warming hut to enjoy a warm inviting view of the mountain by the fire.

SHOESTRING TRAIL 1.5 mile. Novice/Intermediate. One will enjoy this twisting and turning trail which meanders through typical old growth forest. A popular trail for those that are looking for a moderate workout while shoeing the base of Quaggy Jo Mountain.

RIDGE BASIN TRAIL Intermediate/Advanced. Looking for a great way to burn calories? This trail will challenge most, while trekking across the contours of the ridge line. Good views through the tree lines of Echo Lake and exposed ledges will enhance your experience.

NOTCH TRAIL .25 mile Intermediate/Advanced. Filled with natural beauty, this trail follows an intermittent brook that starts from the top of the mountain and flows down through the gorge.

SOUTH/NORTH PEAK TRAIL
3 miles **Advanced. STEEP AND RUGGED**, but this interesting climb will make you feel that you are exploring one of the tallest mountains of Maine. Once at the top, astonishing views of surrounding local areas will make the trip worth it. If you are planning to shoe up to the peaks, it is **HIGHLY RECOMMENDED** that you begin going up the South Peak Trail. It is not advisable to come down.

For an easier and safer trek, **bypassing the very steep South Peak Trail**, consider using the Notch Trail going up or coming down off of the mountain.

Trails are marked with **GREEN** signage. Snowshoers please stay on green marked trails. Snowshoeing on ski trails is not permitted at any time during the ski grooming season.

AROOSTOOK STATE PARK

Maine's First



CROSS COUNTRY SKIING SNOWSHOEING

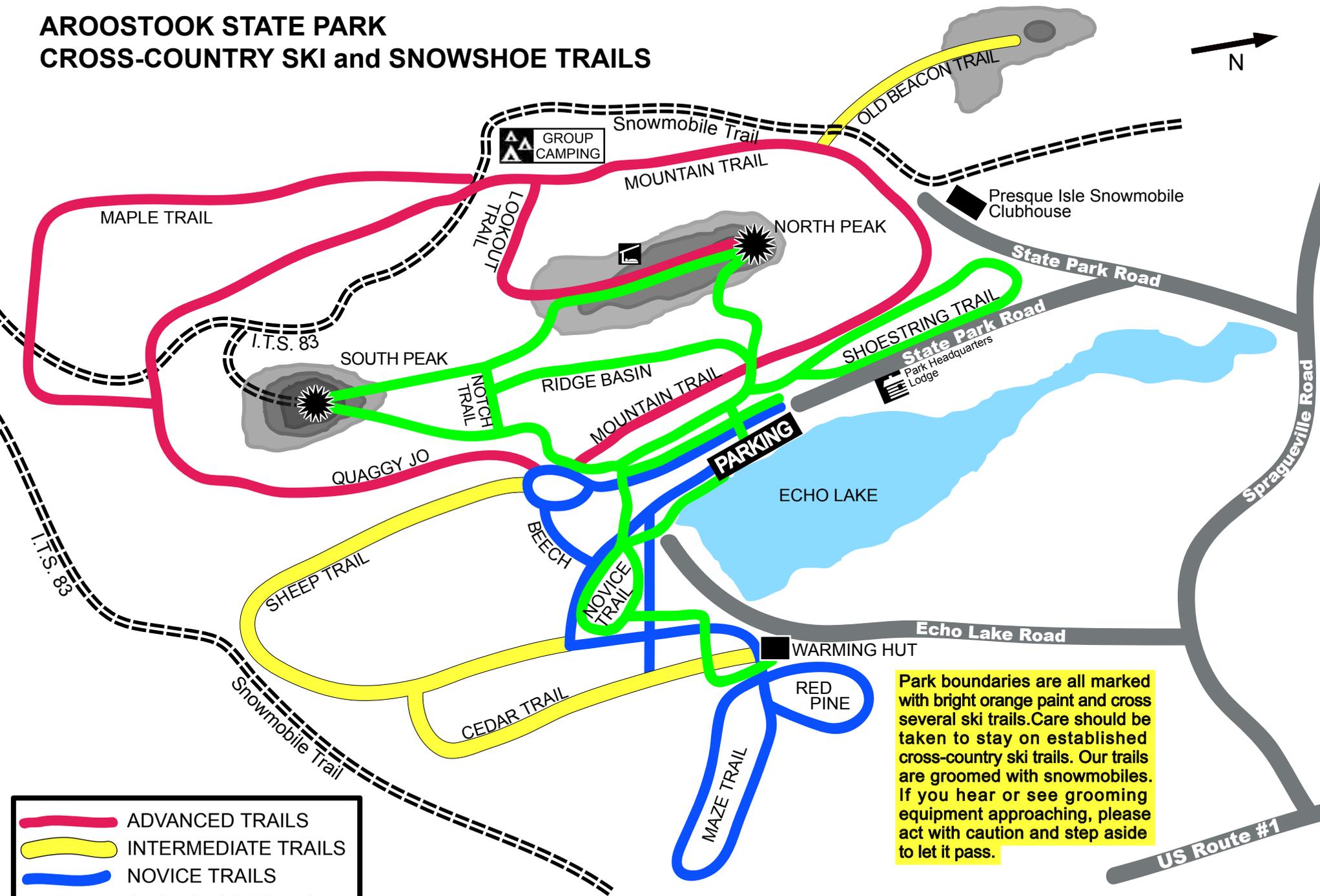


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Maine Department of Agriculture, Conservation and Forestry
Bureau of Parks and Lands



AROOSTOOK STATE PARK CROSS-COUNTRY SKI and SNOWSHOE TRAILS



- ADVANCED TRAILS
- INTERMEDIATE TRAILS
- NOVICE TRAILS
- SNOWSHOE TRAILS
- SNOWMOBILE TRAILS
- ROAD

Park boundaries are all marked with bright orange paint and cross several ski trails. Care should be taken to stay on established cross-country ski trails. Our trails are groomed with snowmobiles. If you hear or see grooming equipment approaching, please act with caution and step aside to let it pass.

Snowmobile Trail ITS #83 passes through the Park and intersects with the ski trails in several spots. **PLEASE USE CAUTION WHEN CROSSING SNOWMOBILE TRAILS!**