OPEN FARM DAY
SUNDAY, JULY 28, 2019

Explore. Meet. Learn.

BANGOR DAILY NEWS • MORNING SENTINEL • KENNEBEC JOURNAL
SUN JOURNAL • PORTLAND PRESS HERALD • MAINE SUNDAY TELEGRAM
JOURNAL TRIBUNE

A Special Advertising Section of the Bangor Daily News • July 12, 2019
My fellow residents, friends and neighbors,

Maine farms and the farmers who run them are a cornerstone of our state, producing a variety of high-quality crops that contribute substantially to Maine’s economy and our way of life. As Governor, I am working to strengthen our agricultural economy and support farmers, fishermen, and their rural communities every day.

I hope that you will join me in those efforts by visiting participating farms during the 30th Annual Open Farm Day, held Sunday, July 28, 2019.

As the granddaughter of Aroostook County potato farmers, I know how hard our farmers work to feed and supply our state and the rest of the nation. Maine Open Farm Day is the perfect day to recognize and celebrate our diverse and expanding agriculture industry. Consider these encouraging insights from the USDA’s newly released Census of Agriculture:

- Since 2012, the number of farmers and small Maine farms has increased;
- our largest and most productive farms are expanding;
- the number of women in farming and the number of young farmers nearly doubled;
- Maine saw a 35% increase in the value of food sold directly from the farm to consumers;
- organic farm sales increased by 65%;
- more than 7,800 acres of farmland were added to the registry of conservation lands;
- and the number of farms using no-till conservation increased by 66%.

The Census also reported that since 2012, our total number of farms declined by about 13% and about 10% of our farmland was lost to development. Clearly now more than ever, Maine’s farming industry needs our support to limit future declines and to maintain positive momentum in each of the measures highlighted above. I hope that you see Maine Open Farm Day as I do, a day to step into the shoes of Maine’s farming families. When you visit participating farms, you get to experience firsthand the teamwork, innovation and patience that’s required to succeed. You get to purchase the nutritious and healthy food that we all need, as well as fiber, flowers, wine and more, directly from the farmers who grow and produce them. Together let us honor the work and contributions of Maine farmers to our tables, our economy, our state. I hope to see you at a local farm on Open Farm Day!

Thank you,
Janet T. Mills, Governor, State of Maine

Please mark your calendars and plan to join us on July 28 at farms across Maine during one of the state’s most exciting agriculture-related events of the year: Open Farm Day. This is your chance to meet our state’s farmers and tell them how much they mean to all of us. July 28, 2019, marks the 30th annual Open Farm Day and more farms than ever before are opening their doors to you, their customers.

Open Farm Day presents a wonderful chance for learning—much of which is hands on—about the opportunities and challenges present in agriculture today and the innovative ideas that our farmers are implementing on their farms as they produce the food, fiber, and other agricultural products that we benefit from in so many ways. This is a day to celebrate Maine’s farmers and hear about all that they do—and everyone knows farmers tell the best stories!

Visit some farms and get inspired! Here are six great destinations to whet your appetite:

- Check out the “Lamb to Loom” demo at Sabbathday Lake Shaker Village to learn about shearing, weaving and rug hooking.
- Visit Maine’s Dairy Capital and tour Caverly Farms, a family farm with 400 cows. Enjoy wagon rides, meet the calves and try your hand at milking a cow.
- Add some color to your summer and try “Dyeing and Drying” at Brae Maple Farm which features flowers that present vivid colors in textiles.
- Homestead owners—head up to Aroostook Hops, the farm that’s raising an essential ingredient that is being used by a number of Maine-based breweries.
- Test your strength at Micmac Farm’s legendary skillet throw and hay bale toss. Farms from across the Crown of Maine will be there with beef, lamb, pork, potatoes, produce, herbs, teas and more!
- Immerse yourself in learning about alpacas, Shetland sheep, donkeys and ducks at Sea Hill Farm.

Supporting the incredible people who work hard each day to grow delicious, safe, and wholesome food and produce other amazingly high-quality agricultural products has never been more important. Take advantage of Open Farm Day to meet our producers and makers and thank them for doing what they do.

Go to getrealmaine.com to explore all Open Farm Day events and activities.

Thank you!
Amanda Beal
Commissioner, Department of Agriculture, Conservation and Forestry

Janet T. Mills
Governor

Amanda E. Beal
Commissioner

WEB: WWW.MAINE.GOV/DACF
THE FAMILY FARMS OF MAINE. It’s where the 1st Farmers’ Pledge was born*—a promise to use no artificial growth hormone, a promise we continue to stand by. We are proud to support these hardworking Mainers and to provide you with The Natural Goodness of Maine.
EXPLORE MEET LEARN
We invite you to explore Maine farms, meet Maine farmers, and learn about Maine agriculture from the people who live it.
This year, we have an increase in host farms—our largest in three years—and host farms are ready to welcome visitors. There is much to explore, many farmers to meet, and lots to learn about Maine’s valuable and diverse agriculture!

WAYS TO USE THIS PASSPORT
This ‘passport’ is your guide to discovering hundreds of Maine’s farms across the state for the annual Open Farm Day, on Sunday, July 28, 2019.
Please read the descriptions and locations to find a farm that interests you. Share your experience with others using the #MaineOpenFarmDay. Follow along on the @getrealgetmaine Facebook page.

ANDROSCOGGIN
Atwood Farm
Registered Belted Galloways
74 Jackson Road, Poland
Hours: 8 a.m. to 4 p.m.
We have a 12-head herd of Registered Belted Galloways with 4-5 spring calves. Our cattle have 12 generation pedigrees. And a few have been shown by a local 4Her. We also have 14 chickens and a rooster. Our new 60x36-foot barn was constructed in the fall of 2018.
(617) 223-1164 | Atwoodfarmbelties.com

Berry Fruit Farm
361 Crash Road, Livermore
We offer the classic U-Pick apples as well as pumpkins in September and October. Fresh raspberries are available from July to October. Our orchard is expanding to include new apple varieties, peaches, cherries, pears and plums. Berry Fruit Farm is a family-owned farm established in the early 1900s.
207-897-4767 | berryfruitfarm.com

Boothby's Orchard and Farm
366 Boothby Road, Livermore
Hours: 10 a.m. to 3 p.m.
Free scenic wagon rides through our farm and pondside orchard. Visit our Hereford beef cows, Tour 1880s barn and guesthouse. On the hour, join us on a walking tour of our 7-generation farm. Q and A about apple, and grape growing and pruning. Farm stand open with wine tastings and beef for sale. Visit our website for more details.
(207) 754-3500 | boothbysorchard.com

Brigeen Farms, Inc
345 Upper Street, Turner
Hours: 10 a.m. to 3 p.m.
See our family dairy farm in existence since 1777! Meet the tenth and 11th generation farmers, and our herd of award-winning Holstein cows. Visit and learn about the cows who provide award winning milk, that will debut in our own, Canty Cow Creamery this summer to offer quality, Maine made ice cream!
(207) 713-5145 | brigeenfarms.com

Double Z Land and Livestock
518 Upper Street, Turner
Hours: 11 a.m. to 3 p.m.
The Double Z raises grass-fed beef and lamb and makes wood-fired pizza. On the pastures, we have Devon-Angus cattle and Katahdin-Dorper lambs grazing alongside the ewes, a llama and Belgian horses. The centerpiece of Double Z is the ZZ Mercantile. Buy your favorite cut of meat. Fireworks and pizza for sale.
(207) 402-0144 | zzlal.com

Fresh Start Farms
(Packet-Littlefield Farm)
76 Littlefield Road, Lisbon
Hours: 10 a.m. to 3 p.m.
Fresh Start Farms is a food hub and training farm for New American farmers- come out to meet growers from around the world, producing high quality, chemical-free vegetables for CSA, wholesale, and farmers markets. We will have farm tours, veggie samples, and fun activities for the whole family!
(207) 761-4769 x817 | cultivatingcommunity.org

Hummingbird Farm
202 Bean Street, Turner
Hours: 10 a.m. to 3 p.m.
Hummingbird Farm is the largest producer of clematis in Northern New England and sells these perennial flowering vines across the U.S. At 1 pm, join us for a talk on “Choosing the Clematis That’s Right for You.” Bring your camera and your questions. Stroll the display garden, sit under our clematis arbor and browse our amazing clematis. Light refreshments available.
(207) 224-8220 | hummingbirdfarm.net

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(207) 224-8220 | hummingbirdfarm.net
supporting local farmers since 1883

We're proud to partner with over 135 farms to bring you the freshest local produce available. (To get it any fresher, you'd have to pick it yourself.) Stop by your neighborhood Hannaford Supermarket for the season's best local fruit and vegetables.

we love local

Your guide for locating and supporting hardworking farmers and artisans throughout the Northeast.

