

#### THE MAINE HIGHLANDS REGION

## DIRECTIONS

and put-ins for the Upper West Branch trip from Greenville, take the 20-mile Road north of Rockwood. Proceed to the T-intersection (at South Seboomook Road) and turn left for the South Branch and

Canada Falls Lake (pay day use and camping fee

at the checkpoint) or turn right for Seboomook Campground and Seboomook Dam. Continue past Seboomook Dam to reach launch sites at Roll Dam.

Maine Woods (NMW) pass to negotiate a NMW electronic checkpoint at the border of the Seboomook Unit (available at the 20-Mile checkpoint located across the South Branch).

Access to the Lower West Branch is off the Golden Road west of Millinocket.

#### FEES

Day use and camping fees are charged at the North Maine Woods recreational system checkpoints (see Special Considerations). www.northmainewoods.org

Online information for all Maine Parks and Lands sites: · www.parksandlands.com

Campgrounds at Maine State Parks: www.campwithme.com

#### CONTACTS www.maine.gov/penobscotrivercorridor SEBOOMOOK PUBLIC LANDS

PENBOSCOT RIVER CORRIDOR Northen Region Parks 106 Hogan Road, Suite 7 Bangor, ME 04401 207-941-4014

Park Manager Voice Mail: (207) 592-1153

**EMERGENCY ASSISTANCE** Monday-Friday, 8-5 Radio Dispatch Center (207) 435-7963





Western Public Lands

Farmington, ME 04938

129 Main Street

P.O. Box 327

207-778-8231

State Police Dispatch Center

Weekends & Off-hours:

(207) 532-5400, or



#### **OVERVIEW**

The upper reaches of the Penobscot River run through a mountainous, forested landscape defined by the powerful presence of Maine's highest summit, Mt. Katahdin (5,267 feet). This region is rich in recreational opportunities and traditions, and the Penobscot River Corridor (PRC), spanning over 100 miles of river and lakes, offers over 120 campsites and exceptional fishing, canoeing, and whitewater paddling. Wildlife abounds, and visitors frequently see moose, deer, black bears and bald eagles.

There are four distinct areas within the PRC: the Seboomook/ Canada Falls area; the Upper West Branch and Lobster Lake; Chesuncook Lake; and the Lower West Branch.

#### CANADA FALLS AREA/SEBOOMOOK

Managed for recreation, wildlife and timber, the State's 41,436 acres of gently rolling hills and forests around Canada Falls and Seboomook Lake offer remote recreation opportunities including hunting (deer, moose, bear, grouse and woodcock), fishing (wild brook trout and landlocked salmon), boating, wildlife watching and challenging whitewater paddling.

Weekly dam releases (July through September) below Canada Falls Lake generate 3.5 miles of technical Class IV-Class V whitewater in a highly scenic small-river setting. Minimum flows below the Seboomook Lake Dam ensure good whitewater boating (at beginning and intermediate levels) over a series of gentle drops called the Roll Dams, valued as a training area and for commercial excursions.

Primitive campsites border the rivers and lakes, providing great family camping opportunities and base camps for boating and fishing excursions. Two private inholdings, Historic Pittston Farm and Seboomook Wilderness Campground, offer lodging for those who prefer less rustic options. Both establishments draw hunters in the fall, and Pittston Farm serves many snowmobilers (on the "Moosehead Loop" trail) and ATV users (who can now reach Pittston Farm from regional ATV trail networks

## TIMBER MANAGEMENT ON MAINE'S PUBLIC LANDS

The Maine Bureau of Parks and Lands (BPL) actively manages its Public Lands to achieve multiple sustainable benefits: resource protection, public recreation, wildlife habitat and marketable forest products (revenues from which help fund Public Land management). The Bureau employs scientifically based practices to achieve exemplary forest management fostering the health and viability of landscape-scale ecosystems. BPL's forest practices are green-certified by two independent auditors: the Forest Stewardship Council<sup>TM</sup> and the Sustainable Forestry Initiative<sup>TM</sup>. No-harvest zones are regularly established to buffer sensitive natural resources and recreational areas in addition to the Bureau's Ecological Reserve System.



