



Maine Senior FarmShare Program (MSFP)

PLEASE READ - Important reminders regarding MSFP procedures:

FINAL SENIOR FARMSHARE AGREEMENT FORM SIGN UP DEADLINE – SEPTEMBER 30, 2020

All Senior Agreement Forms must be submitted in MOSSA by **September 30** each year. The grant period closes on September 30 yearly and all funds must be committed by this date. This holds true for any contract type (i.e. spares, replacements, etc.). **We cannot accept any Senior Agreement Forms submitted after September 30.**

END OF SEASON ACCOUNTING – NOVEMBER 30, 2020

The deadline for completing your “Record Share Redemptions” in MOSSA is the most crucial for this program! If this is not completed by the due date, it could affect your farms participation or allocation for the following year.

REPLACEMENT CONTRACTS

Many farmers sign up a new participant to replace a senior who is unable to use their full balance. This is a great practice to avoid having to pay back unused balances at the end of the season. Remember, all seniors are entitled to a full \$50 share. To further clarify, if one senior uses \$10 of their \$50 share, you cannot simply apply the unused \$40 to a new senior. The new senior is entitled to the full \$50. You can/should combine unused balances of multiple seniors who are unable to utilize their share to create a new \$50 share balance for a new senior.

SPARE CONTRACTS

A spare contract is a contract above your allocated number of shares. Many farmers sign up “spare” seniors, for which the MSFP will reimburse you if funds are available at the end of the season. Farmers can use spares as replacements to help offset other senior’s unused balances at the end of the season. Farmers must provide the full \$50 benefit to a spare senior. You should only sign up spare seniors if you intend to provide them with a full \$50 benefit. Otherwise, seniors should be placed on your waiting list.

ELIGIBLE FOODS THAT CAN BE INCLUDED IN SHARES

*****NEW beginning in 2020 only foods that are listed on the MSFP Eligible Foods List can be purchased with SFMNP benefit funds by participating seniors***** (Eligible Foods List is on page 2)

Only fresh, unprocessed Maine-grown fruits, vegetables, fresh cut herbs and honey listed on the MSFP Eligible Foods List and grown by the participating farmer are acceptable MSFP products. **Other items often offered for sale at farm stands i.e., eggs, meats, cheese, pickles, cider, dried beans, dried fruits, or dried vegetables, etc. are not allowed.** Participating farmers must grow or oversee the growing of at least 75% of the produce they provide through the FarmShare program. Farmers may buy in up to 25% of the produce supplied to participants from other Maine farms for the purpose of supplementing and expanding their produce variety.



2020 Maine Senior FarmShare Program Eligible Foods List

Fruits

Apples
 Apricots
 Blackberries
 Blueberries
 Cantaloupe
 Cherries
 Cranberries
 Elderberries
 Figs
 Grapes
 Nectarines
 Peaches
 Pears
 Plums
 Quince
 Raspberries
 Rhubarb
 Strawberries
 Watermelon

Other

Honey (Pure only)

Comb Honey – honey that comes exactly as it was produced in the hive.

Cut Comb Honey – liquid honey that may have added chunks of the honey in the jar.

Liquid Honey – honey that is 100 percent pure is free of visible crystals and has been extracted directly from the honey comb.

Naturally Crystallized Honey – honey that has spontaneously crystallized.

Vegetables

Artichokes
 Arugula
 Asparagus
 Beans (snap/ wax)
 Beets
 Beet Greens
 Bok Choy
 Broccoli
 Brussels Sprouts
 Cabbage
 Carrots
 Cauliflower
 Celery
 Chard
 Chicory
 Collard Greens
 Corn (sweet)
 Cucumbers (slicing, pickling)
 Eggplant
 Escarole
 Fava Beans
 Fiddleheads
 Garlic
 Garlic Scapes
 Ginger
 Gourds (edible)
 Horseradish
 Husk Cherries
 Jerusalem Artichokes
 Kale
 Kohlrabi
 Leeks
 Lettuce/Mixed Greens
 Morels
 Mushrooms
 Mustard Greens
 Nettles
 Okra
 Onions/Scallions
 Parsnips

Vegetables cont.

Pea Shoots
 Peas
 Peppers
 Potatoes
 Pumpkins (pie/edible - **NOT DECORATIVE**)
 Radishes
 Rutabaga
 Shallots
 Spinach
 Sprouts
 Squash (summer/zucchini)
 Squash (winter)
 Sour Gherkin
 Sweet Potatoes
 Swiss Chard
 Tomatoes
 Turnips/Rutabaga

Herbs

Anise
 Basil
 Chives
 Chervil
 Coriander
 Dill
 Fresh Fennel
 Lemon Balm
 Lovage
 Marjoram
 Mint
 Oregano
 Parsley
 Rosemary
 Sage
 Savory
 Sorrel
 Tarragon
 Thyme