Visit hannaford.com/closetohome for more information.
**Nezinscot Farm**  
284 Turner Center Road, Turner  
Hours: 10 a.m. to 5 p.m.  
Nezinscot Farm has partnered with our COOP, Organic Valley, to bring our visitors an educational farm visit that they will never forget! Guided & Self-Guided Farm Tours; Guided Farm Walk: 1:00 p.m.; Cheese Demonstrations & Cheese Sampling: After 10:00 a.m. Enjoy café specials on the farm! Visit our website or Facebook for more details.  
(207) 225-5552 | rickerhill.com

**Ricker Hill Orchards**  
285 Buckfield Road, Turner  
Activities: 9 a.m. to 6 p.m.  
Farming since 1803. Visit us each season to pick your own blueberries, apples, and grapes. Guided tours of mill and packing facility. Learn about our crops and apple products, including cider vinegar, wine and hard cider. Outdoor activities for kids and adults. Farm Stand open 9am-6pm. Visit the tasting room to sample and buy, from 11am-6pm.  
(207) 225-0779 | rockinsheepfarm.com

**Rockin’ Sheep Farm**  
64 Record Road, Livermore Falls,  
Activities: 10 a.m. to 3 p.m.  
At Rockin’ Sheep Farm, you can step back into time and watch a blacksmith work on a coal forge, pet the lambs and sheep, learn about chickens, and pet the cow and calf. The farm store will be open selling sheep and lamb pelts, fleece, wool products, blacksmith products, art, and books.  
(207) 233-0779 | rickerhill.com

**Wallingford’s Orchard**  
1240 Perkins Ridge Road, Auburn  
Activities: 8 a.m. to 6 p.m.  
Wallingford’s Orchard grows apples, cranberries, ginseng, pears and peaches. Visit us seasonally to pick your own apples and pumpkins. Families enjoy our backyard barnyard petting area, tractor, and corn maze. Shop the Fruit House and Bakery for our fresh apple cider donuts, maple syrup, jams, and pies, cider, wine and other farm goods.  
(207) 784-7958 | wallingfordsorchard.com

**Sanctuary At Maple Hill Farms**  
1054 North River Road, Auburn  
Activities: 12 a.m. to 3 p.m.  
Visit our equine welfare organization providing shelter and sanctuary for horses and educational programs for people. We will have an owner/prospective owner workshop, equine demonstrations and horse drawn farm wagon rides along farm roads and through neighboring fields. Our wide aisles and level barn floor surface help this place to be mobility friendly.  
(207) 754-1558 | facebook.com/Roebucks-Angus

**Vista Of Maine Vineyard And Cidery**  
146 N Hills Ridge, Greene  
Activities: 10 a.m. to 3 p.m.  
Stroll and visit our stunning, rustic Wedding Barn, special and corporate events venue and Cider destination, with panoramic views of the White Mountains. We offer Ricker’s Mainiac Hard Cider, Ricker Hill Wines, apple cider donuts, cheese snacks, and other treats.  
(207) 754-2527 | vistofmaine.weebly.com

**Slatterys Farm**  
1301 Woodman Hill Road, West Minot  
Activities: 8 a.m. to 3 p.m.  
We will be making Maple cream at 10am (everyone gets to help stir) and at 1pm we will be making dilly beans (this will be a hands-on event). One free jar of dilly beans per family. There will be other things to do, please check our Facebook page.  
(207) 966-3643 | slatbake2001@yahoo.com

**Doaks Maple Ridge Farm**  
291 Margison Road, Woodland  
Hours: 10 a.m. to 3 p.m.  
Come ready for fun! Commercial blueberry operation, apple orchard and vegetable farm. Highbush Blueberries ready for you pick. Walking tours of the farm; learn where to buy our products year-round. Farm is open from late July to October 30 for harvest. Learn what we do to keep our food products safe and healthy for you.  
(207) 498-8238 | circlebfarmsinc.com

**Hebert Farms**  
3929 Caribou Road, Cross Lake  
Hours: 8 a.m. to 5 p.m.  
Tour of greenhouses and how and how we use them to produce crops in early spring and summer!  
(207) 834-5065 | circlebfarmsinc.com

**AROOSTOOK**

**Aroostook Hops**  
513 Shorey Road, Westfield  
Hours: 12 p.m. to 2 p.m.  
Tours of MOFGA certified-organic hops plants growing to 18’ tall trellis in 4 acres of hopyard. Hops are harvested in late summer-early fall, but demonstrations of the mechanical harvester, hop oats (dryer), pelletizer, and packaging available. Products available to buy on-site or online.  
(207) 429-8105 | aroostookhops.com

**Circle B Farms**  
287 E. Presque Isle Road, Caribou  
Hours: 9 a.m. to 3 p.m.  
Come ready for fun! Commercial blueberry operation, apple orchard and vegetable farm. Highbush Blueberries ready for you pick. Walking tours of the farm; learn where to buy our products year-round. Farm is open from late July to October 30 for harvest. Learn what we do to keep our food products safe and healthy for you.  
(207) 498-8238 | circlebfarmsinc.com

**Gallifreyan Farm**  
14 Lincoln Street, Linneus  
Hours: 10 a.m. to 4 p.m.  
We will have live music by local artists and vendors, as well as a selection of our wares. Food proceeds to benefit Houlton Humane Society; Chicken Poop Bingo to play. We’ll bring out a few of our animals for all to see and enjoy.  
(207) 694-8409 | www.gallifreyanfarm.com

**Hebert Farms**  
3929 Caribou Road, Cross Lake  
Hours: 8 a.m. to 5 p.m.  
Tour of greenhouses and how and how we use them to produce crops in early spring and summer!  
(207) 834-5065 | hebertfarmsmaine@gmail.com
McElwain's Strawberry Farm
711 Sweden Street, Caribou
Hours: 10 a.m. to 3 p.m.
Third-generation farm established in 1910, producing strawberries, apples, pumpkins, sweet corn and other produce. A tractor-drawn wagon ride tours fields and orchard. Short walking tour of our farm museum, hoop houses, and strawberry patch. Vegetables and our own strawberry jam will be available for purchase at the farm stand, Complimentary ice cream with strawberries.
(207) 498-8276 | mcelwainstrawberryfarm.com

Micmac Farms
7 Northern Road, Presque Isle
Hours: 10 a.m. to 3 p.m.
Free hatchery & farm tours, and samples! Men’s hay bale toss, women’s skillet throw, children’s sack race, children’s 3-legged race. Ample parking. Live musical entertainment, and food vendors throughout the day will have your toes tapping as you discover the taste of Aroostook County foods!
(207) 493-1269 | micmacfarms.com

CUMBERLAND

Precision Innovations
1100 Central Ave., Suite A, Presque Isle
Hours: 7 a.m. to 7 p.m.
Precision Innovations is a local precision agriculture and data services company, based in Presque Isle, Maine. We specialize in helping farmers improve their productions utilizing proven scientific methods and best in class farm technologies. Come view the tools and technology Maine farmers use!
(207) 404-1334 | micmacfarms.com

Acker’s Acres Angoras
339 Gloucester Hill Road, New Gloucester
Hours: 10 a.m. to 3 p.m.
Angora Rabbits, spinning yarn demos. Spinning fibers, yarn and knit items for sale.
(207) 926-4921 | bunnyblend.com

Alewive’s Brook Farm
83 Old Ocean House Road, Cape Elizabeth
Hours: 10 a.m. to 3 p.m.
Alewive’s Brook Farm is a family owned and operated vegetable farm in the heart of Cape Elizabeth. You will find farmers and a lobsterman at Alewive’s. Find fresh vegetables and fresh lobster at Alewive’s Market. Come meet the family supporting this long standing, multi-generational farm, “harvesting land and sea”
(207) 799-7743 | alewivesbrookfarm.com

Braun’s Riverside Lavender Farm, LLC
55 River Road, Steep Falls
Hours: 10 a.m. to 4 p.m.
Our focus is on sustainable agriculture and farming, organic. We have craft classes using the fresh lavender, culinary demonstrations, value added products. We also have classes on lavender farming - from start to finish. We have an outside group for Alzheimer’s awareness attending and having activities and games as well.
(207) 332-6502 | riversidelavender.com

Carrageen Suri Alpacas
82 West Gray Road, Gray
Hours: 10 a.m. to 3 p.m.
Understanding about alpacas being a fiber animal and products you can make from the fiber.
(207) 653-1144 | Carrageensurialpacas.com

Growing To Give Food Bank Farm
30 East Coxon Road, Brunswick
Hours: 11 a.m. to 3 p.m.
Farm tours. Learn about our nonprofit food bank farm. We grow organic vegetables solely for donation to local food banks, pantries and community kitchens.
(207) 837-4670 | growingtogive.farm

Fresh Start Farms
(Hurricane Valley Farm
17 Schuster Road, Falmouth
Hours: 10 a.m. to 3 p.m.
Fresh Start Farms is a food hub and training farm for New American farmers- come out to meet growers from around the world, producing high quality, chemical-free vegetables for CSA, wholesale, and farmers markets. Farm tours, veggie samples, and fun activities for the whole family, as well as honey bee hives and chickens!
(207) 761-4769 | cultivatingcommunity.org

CUMBERLAND

tiny. potent. wild.

FEED YOUR WILD SIDE WITH THE PERFECT WILD SUPERFRUIT, 10,000 YEARS IN THE MAKING.

Small, hearty Wild Blueberries are unique to Maine, and have thrived in its thin glacial soils since the last ice age. Maine’s challenging climate gives low-bush Wild Blueberries their intense blueberry taste and high level of antioxidants – 2x the antioxidants of ordinary blueberries that are planted and grown all over the world.