#### PARTNERS AND SUPPORTERS

Major funding for acquisition of State lands and other conservation easements in the area came from the Forest Society of Maine, USDA Forest Legacy Program, the Land for Maine's Future Program, The Nature Conservancy, Maine Outdoor Heritage Fund, the National Park Service's Land and Water Conservation Fund, and the U. S. Fish & Wildlife Service.

This brochure was made possible in part by funding through the Federal Highway Administration's Recreational Trails Program, administered by the Maine Bureau of Parks and Lands.



#### Upper West Branch and Lobster Lake

The wildest portion of the corridor, the Upper West Branch offers scenic canoeing, camping and fishing (with gentle waters from Roll Dam to Chesuncook Lake). Lobster Lake has predominantly wooded shores broken by sandy beaches and rocky outcrops (with a mix of sedimentary and volcanic formations that incorporate many fossils). Visitors enjoy watching the abundant birds, angling for landlocked salmon and trout, and hiking up Lobster Mountain from Jackson Cove.

#### CHESUNCOOK LAKE

Maine's third largest lake, Chesuncook is popular among those seeking salmon, brook and lake trout, and white and yellow perch. It offers views to Mt. Katahdin and access to historic Chesuncook Village (dedicated as a National Historic Landmark in 1973). Much of Gero Island, just across from the Village, is a State-designated Ecological Reserve where forest ecosystems are kept in their natural condition and monitored over time.

#### LOWER WEST BRANCH

Below Chesuncook Lake, the river enters the dramatic Ripogenous Gorge, a two-mile granite-walled canyon with some of the Northeast's most challenging high-volume whitewater. The popular West Branch rafting trip begins at McKay Station, runs through the Gorge, and continues for 9 miles of flatwater and whitewater. Between Big Eddy and Ambejejus Lake is a mix of flat water and whitewater with several falls and stretches of heavy rapids. Past Debsconeag Falls, the river becomes calmer and there are scenic beaches (such as Omaha Beach, a popular swimming, picnicking and camping destination). Many campsites along the Lower West Branch are drive-to or easy walk-in settings (some are restricted to tents while others can accommodate large RVs).

The State holds a conservation easement on the privately owned timberlands along the river's corridor. This permanent legal agreement limits development within 500 feet of the water's edge and grants the Bureau of Parks and Lands the right to manage the river for public recreational use.

#### VISITOR RULES

Fires Kindle fires only in authorized campsites with fire rings. Do not cut live vegetation.

Burn only local wood: www.maine.gov/forestpests Pets Pets in campsites must be leashed and attended; outside of campsites, pets must be under control.

Firearms Do not discharge weapons within 300 feet of any picnic area, camping area, parking area, posted hiking trail or other developed area. Loaded firearms are not permitted at campsites or on hiking trails.

Fishing Several ponds are fly fishing only. Valid license required; review the State's open water fishing regulations. Use lead-free sinkers and jigs to prevent metal poisoning of loons, eagles and other wildlife. www.maine.gov/ifw/

Bear On Seboomook Public Lands by permit only, not Baiting on the Penobscot River Corridor (PRC).

Power Use no chainsaws, generators or other power Equipment equipment around campsites. Camping Camp only at designated sites; first-come, first-

on PRC served; self registration on site; fees collected at NMWoods gate OR at on-site self-registration. Groups of more than 12 campers are restricted to group sites. (PRC = Penobscot River Corridor)

Limit of Campers may not exceed a 14-day stay in a 45-day Stay period. (PRC only: OR 7 consecutive days at

Abandoned Bureau of Parks and Lands staff may take custody **Property** of any personal property left unattended for more than 3 days (unless advance written permission is given).

#### PROPERTY HISTORY

The rivers, streams, and lakes in the Seboomook/Penobscot region were highways for native people, who have been present here for nearly 12,000 years. Canoe routes in the region date back at least 1,000 years, linking the Kennebec, Penobscot, and Allagash rivers, are still enjoyed today by recreational paddlers traveling the historic 740-mile Northern Forest Canoe Trail.

Some of these paddling routes were taken by writer and naturalist Henry David Thoreau on three extended trips between 1846 and 1857. Thoreau's The Maine Woods describes his journey into a wild landscape that attracted both adventurers and lumbermen.

Lumbering, already beginning as Thoreau explored the region, continued to grow throughout the 1800s. Great Northern Paper Company operated two local establishments near Seboomook Lake to house and feed lumbermen and passing sportsmen. It purchased Pittston Farm and the surrounding township in 1906 and, at the peak of its production, the farm had more than IOO horses and a boarding house that could sleep 40 people. Great Northern also managed another farm, the Seboomook House (where Seboomook Wilderness Campground is now located). During World War II, the federal government used this property as an internment camp for between 200 and 250 captured German and Czech prisoners of war (who were sent out with axes and saws each day to cut pulpwood).

Over a span of decades, hundreds of dams were built along the river corridor to aid in floating logs and powering sawmills (and later paper mills). Both Seboomook and Canada Falls Lakes were created from dams. Today both dams are owned by Great Lakes Hydro America LLC and are operated as part of a headwaters storage system for downstream hydropower generation.

Ripogenus Dam, the largest dam ever built by a private company when it was constructed, merged three former lakes into Chesuncook Lake. The small logging settlement of Chesuncook Village was designated a National Historic Landmark in 1973. Only a few people still live in the village year-round, but it has an inn, Chesuncook Lake House, that was built in 1864 to serve the region's loggers.



### SPECIAL CONSIDERATIONS

Fees are required to access the North Maine Woods.

• The upper reaches of the Penobscot River Corridor lie within North Maine Woods recreational system: visitors must pass through a checkpoint and pay the required day use or camping fees. The State of Maine is a member of North Maine Woods, an organization that manages recreation on nearly three million acres in northern Maine. Fees collected at checkpoints defray the costs of managing public access and maintaining recreational facilities. www.northmainewoods.org

#### Logging trucks frequest area roads. Watch out for them and:

· Pull over and stop for trucks regardless of which direction they're headed; they have right-of-way.

#### Know applicable laws.

• The Maine Department of Inland Fisheries and Wildlife (MDIFW) Warden Service does search-and-rescue operations and enforces state fish and game laws, boating laws (on inland waters), and ATV and snowmobile laws. To learn more about applicable laws and to purchase appropriate licenses, visit www.maine.gov/ifw.

#### Pet owners should exercise caution.

• Trappers are permitted to use Maine Public Lands so be careful with your pets.

#### Wear blaze orange during hunting season.

Cell phones should not be counted on in an emergency.

- · Cell phone coverage is spotty to non-existent.
- · Plan carefully for trips in these remote areas: carry a map and compass. Notify someone of your intended route and time of return, monitor weather conditions carefully, and be prepared to wait out windy conditions on shore. River levels below dams can rise rapidly. Exercise caution and respect

#### Moose, bear and other large animals are abundant.

- · Observe from a safe distance; do not flush wildlife.
- Food items must be securely stowed when camping; keep tents free of food and food odors.

#### Help stop invasive species.

- · Clean all watercraft before they are launched and after retrieval. www.maine.gov/dep/water/invasives/
- · Buy only local firewood. www.maine.gov/forestpests

#### Be a responsible and Leave No Trace.

· Learn more at www.lnt.org





#### SERVICES & FACILITIES

- Campsites (limited to 12 people per site except at group sites that can accommodate 30 people): 42 along Canada Falls and Seboomook Lakes; 13 at Lobster Lake; 14 along the Upper West Branch; 22 along Chesuncook Lake; and 29 along the Lower West Branch. All sites have a fire ring, table and outhouse, and many are accessible only by water.
- Three large-group sites are along the Lower West Branch for which reservations are required (Horserace, Salmon Point and Omaha Beach). Rafting groups eat lunch at these so reservations can only be made for one night and the site must be vacated by II a.m.
- Twelve boat launches. www.maine.gov/dacf/boatlaunches



# Omaha Beach on the PRC.

#### When to Visit

The best paddling is between May and September, with the fishing usually best in either of those "shoulder season" months. Recreational dam releases tend to occur on Saturdays during July, August and September: call GLHA at 1-888-323-4341 for more on Canada Falls and Seboomook dam releases. For more on timing of McKay Station (Ripogenus Dam) releases, call Brookfield Power at I-888-323-434I.