Look for Maine’s tiny, potent Wild Blueberries in the freezer case all year long, or buy fresh at farm stands and in the produce section during Maine’s summer harvest.

maine Wild
Blueberries
wildblueberries.com
Hancock Family Farm
36 Quaker Ridge Road, Casco
Hours: 10 a.m. to 2 p.m.
We are a farmstand, so there will be people there at the stand. We can make up maps of the farm for folks to walk around.
(207) 831-1088 | hancockfamilyfarm.com

North Star Sheep Farm
24 Stevens Road, Windham
Hours: 9 a.m. to 1 p.m.
Walking farm tour at 10 and 11am, handmade wool items, lamb lunch and frozen meat available for purchase.
(207) 838-9410 | northstarsheepfarm.com

Orchard Ridge Farm
236 Sebago Lake Road, Gorham
Hours: 10 a.m. to 7 p.m.
Come pick from some of our nine varieties of high bush blueberries. They're mighty fine, ayuh! We tain't far from the big city nethah. See the animals, enjoy samples, use our picnic tables to enjoy tasty food from our family farm kitchen menu. Informal farm tours available on the way to and from blueberry picking.
(207) 239-0442 | orchardridge.farm

Pineland Farms
32 Farm View Drive, New Gloucester
Hours: 10 a.m. to 4 p.m.
One of two locations. At this one, milk a cow, collect chicken eggs, brush a bunny, water the garden and read a story with goats. Self-guided tours of dairy farm. Activities happen every 1/2 hour. Visitors may drop into one or stay for all.
207-688-4800 | pinelandfarms.org

Pineland Farms Produce Division
752 Mayall Road, New Gloucester
Hours: 7 a.m. to 1 p.m.
Pick your own berries and special pick your own offerings, tractors, farm crew on hand and farm information available, as well as crop and soil information. One of two locations.
207-688-4800 | pinelandfarms.org

Sabbathday Lake Shaker Village
707 Shaker Road, New Gloucester
Hours: 12 p.m. to 4 p.m.
Visit the only active Shaker Community in the world, a National Historic Landmark, farmed since 1783. See Scottish hillland cattle, sheep, bees, orchards, gardens and more. FREE barn tours with Brother Arnold; wagon rides, herb garden tours, craft demonstrations. Shaker herbs and local crafts for sale. Live bluegrass music and lunch plates for sale.
(207) 926-4597 | maineshakers.com

Sac River Farms
24 Weeman Road, Steep Falls
Hours: 10 a.m. to 3 p.m.
Milking & other demonstrations, cheese and other product sampling, farm tours and discussion, meet the goat Kids!
(207) 642-9090 | sacoriverfarms.com

Smiling Hill Farm
781 County Road, Westbrook
Hours: 11 a.m. to 3 p.m.
(207) 775-4818 | smilinghill.com

Spring Brook Farm And Market
168 Greely Road, Cumberland
Hours: 9 a.m. to 5 p.m.
We are a small diversified family farm in the heart of Cumberland since 1820. We have beef cows, pigs, chickens, turkeys, berries and lots of vegetables. There will be lots of animals to see up close, horse drawn wagon rides through the fields, and homemade treats & refreshments available.
(207) 400-7999 | twocovesfarm.com

Underhill Fibers
50 Wilson Road, Gorham
Hours: 10 a.m. to 3 p.m.
The Underhill Fibers building includes a working family farm that is outside the farm building and a handspinning mill. The farm enterprise includes sheep, goats, and rabbits. The fiber farm is currently raising fiber for their own use, producing a variety of yarns, and offering纺纱课程. Visit the farm and see the process of raising and processing wool and fibers for clothing and other products.
(207) 645-7042 | dreaminfahm.com

Sweet Relief Farm
33 Florence Lane, Steep Falls
Hours: 10 a.m. to 3 p.m.
Tours every hour, of our certified organic vegetable gardens and shitake mushroom production, sustainable and permaculture techniques such as the use of permanent beds, companion planting, unique crop rotation, Jadam fertilizers, and oak log mushroom cultivation. Educational handouts available. Discount coupons available to shop our products at the Steep Falls Farmers Market on Saturdays.
(207) 675-3410 | sweetrelieffarm.com

Tir Na Nog Farm
44 Leighton Road, Pownal
Hours: 10 a.m. to 4 p.m.
Tours include permaculture plots, Slovenian beekeeping, restorative soil management, post-peak oil farming. Herbs and local crafts for sale.
(207) 749-8321 | mainecelt.weebly.com

Two Coves Farm
90 Neils Point Road, Harpswell
Hours: 10 a.m. to 3 p.m.
We will offer tours, discuss production methods and rotational grazing. Also we will have several sheep dog herding demonstrations throughout the day.
(207) 671-1632 | sbfarmandmarket.com

Wilton Blueberry Farm
83 McLaughlin Road, E. Wilton
Hours: 8 a.m. to 4 p.m.
The Wilton Blueberry Farm welcomes the community to pick beautiful highbush blueberries. No backbreaking raking, all our berries are at just the right height. Fresh, luscious, delicious, and beautiful. We will be available to answer questions about how to make your backyard bushes more productive. All ages welcome.
(207) 645-2128 | janmariegcollins57@gmail.com

Birds Of A Feather Emu Farm
171 Savage Road, Farmington
Hours: 10 a.m. to 3 p.m.
our of emu farm, sample of meat and emu oil based products.
(207) 212-2679 | birdsoafeatheremufarm.com

Black Acres Farm
105 Cemetery Road, Wilton
Hours: 9 a.m. to 3 p.m.
Hay ride tours through a rotational, grass-fed beef grazing operation, Sap house and sugar bush tours. Farm product tasting (honey, syrup, beef and pork). Ability to purchase all products at our on-site farm store. Bring the kids, come join the fun and experience a real Maine working farm.
(207) 491-5443 | facebook.com/blackacres.farm

Dreamin Fahm
1244 Main Street, Wilton
Hours: 7 a.m. to 4 p.m.
Tour of Farm, questions and answers, and products for sale.
(207) 645-7042 | dreaminfahm.com

Franklin

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Tour of Farm, questions and answers, and products for sale.
(207) 645-7042 | dreaminfahm.com

Wilton Blueberry Farm
83 McLaughlin Road, E. Wilton
Hours: 8 a.m. to 4 p.m.
The Wilton Blueberry Farm welcomes the community to pick beautiful highbush blueberries. No backbreaking raking, all our berries are at just the right height. Fresh, luscious, delicious, and beautiful. We will be available to answer questions about how to make your backyard bushes more productive. All ages welcome.
(207) 645-2128 | janmariegcollins57@gmail.com
**HANCOCK**

**Lone Spruce Farm**
306 Bald Mountain Road, Dedham
Hours: 10 a.m. to 3 p.m.
Lots of family fun, activity stations and demos! Our stand will be open and well stocked so you can bring home your own piece of the Spruce!! We can’t wait to connect with you on this fun day! (207) 570-8925 | facebook.com/lonesprucefarm/

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**Rabbit Hill**
148 Barbours Farm Road, Stonington
Hours: 10 a.m. to 5 p.m.
Certified organic farm, cider orchard, and rabbitry. Home to Deer Isle Cider Co., & Cheryl Wixson’s Kitchen. Schedule: 10 a.m. - 2 p.m.: farm tour & workshops, chowder lunches; 2 - 3 p.m.: Shore walks, dig clams, explore the land; 4 - 5 p.m.: Wine tasting; 5 - 8 p.m.: Potluck & music. Contact us FMI! (207) 367-5003 | cherlywixsonskitchen.com

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**Seal Cove Farm**
202 Partridge Cove Road, Lamoine
Hours: 10 a.m. to 5 p.m.
Come visit the goats, learn about the cheesemaking operation, Wood fired pizza available. (207) 667-7127 | mainegoatcheese.com

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**Shalom Orchard Winery**
158 Eastbrook Road, Franklin
Hours: 10 a.m. to 3 p.m.
Music, wine & cider tasting, spinning & weaving demonstrations, sheep herding demonstrations. (207) 565-2312 | shalomorchard.com

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**The Good Life Center At Forest Farm**
372 Harborside Road, Harborside
Hours: 10 a.m. to 3 p.m.
Visit the historic homestead of Helen and Scott Nearing, authors of The Good Life. Tour the house, gardens and yurt. Demonstrations and workshops will be given throughout the day. Visit our website for more information. (207) 326-8211 | goodlife.org

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**Wheaton Mountain Farm**
138 Ledgewood Drive, Buckport
Hours: 9 a.m. to 6 p.m.
Display gardens, hike with goats, soap making, milking demo, onsite camping, rabbitry & hatchery tours, wild food foraging. It’s a little mountain and we are at the peak... so keep climbing! No long buses or campers due to roadway. Vans and small buses welcome. Group tours are available and lead hourly—contact us FMI. (207) 745-8821 | mainehomesteadmagazine.com

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**KENNEBEC**

**Applewald Farm**
525 Huntington Hill Road, Litchfield
Hours: 9 a.m. to 6 p.m.
We will offer tours of the cider mill and the farm fields. Guests can participate in a potato digging demonstration and the children’s play area and mini farm museum will be open. (207) 268-9276 | applewaldfarm.com

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**Butting Heads Farm**
281 Costello Road, Gardiner
Hours: 9 a.m. to 3 p.m.
Butting Heads Farm is a small family farm. We understand the desire to be a farmer while holding a real” job. Come visit our goats, pigs, cows and chickens. Check out our new farm store and ask all the questions you want. (207) 462-1637 | buttingheadsfarm@yahoo.com

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**Fieldstone Gardens, Inc**
55 Quaker Lane, Vassalboro
Hours: 10 a.m. to 3 p.m.
We are a primary resource for avid gardeners looking for special perennial plants. Our plant listing is extensive. We carry a large assortment of annuals, 10 acres of gardens, a 250-acre sustainable tree farm, apple orchard, lilac collection, retail store, fields and ponds. (207) 923-3836 | fieldstonegardens.com

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**Friends’ Folly Farm**
319 Norris Hill Road, Monmouth
Hours: 10 a.m. to 3 p.m.
Come meet the Angora fiber goats. Tour the fiber mill and see how raw fleeces are turned into roving, rug yarn, and felted goods. Spinning, goat care and handling, and draft goats demos throughout the day.

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There is a small warren of meat rabbits. Farm and vintage goods store are in a 30-foot modern yurt. (207) 632-3115 | friendsfollyfarm.com

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**Hart-To-Hart Farm & Education Center**
16 Duck Pond Lane, Albion
Hours: 10 a.m. to 4 p.m.
Spend the day exploring our farm, learning and understanding first-hand our important mission. Family owned and operated organic dairy farm milking between 50-60 Holsteins and Jerseys. We offer day camp programs, educational programs and quality products. Find our milk under the Organic Valley Family Farm, or in Stonyfield products. (207) 437-2441 | hart2hartfarm.org

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**Lakeside Orchards**
318 Readfield Road, Manchester
Hours: 10 a.m. to 4 p.m.
Wagon rides at 10:00, 12:00, and 2:00 of our apple orchards. Tour our vegetable plots and hoop houses, and wander through sunflower fields. Take a photo with our farm tractors. Have a picnic in our meadow and listen to live music for part of the day. Sample our apple cider donuts and fresh fruit smoothies. (207) 622-2479 | lakesideorchards.com

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**Misty Acres Alpaca Farm**
3071 West River Road, Sidney
Hours: 10 a.m. to 3 p.m.
Come and see why alpacas are often called “Gold of the Andes.” We are a full service farm with quality genetics, exceptional breeding stock, fiber animals and finished alpaca products at our farm store. We are a mentor farm for raising alpacas and will work diligently with you in your new venture! (207) 547-2268 | mistyacresalpaca.com

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**Supporting Maine Farmers SINCE 1950**

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**Misty Brook Farm**
156 Bog Road, Albion
Hours: 10 a.m. to 3 p.m.
Tours around farm, visits with Jersey dairy cows, calves, sheep and pigs. Learn about our certified organic farm. The crops are the breath of the farm and the animals are the heartbeat! We will be offering food and beverages for purchase in addition to what we offer in our Farm Store (frozen meats, cured meats, eggs, dairy, grains and beans).
(207) 620-0917 | mistybrook.com

**Old Haven Farm**
159 Togus Road, Chelsea
Hours: 10 a.m. to 4 p.m.
Farmer-led and self-guided tours. See lambs in fields with mamas, watch the pigs in pasture paddocks in our woods. See where the vegetables are grown. Get to know the farmers better and to see what we do here at Old Haven Farm. Farmstore open. Store is accessible, but the crop areas are a walk.
(207) 933 8184 | mainemilkhouse.com

**The Milkhouse Dairy Farm & Creamery**
445 South Monmouth Road, Monmouth
Hours: 10 a.m. to 3 p.m.
Folks will be able to visit our farm, take a tour, visit our farm stand, purchase the food we make at our farm: yogurt, eggs, meat, milk etc. and we will have free samples of food.
(207) 933 8184 | mainemilkhouse.com

**Winterberry Farm**
538 Augusta Road, Belgrade
Hours: 10 a.m. to 5 p.m.
Horse and oxen powered, diversified, certified organic forever farm. Tours and demonstrations of bee hives and animal power, vegetable and flower gardens. The farm store and café open with farm products for sale, including wood fired pizza and ice cream. Bring a picnic blanket and have your lunch on our farm lawn.
(207) 649-3331 | winterberrymarketstand.com

**KNOX**

**Appleton Creamery**
780 Gurneytown Road, Appleton
Hours: 11 a.m. to 4 p.m.
Meet the goats, tour the farm, see where the cheese is made, sample cheese! Other vendors will be joining us, including bread, goats milk soap, ice cream, and pizza from the outdoor pizza oven!
(207) 785-4430 | appletoncreamery.com

**Brae Maple Farm**
233 North Union Road, Union
Hours: 10 a.m. to 3 p.m.
Tour MOFGA certified market gardens. Master Gardener Volunteers celebrate 21 years of growing vegetables for ‘plant-a-row for the hungry’. Learn more about their unique garden types. Demonstrations of woodturning, spinning, and building twig fences. The Knox-Lincoln Beekeepers will answer beekeeping questions. Music by Playin’ Possum. Sample herbal refreshments. Kids activities throughout the day.
(207) 785-4978 | Aasmith@tidewater.net

**Herbal Revolution**
410 N Union Road, Union
Hours: 10 a.m. to 3 p.m.
Tours and talks on our MOFGA certified organic medicinal herb gardens and vegetables. Learn how they’re used in our herbal products. We will have a pop-up stand, and will be offering samples of products and tea. Feel free to stop by and walk the farm, visit our cashmere goats or join in on a tour.
(207) 713-0856 | herbalrev.com

**ME Water Buffalo Co.**
232 Old County Road, Appleton
Hours: 11 a.m. to 4 p.m.
Come see where the water buffalo roam in Appleton! Meet the buffalo, feed the pet goats, sheep & lambs & learn about our farm. Bring your own lunch to enjoy a picnic on the lawn. Visit our farm store for water buffalo cheeses, yogurt & gelato, buffalo tallow products, buffalo meat & whey fed pork.
(207) 785-6493 | mewaterbuffaloco.com

**Seacolors Yarnery**
At Meadowcroft Farm
45 Hopkins Road, Washington
Hours: 10 a.m. to 3 p.m.
Only Polwarth sheep in the Americas. Fine wool (for no itch Apparel) and the ONLY solar dye system that makes Small Batch Yarns, One of a Kind Sweaters, and Limited Edition Blankets. Working dogs include herding and guarding for humane predator control. Deep discounts on REAL Maine Blankets!
(207) 845-2587 | getwool.com

**Terra Optima Farm**
980 Gurney Town Road, Appleton
Hours: 10 a.m. to 3 p.m.
Ask us questions at our various livestock and vegetable production areas, learn about our conventional and permaculture growing techniques. See our breeding-stock of Kune Kune grazing pigs. A beekeeper will discuss the value of our bees to neighboring farms. Tours our woollot, used for silvopasturing of cattle and hogs.
(207) 975-9834 | cheryliden25@gmail.com

**Turner Farm LLC**
73 Turner Farm Road, North Haven
Hours: 10 a.m. to 2 p.m.
Learn about intensive organic agricultural production on the island. Guided tours available throughout the day. See the gardens, high tunnels, greenhouses, and visit the Farm Stand for fresh produce from the farm, fresh made deli selections and small grocery items. Eat lunch on the beach or near the barn viewing the Fox Islands Thoroughfare.
(207) 867-4962 | turner-farm.com

**Lincoln**

**Barred Owl Creamery @ Hamilton Farm**
6 South Foules Lane, Whitefield
Hours: 10 a.m. to 3 p.m.
Tour the farm, meet the animals, watch cheese being made, stop in to the farm store for some of our farmstead cheese, wool products (sheepskins, pillows, yarn & dryer balls), canned goods, fresh veggies & baked goods.
(207) 549-5497 | hamiltonfarm.wordpress.com

**Beau Chemin Preservation Farm**
1749 Finntown Road, Waldoboro
Hours: 10 a.m. to 3 p.m.
MOFGA certified organic you-pick raspberries are for sale. See rare, heirloom & endangered breeds of sheep, goats, draft horse, and ducks. Ask us about them! Antique spinning wheels and fiber processing tools on display. Raw sheep fleece, roving, yarn and felt wearables for sale.

A farm tour map and many explanatory signs facilitates visits.
(207) 691-8164 | beaucheminfarm.com

**Cape Newagen Alpaca Farm**
1020 Hendricks Hill Road, Southport
Hours: 10 a.m. to 4 p.m.
Enter our raffle, view spinning demos, and tour our farm on picturesque Southport Island, just outside Boothbay Harbor. Learn about our Maine-milled, hand crafted, and cooperatively made alpaca products for sale, year-round at our gift shop. FMI, please visit our website! 
(207) 633-0416 | capenewagenfarm.com

**Copper Tail Farm**
293 Gentner Road, Waldoboro
Hours: 10 a.m. to 3 p.m.
Copper Tail Farm is an Animal Welfare-approved Goat Dairy that produces high-quality farmstead goat milk products, including cheese, yogurt, kefir, caramel sauce and soap. Visitors will be able to see the goats, tour the farm, and sample/purchase products.
(207) 729-5769 | coppertailfarm.com
Tours of the brewery and farm throughout the day. Guests will learn about what we grow and how we produce our farmhouse ales. The tasting room and two outdoor seating areas will also be open to the public.

(207) 790-8406 | oddalewives.com

**Pumpkin Vine Family Farm**
217 Hewett Road, Somerville

**Hours:** 10 a.m. to 3 p.m.

**Goat dairy and farm education center. Tours of goat kids in the barn, and working goats in pasture. See where we milk goats, make and age cheese. Shop our Farmer’s Market (11-3) and enjoy our picnic area. Activities for children, and learn about our farm camp.**

(207) 549-3096 | pumpkinvinfamilyfarm.com

**TLC Fiber Farm**
40 Horscents Lane, Waldoboro

**Hours:** 10 a.m. to 4 p.m.

**Tours available of the farm.**

(207) 465-8106 | revkvev@gmail.com

**The Morris Farm**
156 Gardiner Road, Wiscasset

**Hours:** 10 a.m. to 3 p.m.

**Master and community gardeners will display their garden effort to donate to local food pantries, and answer horticulture questions. Bring the kiddos to plant seeds, taste edible flowers, and learn! Meet the farmer, shop local products at the store, and market!**

(207) 862-4080 | morrisfarm.org/10+

**OXFORD**

**A Wrinkle In Thyme Farm**
106 Black Mountain Road, Sumner

**Hours:** 10 a.m. to 3 p.m.

**Tour of farm projects: greenhouse, summer kitchen, farm store, lambs in field, wet felting and needle felting projects.**

(207) 212-4058 | awrinkleinthymefarm.com

**No View Farm, Inn & Bakery**
855 S Rumford Road, Rumford

**Hours:** 10 a.m. to 3 p.m.

**We will provide tours of our hugelkultur style garden beds, greenhouses, inn and more. We will provide baked good samples. Cafe will be open to purchase local foods.**

(207) 364-6300 | noviefarm.com

**MaineArk Farm**
462 North Road, Patten

**Hours:** 10 a.m. to 3 p.m.

**We will be offering free samples of our Heartstone Farm “grazed in Maine” burgers. Visitors will get a chance to learn what grass fed beef is all about - how we rotationally graze our herd.**

(207) 635-0530 | Mainearkfarm@gmail.com

**Heartstone Farm**
471 Flat Road, Bethel

**Hours:** 11 a.m. to 4 p.m.

**See, touch, and feed our Cormo, Gotland and Icelandic sheep. Learn the difference between alpacas and llamas. See the chickens “free range” and learn why they are important on the farm. Weather permitting, we’ll have dye pots going to demonstrate natural dyeing. Our farm store will be open featuring breed specific yarn from our animals.**

(207) 381-0267 | MEfiberfarm@gmail.com

**The Thurston Farm**
61 Route 232, Rumford

**Hours:** 10 a.m. to 3 p.m.

**Wagon tours of the farm and pastures to learn how their food is raised. Interact with our farm animals and ask questions about their care and husbandry. Learn where to buy our farm products, and about the Maine Food Atlas.**

(207) 256-2923 | TheThurstonFarm.com

**PENOBSCOT**

**Foxgreen Farm**
527 N Howland Road, Howland

**Hours:** 12 a.m. to 5 p.m.

**Tour our high tunnel greenhouse, vineyards and fields, visit with the piglets and over a hundred laying hens. Permaculture them with everything we do. Looking for a unique cold hardy fruiting plant? We have them. Honeyberries, lingonberries, and more.**

(207) 212-2468 | foxgreengroup@gmail.com

**Sunflower Farm Of Bethel**
471 Flat Road, Bethel

**Hours:** 10 a.m. to 3 p.m.

**Bring the kiddos to plant seeds, taste edible flowers, and learn! Meet the farmer, shop local products, and about the Maine Food Atlas.**

(207) 465-8106 | heartstonefarm.me

**Treworgy Family Orchards**
3876 Union Street, Levant

**Hours:** 12 a.m. to 4 p.m.

**Gather with friends and family to experience real Maine agriculture first hand. Demonstrations, pet goats and lambs, cut-your-own bouquet, free hayride, and pick blueberries. Lunch for sale at our farmstore. Enjoy Maine’s longest running corn maze, voted best in the country by USA Today readers. Visit our Facebook page for more details.**

(207) 684-8354 | treworgyorchards.com
PISCATAQUIS

Ripley Farm
62 Merrills Mills Road, Dover Foxcroft
Hours: 10 a.m. to 3 p.m.
Love gardening, but don’t have time to do it all? Connect with us, and learn where your food comes from! See our 5 acres of organic vegetables that look and taste delicious! Farmer Gene shows crops, high tunnels, and essential tools. Mary Margaret greets, answers questions, and helps select veggies and flowers to buy.
(207) 564-0563 | ripleyorganicfarm.com

Turning Page Farm
842 N. Guilford Road, Monson
Hours: 11 a.m. to 3 p.m.
Tours of Farmland, cheese making facility and brewery. We will provide visitors a chance to meet our dairy goat herd.
(207) 997-3424 | turningpagefarm.com

Worcester’s Wild Blueberries
356 Lyford Road, Orneville Twp
Hours: 11 a.m. to 2 p.m.
Visitors will see the harvesting and the processing of blueberries. Blueberries, jams, jellies, syrup & salsa available to buy. Take first right on Rt. 11 (Lyford Rd.) We are 1.4 miles on the left at the top of the hill. Our farm stand is at the foot of the driveway.
(207) 943-8804 | wildblueberryproducts.com

SAGADAHOC

Apple Creek Farm
448 Millay Road, Bowdoinham
Hours: 10 a.m. to 3 p.m.
You’ll be able to meet your farmers, see the animals, take a tour and taste our delicious farm products! Children’s activities, farm store and pop-up cafe. Please, no dogs. The farm is also participating in Bowdoinham’s Open Farm Day.
(207) 948-3022 | applecreekfarm.me

Rock Bottom Farm
565 Brunswick Road, Richmond
Hours: 10 a.m. to 3 p.m.
We raise a registered Nigerian Dwarf dairy goat herd, flock of chickens, small-scale fruit and vegetable gardening, and value food waste reduction at home We will offer a tutorial on our composting projects and vermiculture, and help visitors learn about raising dairy goats and a healthy flock of chickens. Be sure to bring the family to learn, and have fun–our goats will be ready to meet you!
(207) 891-8022 | mel.hackett@gmail.com

Tender Soles Farm
453 Main Street, Richmond
Hours: 10 a.m. to 3 p.m.
We are an organic horse powered farm outside of downtown Richmond. See horses, and how we use them farming and low impact forestry. Buy our produce and seedlings, and maple syrup, dairy and eggs from area farms at our farmstand. Tour our crops, small orchard, tunnel and hoop house for season extension.
(207) 887-9702 | tenderssolesfarm.com

Whatley Farm
3 Whatley Farm Road, Topsham
Hours: 10 a.m. to 3 p.m.
Come hang out with us at our farm! We will have open greenhouse from 10-11, a walking farm tour at 11, and acoustic music jamming from 1-3 (bring an instrument or hang out and listen).
(207) 844-0381 | whatleyfarm.com

SOMERSET

Bag End Suri Alpacas Of Maine, LLC
226 Snakeroot Road, Pittsfield
Hours: 10 a.m. to 4 p.m.
Visit the farm and meet the fiber animals that make our yarn! We specialize in the rare Suri alpaca, but have several breeds of sheep on the farm, along with goats, burros, poultry, pigs and more. Shop our home grown and hand dyed yarns, and everything alpaca in our store.
(207) 660-5276 | bagendsuris.com

Balfour Farm
461 Webb Road, Pittsfield
Hours: 11 a.m. to 4 p.m.
Visit our off-grid diversified organic dairy! Come see the cows and taste our cheeses! We will feature neighboring farms, Eureka, Outland, and Waggin’ Tail, and their products. Pittsfield Fire Dept’s will sell hamburgers and hot dogs. 60-minute, formal tours at 11am, 1pm and 3pm.
(207) 213-3159 | balfourfarmdairy.com

Runamuk Acres Conservation Farm
344 School Street, New Portland
Hours: 10 a.m. to 3 p.m.
Tours of gardens, wildflower meadow walks, and apiary demonstrations.
(207) 858-5678 | runamukacres.com

The Apple Farm
104 Back Road, Fairfield
Hours: 10 a.m. to 3 p.m.
We will have wagon rides into the orchard, discussions about apple varieties, growing methods and new projects on the farm including our solar electric system.
(207) 453 7656 | applefarm.us

WALDO

Ellie’s Daylilies & Serendipity Shop
11 Rogers Road, Troy
Hours: 10 a.m. to 3 p.m.
We will demonstrate digging, dividing and planting the root of the Daylily. We will have handouts for this and include time for questions regarding landscaping with Daylilies. Cold drinks and cookies available. Potted plants for sale as well.
(207) 948-2101 | elliesdaylilies.com

Northern Solstice Alpaca Farm, LLC
141 Crosby Brook Road, Unity
Hours: 10 a.m. to 4 p.m.
We have a SPECIAL day in store for all of our visitors! Farm tours, see our 35 beautiful alpacas. Shop our retail store with variety of alpca yarn, socks, shawls, coats, teddy bears and more! Enjoy a self-guided tour with our educational tour boards to learn about these amazing creatures.
(207) 356-4146 | mainealpacaexperience.com

Royer Valley Farm
124 Valley Road, Brooks
Hours: 3 p.m. to 5 p.m.
Saturday 8 a.m. to 5 p.m. Sunday 3 p.m. to 5 p.m. Livestock is the foundation of our business all grown with a high level with sustainability and natural farming practices. See, shop and tour our diversified livestock farm growing meat rabbits, poultry, and hogs. We welcome people to our farm with as much transparency as possible, while maintaining biosecurity.
(207) 449-8196 | royervalleyfarm@yahoo.com

Springdale Farm
165 Birches Road, Waldo
Hours: 10 a.m. to 3 p.m.
We will be hosting a pasture walk, have baby calves and cows to view and pet, tractors to view and cheese to sample and buy. We will also have a display of the history of our farm.
(207) 342-5135 | springdalejerseys.com

Toddy Pond Farm
174 Carver Road, Monroe
Hours: 11 a.m. to 3 p.m.
Visitors are welcome to tour and visit our cows, sheep, pigs, goats, chickens and honey bees. Maps of the farm area provided. Buy our yogurts, cheese, fermented vegetables, salami, honey, ice cream sandwiches, pork, beef and chicken at our onsite farmstand; we will have our grill going with food for sale. Visit us on Facebook for updates.
(207) 249-3344 | toddypondfarm.com

WASHINGTON

Garden Side Dairy / Hatch Knoll Farm
29 Hatch Knoll Road, Jonesboro
Hours: 10 a.m. to 3 p.m.
Tour the farm, meet the animals, watch cheese being made, stop in to the farm store for some of our farmstead cheese, wool products, canned goods, fresh veggies & baked goods.
(207) 434-2674 | hatchknoll.com

Itty Bitty Farm
980 Us Hwy 1, Columbia Falls
Hours: 10 a.m. to 3 p.m.
Farm tours, discussion of how we started with three 4’x6’ garden boxes and built it into a small, working farm/business. Also, discussion about our animals and what goes into raising and breeding them.
(207) 266-9134 | www.facebook.com/IBFMaine/

Tide Mill Organic Farm
40 Tide Mill Road, Eddmunds Twp
Hours: 10 a.m. to 3 p.m.
Three generations of Bells produce organic milk and dairy products, meats and produce, practice sustainable forestry. Come learn, pet calves and baby chicks. Learn about our organic, holistic approach to farming and growing nourishing food.
(207) 733-4756 | tidemillorganicfarm.com
**Blueberry Hill Farm**
231 Blueberry Hill Farm Road, Acton
**Hours:** 10 a.m. to 3 p.m.
We will have a variety of blueberry baked goods to sample. Free printed recipes to take home. Farm animals to visit. Farm tours. Pick your own blueberries to take home!
(207) 457-1151 | blueberryhillfarm.us

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**Eastcoast Alpacas**
69 Mountain Road, Biddeford
**Hours:** 1 p.m. to 5 p.m.
Saturday 10am-5pm and Sunday 1pm-5pm. Tours showcasing our award-winning alpacas. We teach visitors about all aspects of the wonderful alpaca, their fiber, and the products we make. The products we make will be offered for sale and you can stock up with gifts for the whole family. Buy grain to feed the alpacas, or purchase a trek with an alpaca!
(207) 590-5630 | eastcoastalpacas.com

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**Ewe & I Farm**
286 Arundel Road, Kennebunkport
**Hours:** 10 a.m. to 3 p.m.
Self-guided tours of the many gardens and pastures. Interaction with our farm animals is encouraged! Hand-spun and mill-spun yarns, fiber, and hand-knit and -woven products for sale. Demo of a bee hive’s inner workings, an explanation of growing microgreens and ongoing spinning demos.
(207) 468-1344 | eweandifarm.com

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**Ferment Farm**
406 Hanson Ridge Road, Springvale
**Hours:** 10 a.m. to 3 p.m.
Meet us along the Springvale Farm Walk where you can learn more about our orchard, farm and plans to sell fresh cider! We are a new farm in the community, selling fresh cider and apple cider caramels during Fall Harvest. We will have samples!
(207) 254-9416 | fermentfarm.com

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**Frinklepod Farm**
244 Log Cabin Road, Arundel
**Hours:** 10 a.m. to 3 p.m.
Learn how we grow organic vegetables, herbs, and flowers on 4 acres. Take a farmer-led tour, watch a cooking demo, and make your own fresh cut flowers bouquet. Check out our farm store, which features our own produce, locally-made food and gift items, hot coffee, drinks, baked goods, and grab & go lunch foods.
(207) 289-5085 | frinklepodfarm.com

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**Lana Plantae Farm & Yarns**
301 Long Plains Road, Buxton
**Hours:** 10 a.m. to 4 p.m.
We welcome you to our alpaca and sheep farm for a day of fiber arts. Visit with our animals and learn about wool. We will have spinning, carding and felting demonstrations along with our specialty - natural dyes. See what colors we can create with native plant species. Beautiful and soft naturally dyed yarn for sale.
(207) 710-9533 | lanaplantae.com

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**Leary Farm, Inc.**
269 Flag Pond Road, Saco
**Hours:** 10 a.m. to 3 p.m.
We are a multigeneration family farm, diversified vegetable grower, packer and processor. We also have a small dairy herd and sell raw milk; a sustainably harvested wood lot, sawmill and a firewood processor. Visitors will be able to see the field operations, vegetable packing facility and dairy barn, and visit our farm stand.
(207) 807-2839 | tim@learyfarm.com

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**Maple Moon Farm, LLC**
289 Chick Road, Lebanon
**Hours:** 10 a.m. to 3 p.m.
We are a small diversified farm that utilizes sustainable growing practices, and enjoys sharing our work and space with visitors and Airbnb guests alike. Come, discover how maple syrup is made, pick your own blueberries, learn about the important functions of honeybees in our gardens and berry patches, and enjoy the chickens roaming about.
(207) 376-3032 | maplemoonfarm.com

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**Mighty Oaks Farm**
84 Newfield Road, Shapleigh
**Hours:** 10 a.m. to 3 p.m.
Visit our small, low impact, family farm. See how you can successfully raise your own egg layers, pigs and meat birds while improving your land. Tour of pasture raised meat birds, woodland raised pork, gardens and our poultry processing. Ask us how and what we do to create a healthy place to live and grow.
(207) 459-0336 | mightyoaksfarmmaine.com

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**Our Farm**
377 Hanson Ridge Road, Springvale
**Hours:** 8 a.m. to 3 p.m.
Our farm is part of the Farm Trail Walk. Participants have access to 4 miles of trail connecting farms in our area. Hike or bike through fields, pastures and woods to experience the diverse operations in Springvale. Seasonal produce, cold drinks and frozen meats will be for sale.
(207) 850-1657 | ourfarm.business.site

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**Prospect Hill Winery**
318 Orrills Hill Road, Lebanon
**Hours:** 12 a.m. to 3 p.m.
Join us for vineyard tours, grape growing techniques, equipment displays and tastes of our award winning white, Rosé and red wines. You’ll learn more about the process of wine making and wine will be available for purchase in the tasting room.
(207) 651-9335 | prospecthillwines.com

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**Rivard Farm**
1811 Foxes Ridge Road, Springvale
**Hours:** 10 a.m. to 3 p.m.
Rivard Farm is a pick your own high bush blueberry and raspberry operation. On Open Farm Day, we will be open for business and will be one of ten farms participating in the Springvale farm walk. A farmstand will offer berries, vegetables, eggs, jams, pickles and relishes.
(207) 324-5566 | rivardfarm.wordpress.com

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**Sea Hill Farm Alpacas, LLC**
621 Haley Road, Kittery Point
**Hours:** 10 a.m. to 4 p.m.
Visit our alpacas, Shetland sheep, donkeys, & ducks. Learn about raising these animals as well as how luxurious fiber is used for yarn, roving & felting. Shop our handmade products & RedMaple Sportswear alpaca apparel & accessories.
(207) 752 7148 | seahillfarm.com

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**The Noon Family Sheep Farm**
78 Sunset Road, Springvale
**Hours:** 10 a.m. to 3 p.m.
An animal stop on the Springvale Farm Trail. Organic Lamb sausage, sheep, llama, horses, chickens, vegetables, sheep’s milk cheeses, wool, yarn, sheepskins.
(207) 432-3708 | cannonsatnoonfarm.com

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**Elf-Paca Meadows**
45 Libby Road, Newfield
**Hours:** 9 a.m. to 3 p.m.
Alpaca products available, questions and answers about alpacas and alpaca farming.
(603) 817-0356 | elfpacameadows.com

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**Visit 9 Farm Creameries**
Maps & Details at: midcoastcheesestrail.com
Maine has some of the best agricultural fairs in New England! If you want to know more about Maine’s great agricultural fairs, visit maine.gov/dacf for the latest news and information.

MONMOUTH FAIR
Monmouth
June 13–June 16

NORTHERN MAINE FAIR
Presque Isle
June 28–July 3

HOULTON FAIR
Houlton
July 4–July 7

OSSIPEE VALLEY FAIR
South Hiram
July 11–July 14

WATERFORD WORLD’S FAIR
North Waterford
July 19–July 21

PITTSTON FAIR
Pittston
July 25–July 28

BANGOR STATE FAIR
Bangor
July 25–August 3

TOPSHAM FAIR
Topsham
August 6–August 11

SKOWHEGAN STATE FAIR
Skowhegan
August 8–August 17

UNION FAIR
Union
August 17–August 24

MAINE FARM DAYS
Clinton
August 21–August 22

ACTON FAIR
Acton
August 22–August 25

PISCATAQUIS VALLEY FAIR
Dover-Foxcroft
August 22–August 25

WINDSOR FAIR
Windsor
August 25–September 2

BILL HILL FAIR
Blue Hill
August 29–September 2

HARMONY FAIR
Harmony
August 30–September 2

SPIRIT FAIR
Springfield
August 31

CLINTON LIONS AGRICULTURAL FAIR
Clinton
September 5–September 8

LITCHFIELD FAIR
Litchfield
September 6–September 8

OXFORD COUNTY FAIR
Oxford
September 11–September 14

NEW PORTLAND LION’S FAIR
New Portland
September 13–September 15

FARMINGTON FAIR
Farmington
September 15–September 21

COMMON GROUND FAIR
Unity
September 20–September 22

CUMBERLAND FAIR
Cumberland
September 22–September 28

FRYEBURG FAIR
Fryeburg
September 29–October 6

Fryeburg Fair 2019
September 29 - October 6, 2019
8 Full Days • Sunday to Sunday

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Midway & Rides
Campsites

www.fryeburgfair.org
OPEN FARM DAY SURVEY

We invite you to complete this optional survey to help host farms receive visitor feedback. You may also complete an online version:

What was your favorite part of Open Farm Day?

How many farms did you visit?

How would you rate your experience?
Fill in the stars: (1 to five stars)

★ ★ ★ ★ ★

How many years have you attended Open Farm Day?

First time  2-4 Years  5-6 Years
7-10 Years  11+ Years

How many people were participating in Open Farm Day with you?

What are the ages of the people in your participating group?

Under 10  11-18  19-25
26-35  36-50  51-60  61+

Would you care to share your zip code?

Approximately how much did you spend at Open Farm Day?

0-$10  $11-20  $21-30
$31-40  $41-50  $50+

Send completed paper surveys to: get real, get Maine! Open Farm Day Survey, 28 State House Station, Augusta, ME 04333-0028

Thank you

Join us for the 2019 Maine Harness Racing Season!

Maine Harness Horsemen’s Association  Maine Standardbred Breeders and Owners Association
Maine Harness Racing Commission  maine.gov/dacf/harnessracing

Maine Harness Racing
Acadia Farmers’ Market in Town Hill
Town Hill, next to the bank and fire station
Fridays 3-6, June to Late September

Auburn Farmers’ Market
Across from Festival Plaza
Wednesdays 4:30-7:30, late June-September

Augusta - Beyond Borders @ Viles Arboretum
153 Hospital Street
Fridays 12-3, June-October

Augusta Farmers’ Market at Mill Park
At the former Edwards Mill site, downtown along the Kennebec River
Tuesdays 2-6, May -Thanksgiving

Bangor Farmers’ Market
Abbot Square, across from the Bangor Public Library
Sundays, 11-1:30, Late April - late Nov.