Mosquitoes and black flies are thickest in late May through July. Various types of hunting take place in fall, with bear bait season generally during September, moose hunting from late September through mid-October, and firearms season for deer in November. Snowmobilers usually find good trail conditions from December through March. The 20-mile Road to Historic Pittston Farm is plowed in winter; however, most roads are not consistently plowed so vehicle access in winter is limited. Snowshoers and backcountry skiers can explore surrounding lands from trailheads near Pittston Farm.



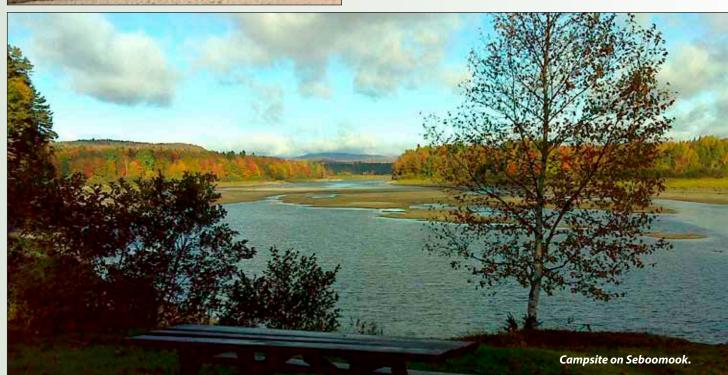
#### PADDLING ROUTES

#### UPPER PENOBSCOT RIVER CORRIDOR AND CANADA FALLS LAKE

Weekly dam releases (July through September) below Canada Falls Lake generate 3.5 miles of challenging Class IV-Class V whitewater. Between Seboomook Dam and Roll Dam, paddlers enjoy Class III whitewater through much of the season (at water levels from 350 cfs up to 3,000+). Below Roll Dam, the Upper West Branch offers a mix of quiet water and gentle quick water (typically a 3- to 4-day day trip to Chesuncook Village). Paddlers can take out at Umbazooksus Stream (a trip of 35 miles), continue to the eastern end of Chesuncook (another 17 miles), or head into the Allagash Wilderness Waterway (AWW) via either Umbazooksus Stream and the Mud Pond Portage or Caucomgomac Stream and Round Pond (both require substantial portages-for more details, see AWW materials).

#### LOWER PENOBSCOT RIVER CORRIDOR

The Class III-V rapids in this stretch of river should only be run by guided whitewater rafts and experienced whitewater paddlers. See the AMC Canoe Guide to Maine or DeLorme's Volume 3: Northern Rivers canoeing guide for details.



## HIKING TRAILS

The Appalachian Trail is accessible off the Golden Rd. at Abol Bridge. Hiking trails managed by Baxter State Park link with the AT, providing several hiking opportunities in the Abol area (see Nearby Destinations).

Upper West Branch paddlers can stretch their legs hiking  ${\bf Lob}$ ster Mountain (2,318 feet) from the Jackson Cove campsite on Lobster Lake (a moderately challenging trail that is 2 miles one way and clearly marked).

Big Spencer Mountain (3,230 feet) is a remote but popular hiking destination with a 2-mile trail (including some ladders and steep sections) to its flat-topped summit. From the Golden Road, take the Greenville Road south toward Kokadjo approximately 7 miles to a rough gravel road (Culvert Road) on right, and travel 5 miles to trailhead (on left).