Bangor - Ohio Street Farmers’ Market
Bangor Grange Hall
Wednesdays 2-6, mid-May to mid-October

Bangor - European Market
Sunyside Greenhouse, 137 Buck Street
Saturdays 8:30-12:30, Year-round

Bar Harbor Eden Farmers’ Market
YMCA parking lot, Main St. and Park St.
Sundays 9-12, mid-May through October

Bath Farmers’ Market
Waterfront Park on the Kennebec River, 100 Commercial Street.
Saturdays 8:30-12, May - October

Bayside Farmers’ Market
Waterfall Arts, 256 High Street.
Fridays 9-1, April - October

Belfast - United Farmers’ Market
of Maine
18 Spring Street
Saturdays 9-2, Year-round

Belgrade Lakes Market
Maine Lakes Resource Center, 137 Main Street
Sundays 8-1, June 16th - mid September

Bethel Farmers’ Market
On the greenspace next to the Norway Savings Bank, 1 Park Street
Saturdays 9-1, late May to mid-October

Biddeford - Saco River Market
Pepperell Center Event Space 40 Main Street
Saturdays 9-12:30, October-May

Blue Hill Farmers’ Market
at Blue Hill Fairgrounds
Rte. 172, 233 Ellsworth Road
Saturdays 9-11:30, May 25 - October 5

Boothbay Farmers’ Market
On the Town Commons, 1 Common Drive
Thursdays 9-12, May to October

Bowdoinham Farmers’ Market
Mailley Waterfront Park, 6 Main Street
Saturdays 8:30-12:30, May through October

Brewer Farmers’ Market
Brewer Auditorium parking lot, 318 Wilson Street
Saturdays 8:30-1, May through October

Bridgton Farmers’ Market
In front of the Bridgton Community Center, Depot Street.
Saturdays 9-1, May to Thanksgiving

Brooklin Farmers’ Market
In the parking lot between the church & the library, 4 Bay Rd (Rt. 175)
Thursdays 11-1, Late May to Columbus Day

Brooksville Farmers’ Market
In front of the Brooksville Community Center.
Saturdays 9-1, May to Thanksgiving

Brunswick Farmers’ Market
On the mall downtown, Maine Street
Wednesdays 8-2, May to Thanksgiving

Brunswick Landing Farmers’ Market
In the backyard green at Flight Dock Brewing, 11 Atlantic Ave.
Wednesdays 4-7, Late May - mid-September

Brunswick-Topsam Land Trust Farmers’ Market
Crystal Spring Farm, 277 Pleasant Hill Road
Saturdays 8:30-12:30, May through October

Bucksport Bay Farmers’ Market
In the Post Office parking lot, 99 Main Street
Thursdays 2-5, mid-May through October

Calais Farmers’ Market
Downtown, Main Street
Tuesdays 3-5, mid-June to mid-October

Camden Farmers’ Market
Old Tannery Site, 136 Washington Street (Rt 105)
Saturdays 9-12, May through October

Castine Farmers’ Market
Town Common, 1 School Street
Thursdays 9-11:30, June to September

Cumberland Farmers’ Market (CFMA)
Cumberland Town Hall Complex, 290 Tuttle Road
Saturdays 9-1, mid-May through October

Damariscotta Farmers’ Market (Monday)
The Rising Tide Parking Lot, 323 Main Street
Mondays 3-6, June through September

Damariscotta Farmers’ Market (Friday)
Damariscotta River Association, 108-110 Belvedere Road
Fridays 9-12, Mid-May through October

Danforth Farmers’ Market
50 Houlton Road
Fridays 9-1, Late June through October

Deer Isle Farmers’ Market
11 Main Street
Tuesdays 4-6, Late May through November

Dennysville - Denny’s River Farmers’ Market
Dennysville Edmunds Congregational Church Parish Hall, 15 King Street
Wednesdays 3-5, mid-June to late-September

Dexter Farmers’ Market
Bwrt’s Plants, 364 Corinna Road
Saturdays 12-3, mid-May through October

Eastport Farmers’ Market
Beside the Post Office, 7 Washington Street
Saturdays 11-1, late June through September

Ellsworth Farmers’ Market
Ellsworth Farmers Market (Monday, Thursday)
Maine Community Foundation parking lot, 245 East Main Street
Mondays & Thursdays 2-5:30

Ellsworth Farmers’ Market (Saturday)
Acadia Realty parking lot, 190 Main Street
Saturdays 9:30-12:30, May through October

Fairfield Farmers’ Market
Nazarene Church Parking Lot, 81 Main Street
Saturdays 9:30-1:30, Mid-May - October

Falmouth Farmers’ Market
Next to the ice rink and Walmart, 20 Hat Trick Dr.
Wednesdays 3-6, mid-May - September
Farmington - Sandy River Farmers’ Market
Between Better Living Center and Narrow Gauge Cinema, Front Street
Fridays 9-12:30, May through October

Farmington Farmers’ Market
The Courthouse parking lot, 129 Main Street
Saturdays 9-12, May through October

Gardiner Farmers’ Market
The Common, 1 U.S. Rt 201
Wednesdays 3-6, June through October

Greater Gorham Farmers’ Market
Route 114, 71 South Street
Saturdays 8:30-12:30, May through October

Greenwood Farmers’ Market
Old Greenwood Town Office, 270 Main Street
(Route 26) Locks Mill
Fridays 4-6, Year-round

Hallowell Farmers’ Market
Steven’s School Property, 2 Beech Street
Saturdays 9-1, May through October

Hampden Farmers’ Market
Town Office Parking Lot, 106 Western Ave
Fridays 2-5:30, mid-May to mid-October

Harrison Farmers’ Market
Route 117, between Depot St. and Tolman Rd.
Fridays 1-5, mid May to mid-September

Houlton Community Market
Market Square
Fridays 9-1, late May through October

Howland Farmers’ and Artisan’s Market
Bridge Street at the Ball Fields
Sundays 10-2, May through early October

Isleboro Farmers’ Market
Isleboro Community Center, 103 Pendleton St.
Wednesdays 10-1, mid-June - late August

Kennebunk Farmers’ Market
Garden Street Lot, 3 Wells Ct.
Saturdays 8-1, May to mid-September

Kittery Community Market
In the Post Office parking lot, 10 Shapleigh Rd.
Sundays 10-2, June to October

Lewiston – Kennedy Park Farmers’ Market
Kennedy Park, corner of Pine St & Bates Street
Tuesdays, 2-5 during the summer months

Lewiston Farmers’ Market at Bates Mill 5
Corner of Main and Lincoln Streets
Sundays 10-2, Late May to mid-October

Lincoln Farmers’ and Artisans’ Market
Town Square on Main Street
Fridays 10-2, Late June - mid October

Lubec Market
55 Water St.
Saturday 10-12, Memorial Day Weekend through October

Machias Valley Farmers’ Market
On the dike across from Helen’s Restaurant, 76 U.S. 1
Fridays 9-1, mid-May through October

Madawaska Farmers’ Market
188 Main Street
Wednesdays 10-4, May-October

Milbridge Farmers’ Market
Camden National Bank parking lot, 29 Main St.
Saturdays 9-12, Memorial Day to mid-September

Newport Farmers’ Market
Aubuchon Parking Lot, 83 Moosehead Trail
Fridays 1-6, Late May through October

Newport Farmers’ Market
Iron House Supplements, 134 Main Street.
Wednesdays 2:30-5:30, late May through early September

North Berwick Farmers’ Market
Town Hall parking lot, 21 Main St.
Fridays 3-6, May through October

North Haven Farmers’ Market
The Ball Field
Saturdays 8:30-11, May through October

Northeast Harbor Farmers’ Market
On the Green, Harbor Drive
Thursdays 9-12, late June to Late August

Norway Farmers’ Market
Witherell Park, 255 Main Street.
Thursdays 2-6, mid-May to early October

Ocean View Grange Farmers’ Market
Rt. 131 between Tenants Harbor and Port Clyde, 435 Port Clyde Road
Tuesdays 9-1, Late May-Mid October

Orono Farmers’ Market
University Steam Plant parking lot, College Ave.
Saturdays 8-12, May through Thanksgiving

Phillips Farmers’ Market and Faire
American Legion Post #64, 15 Depot St
Saturdays 9-1, Memorial Day to September

Pittsfield Farmers’ Market
Hathorn Park, across from the Church of the Nazarene, 200 Central Street
Mondays 2-6, May through October

Portland Farmers’ Market at Deering Oaks Park
Saturdays 7-1, April through November

Portland Farmers’ Market at Monument Square
1 Monument Square
Wednesdays 7-1, April through November

Presque Isle Farmers’ Market at Riverside
19 Riverside Drive
Saturdays 8:30-1, June–October

Province Lake Farmers’ Market
Edge Lake Farm, 1804 Province Lake Road
Sundays 10-2, Memorial Day Weekend to Columbus Day Weekend

Rangeley Area Farmers’ Market (Thursdays)
Intersection of Routes 4 & 16, downtown Rangeley
Thursdays 10-2, Mid-June through September

Rangeley Area Farmers’ Market (Tuesdays)
Sandy River Plantation, Intersection of Rt 4 & South Shore Drive
Tuesdays 11-2, June through early October

Rockland Farmers’ Market
In Harbor Park, just off Main St, right on the Public Landing
Thursdays 9-1, May through October

Saco Farmers’ Market
Saco Valley Shopping Center parking lot, 4 Scammon Street
Wednesdays 7-12, May through October

Sanford Farmers’ Market
At Central Park across from Town Hall
Saturdays 8-12, Early May to Columbus Day

Scarborough Farmers’ Market
In the Town Hall parking lot, 259 U.S. Route 1
Sundays 9-1, June through October

Skowhegan Farmers’ Market
Somerst Gristmill (old jail)
Saturdays 9-1, May through October

South Portland Farmers’ Market
City Hall Parking Lot, 25 Cottage Road
Sundays 10-2, Early May through October

Southwest Harbor Farmers’ Market
In the St. John’s Church parking lot across from Bar Harbor Bank
Fridays 9-1, mid-June to Columbus Day

Steeple Falls Farmers’ Market
Gazebo Park, 1 Main Street
Saturdays 9-2, May through October

Stonington Farmers’ Market
Island Community Center parking lot, School St.
Fridays 10-12, mid-May to mid-October

Union Farmers’ Market
On the Common, 280 Common Rd
Fridays 3-6, Early May through September

Unity Farmers’ Market
Unity Community Center, 32 School Street
Saturdays 9-1, May to Thanksgiving

Vassalboro Farmers’ Market
994 Main Street
Sundays 10-3

Vinalhaven Farmers’ Market
downtown Vinalhaven on the corner of East Main Street and Atlantic Avenue
Saturdays 8-12, April through November

Waldoboro Farmers’ Market
Town Office Lawn, 1600 Atlantic Hwy/Route One Saturdays 9-12, June - September

Waterford Farmers’ Market
On the Common, Rt. 35/37
Mondays 2-5, June through September

Waterville - Downtown Waterville Farmers’ Market
By Two Penny Bridge, Head of Falls
Thursdays 2-6, mid-April through Thanksgiving

Wayne Farmers’ Market
Main Street Park next to the Post Office.
Saturdays 9-12, Memorial Day Weekend to Labor Day Weekend

Wells Farmers’ Market
Wonder Mountain Fun Park, 270 Post Rd
Wednesdays 1:30-5, late May to mid-October

Wilton Farmers’ Market
Old Wilton Tannery parking lot, 833 U S Rte 2 East
Saturdays 9-1, June to October

Windham - Farmers’ Market
Buck’s Barbeque, 4 Turning Leaf Road
Saturdays 8:30-12:30, Late May to October

Winter Harbor Farmers’ Market
Newman Street
Tuesdays 9-12, Mid-June to Labor Day

Yarmouth Farmers’ Market
The Common, 280 Common Rd
Fridays 3-6, May through November

York Gateway Farmers’ Market
Greater York Region Chamber Visitor Center, 1 Stonewall Lane
Saturdays 9-1, Late May to early October

Provided by the Maine Federation of Farmers’ Markets.
OPEN FARM DAY WORD FIND

The words in this puzzle are all related to agriculture and farms participating on Open Farm Day! Find the words on the puzzle and check off the ones you found on the farm(s) you visited.

WORD FIND

AGRICULTURE
ALPACA
APPLES
AQUACULTURE
AXLE
BARN
BEEF
BEES
BLOSOMS
CALF
CHICKS
CHRISTMAS TREES
CLEAN WATER
DAIRY
EGGS
ENVIRONMENT
FENCE
FIELDS
FIBER
FIR
FARM
FARMER
GATE
GOATS
GOSLINGS
GRAIN
GREENHOUSE
GROWERS
GROW FOOD
HARVEST
HAY
HEIFER
HORSES
IRRIGATION
LAND STEWARDS
LIVESTOCK
LUMBER
MAPLE
MEAT
FIELDS
MILK
MILKING PARLOR
OPEN FARM DAY
PASTURE
PIGS
PLANT
PLOW
POLINATE
POTATOES
POULTRY
RABBITS
ROW
SHEARING
SHEEP
SILAGE
SILO
SPIN
STALLS
TRACTOR
TREE FARM
TRUCK
VEGETABLES
VETERINARIAN
WILD BLUEBERRY

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**Chicken Ratatouille**

**INGREDIENTS**
- 1 tablespoon vegetable oil
- 2 chicken breast (cut into 1-inch pieces)
- 2 zucchini or summer squash (unpeeled and thinly sliced)
- 1 eggplant (small, peeled and cut into 1-inch cubes)
- 1 onion (medium, thinly sliced)
- 1 green pepper (medium, cut into 1-inch pieces)
- 1/2 pound mushrooms (fresh, sliced)
- 1 garlic clove (minced)
- 1 1/2 teaspoons basil (dried, crushed)
- 1 tablespoon parsley (fresh, minced)

**DIRECTIONS**
1. Heat oil in large non-stick skillet. Add chicken and sauté about 3 minutes, or until lightly browned.
2. Add zucchini, eggplant, onion, green pepper, and mushrooms. Cook about 15 minutes, stirring occasionally.
3. Add tomatoes, garlic, basil, parsley, and pepper; stir and continue cooking about 5 minutes, or until chicken is tender.
4. Season to taste with pepper or Maine sea salt.

Adapted from What’s Cooking USDA Mixing Bowl.

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**Strawberry Spinach Salad**

**INGREDIENTS**
- ¼ Cup Sunflower or pumpkin seeds
- 1 cucumber, cut into ¼ inch slices
- 1 cup fresh strawberries, hulled and cut into ¼ inch slices
- Romaine lettuce
- Baby spinach
- 4 Tablespoons, fresh cheese such as chevre, ricotta, or mozzarella
- ¼ Cup balsamic vinegar
- 3 Tablespoons, maple syrup
- ⅛ Tablespoon, Dijon mustard
- Pinch of garlic powder—can substitute with 1 garlic scape, or small clove
- Sea salt—to taste
- Ground black pepper—to taste
- ½ Cup vegetable or olive oil

**PREPARATION**
1. Toast pumpkin or sunflower seeds in large skillet over medium heat, stirring often until fragrant and beginning to brown, 4-5 minutes. Transfer to bowl and let cool.
2. Trim romaine and cut into 1-inch pieces. Mix spinach and romaine in a large bowl.
3. Process vinegar, syrup, mustard, garlic, sea salt, and pepper in a food processor until combined. With motor running, add oil into ingredients and blend for 10 to 20 seconds. Taste to test flavor, adjust ingredients to taste.
4. Add the strawberries, cucumbers and the toasted seeds to the greens. Drizzle with dressing and toss to coat. Serve immediately.

Adapted from “Maine Harvest of the Month” (June leafy greens recipe card).
MAINE CHEESE FESTIVAL
September 8, 2019
11 a.m. - 5 p.m.
Participating Maine creameries offer cheeses for sample and sale at Manson Park, Pittsfield, Maine

MAINE APPLE SUNDAY
September 8, 2019
Open houses at participating apple orchards across Maine.

“MEET ME AT THE BIGE!”
September 13-29, 2019

MAINE DAY AND 4-H | FFA DAY AT THE BIGE
September 14, 2019

OPEN WINEY DAY
September 21, 2019
Open houses at participating wineries across Maine

OPEN CREAMERY DAY
October 13, 2019
11 am–3 pm
Open houses at participating creameries across Maine

MAINE APPLE SUNDAY
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October 13, 2019
11 am–3 pm
Open houses at participating creameries across Maine

Find more Maine agricultural events and farms to support year-round at www.getrealmaine.com

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BOWDOINHAM FARM-TO-FARM BIKE RIDE
Join the Merrymeeting Trailblazers and Maine Farmland Trust for farm-to-farm bike ride! Three options for a range of abilities and interests. All three rides will leave from Mailly Waterfront Park in Bowdoinham.
Merrymeeting Wheelers, Maine Farmland Trust, and Kennebec Estuary Land Trust will guide the rides.
14 miles: Leave at 10:30 am
24 miles: Leave at 10:15 am
35 miles: Leave at 10 am

Forest Service Ranger
This year, Maine’s Forest Rangers are helping Smokey Bear celebrate 75 years of preventing wildfires.

Smokey will be at the Great Falls Balloon Festival in Lewiston / Auburn on August 17, 2019.

To speak with a Forest Ranger about preventing wildfires near your home, please call 207-287-4989 or visit www.maineforestservice.gov

For calls about open burning, timber theft or other violations, call 1-800-750-9777

Find us on Facebook & Twitter
TAKE A HIKE FOR LOCAL FOOD

Springvale Farm Walk
9 am to 2 pm
Sunday, July 28, 2019

Experience the variety of Maine agriculture while walking through fields, orchards, woods, and pastures. Springvale Farm Walk is a four mile, self-guided walk that connects to nine farms. The walk is organized by Sanford Trails and participating farms. Featured farms raise sheep, Christmas trees, mushrooms, vegetables, berries, and apples. They also make cheese, hard cider, dairy and maple syrup.

The path is well marked and generally follows gentle terrain. Walkers may start and end anywhere. A shuttle service is available. There are a few rough spots, but certainly walkable by children. Sturdy shoes are recommended. We welcome dogs on leashes and owners who pick up after them.

Three Rivers Land Trust serves a hearty breakfast from 8 to 9:30 am at McDougal Orchards. Noon Family Sheep Farm serves lamb barbecue. Each farm along the way serves a complimentary refreshing drink. A few of the farms also sell produce and prepared food.

This event is held rain or shine.

Parking and a shuttle service is available. For more information visit the Sanford Trails Facebook page or contact Sanford Parks & Rec at 324-9130.
TIPS FOR A GOOD VISIT:

• Please keep pets at home.

• Please stick to designated visitor areas on farms.

• Stay comfy: wear and pack layers, and wear comfy shoes. Just like the rest of the days on a farm, the event happens rain or shine.

• Bring a cooler and ice. You might find that farms are offering great products to purchase and enjoy at home. Keep the quality at its best by storing items in the cooler for the ride back home.

When your visit is done, be sure to complete the survey (page 15) to help farmers learn more about your experience!
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