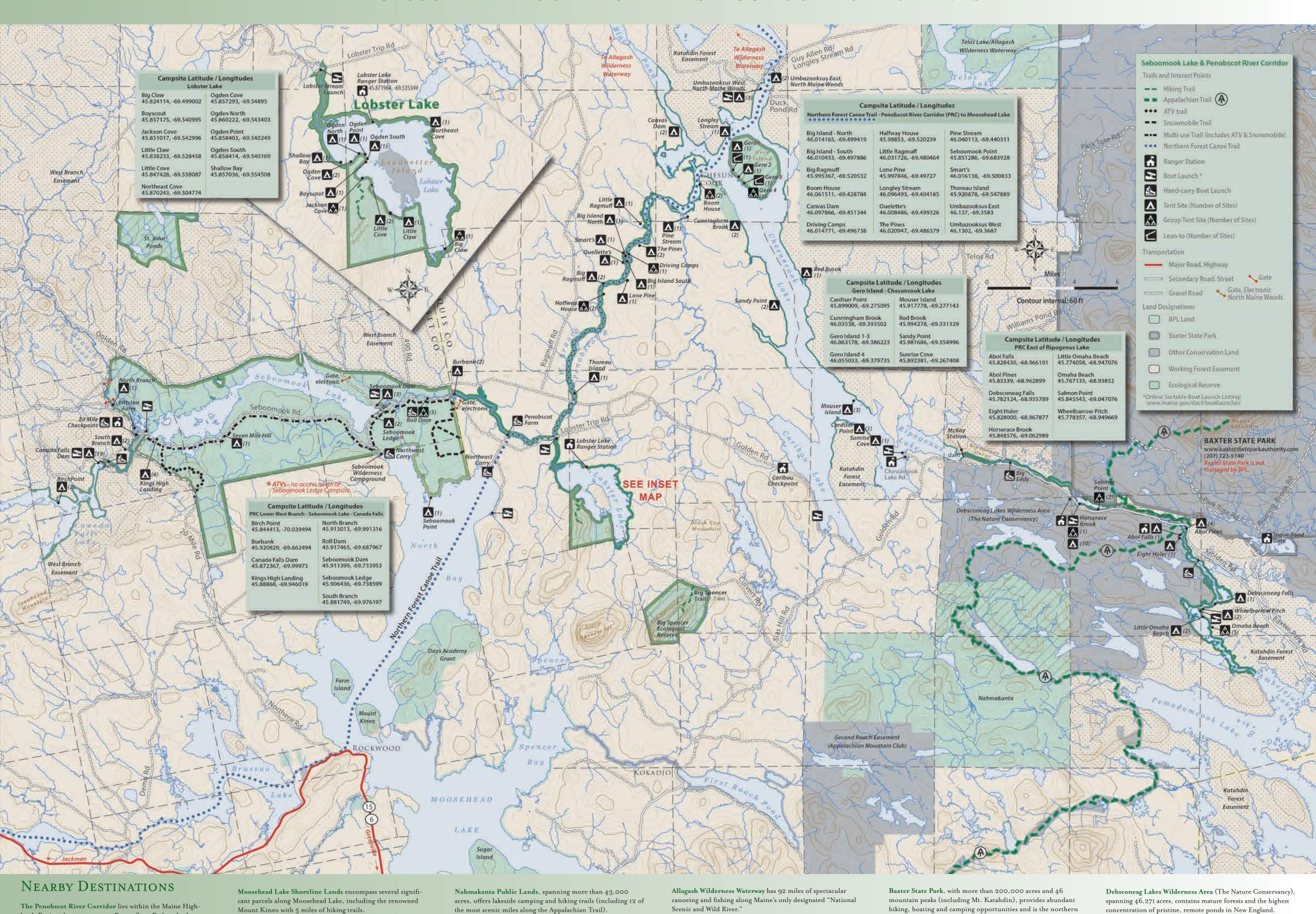


#### PORTAGE TRAILS

Two historic portage routes connect Moosehead Lake and the West Branch of the Penobscot River: Northwest Carry (2 miles) and Northeast Carry (1.9 miles). These portages, first used by Native Americans, link the Kennebec and the Penobscot rivers, two of Maine's most prominent river systems. The Northwest Carry route is now part of the Northern Forest Canoe Trail.

Along the course of the Penobscot River Corridor are numerous short portage paths around rapids or drops. Always research paddling conditions and scout challenging rapids.

## Penobscot River Corridor and Seboomook Public Lands



concentration of pristine, remote ponds in New England.

terminus of the Appalachian Trail.

the most scenic miles along the Appalachian Trail).

Mount Kineo with 5 miles of hiking trails.

lands Region that encompasses Baxter State Park and other

notable North Woods attractions in Piscataquis County: