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POLICY NUMBER:	10.3 (JF)	
CHAPTER 10: RISK	BEHAVIOR MODIFICATION	
	STATE of MAINE	PROFESSIONAL
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Approved by Commissioner:		See Section VIII
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EFFECTIVE DATE:	LATEST REVISION:	CHECK ONLY IF
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#### I. AUTHORITY

The Commissioner of Corrections adopts this policy pursuant to the authority contained in Title 34-A M.R.S.A. Section 1403.

## II. APPLICABILITY

All Departmental Juvenile Facilities

## III. POLICY

An appropriate and critical component of risk behavior modification is placement on intensive behavior management status. Placement on intensive behavior management status is not to be used as punishment.

## IV. DEFINITIONS

1. Security staff - for purposes of this policy, Juvenile Program Worker, Juvenile Program Specialist, Juvenile Facility Operations Supervisor, or correctional investigative officer (detective) or other facility law enforcement officer.

### V. CONTENTS

Procedure A: Placement on Intensive Behavior Management Status

Procedure B: Individualized Behavior Stabilization Plan

Procedure C: Programming for Residents on Intensive Behavior Management Status
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### VI. ATTACHMENTS

Attachment A: Intensive Behavior Management Status form (paper/online)
Attachment B: Individualized Behavior Stabilization Plan (paper/online)

#### VII. PROCEDURES

## Procedure A: Placement on Intensive Behavior Management Status

- 1. Placement of a juvenile resident on intensive behavior management status (IBMS) may occur if and only if one or more of the following criteria is met:
  - a. the resident's behavior presents a likelihood of harm to self, as shown by a stated intention, recent conduct, or other factors;
  - b. the resident's behavior presents a likelihood of harm to others, as shown by a stated intention, recent conduct, or other factors;
  - c. the resident's behavior presents a significant threat of destruction of property, as shown by a stated intention, recent conduct, or other factors;
  - d. the resident's behavior presents a risk to security, as shown by a stated intention, recent conduct, or other factors;
  - e. the resident's behavior interferes with the treatment progress of other residents as shown by recent conduct; or
  - f. the resident's behavior otherwise disrupts the orderly management of the facility (must specify).

Note: If the resident's behavior presents a high likelihood of imminent harm to self or others, a substantial and imminent threat of destruction of property, or demonstrates a risk of escape, placement on observation status may be considered in accordance with Department Policy (JF) 10.1, Observation Status.

- Placement on IBMS may only be used if there is the likelihood that the behavior will continue if the resident is on general population status, but the resident does not require observation status.
- 3. Placement on IBMS may be used only if another reasonable less restrictive alternative would not be effective to control the resident's behavior.
- 4. A resident may be placed on IBMS only by a Juvenile Program Manager (JPM), Juvenile Facility Operations Supervisor (JFOS), or higher supervisory staff.
- 5. In cases where the JPM, JFOS, or higher supervisory staff is not immediately available, security staff shall take immediate action to control the resident's behavior, which may include, but is not limited to, the use of a time out in accordance with Department Policy (JF) 15.5, Time Out for Behavior Control or placement on a watch in accordance with Department Policy (JF) 10.2, Suicide and Self-Injury and Prevention Procedures, and then notify the JPM, JFOS, or higher supervisory staff as soon as practicable.
- 6. A resident placed on IBMS may be housed in a designated special management housing area or other appropriate setting.
- 7. The JPM, JFOS, or higher supervisory staff shall ensure immediate completion of an Intensive Behavior Management Status Placement form (Attachment A) and shall contact the Superintendent, or designee, for a decision.

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- 8. If the Superintendent, or designee, approves the placement, the staff completing the form shall forward it to the Classification Committee as soon as the signature of the Superintendent, or designee, is obtained.
- 9. If approval is not granted, the resident shall be returned to general population status unless the Superintendent, or designee, determines that placement on observation status is required in accordance with Department Policy (JF) 10.1, Observation Status.
- 10. Placement on IBMS may only last for the period of time necessary to reintegrate the resident back to general population status.

## Procedure B: Individualized Behavior Stabilization Plan

- If approval for placement on intensive behavior management status (IBMS) is granted, the staff initiating the placement shall ensure that an Individualized Behavior Stabilization Plan (Attachment B) is immediately developed and implemented.
- 2. The plan shall address the arrangements for the resident to have access to all of the services and programs the resident would otherwise be eligible for, including, but not limited to, as appropriate, the following:
  - education
  - exercise/recreation
  - library
  - medical care
  - mental health care
  - religious services
  - social services
  - substance use disorder services
  - visit, telephone, and mail
  - volunteer services
- 3. The plan shall address the delivery of the above services and programs and include any location restrictions or other modifications as may be necessary to ensure the safety of the resident, security, and the orderly management of the facility
- 4. If allowed by Department policy and facility practice, the plan shall address whether the resident may have access to these programs and services using a tablet.
- 5. The plan shall specify the personal property and other items allowed to the resident, which must include, but are not limited to:
  - a. regular clothing;
  - b. prescribed medical devices, e.g., eyeglasses, dentures, etc.;
  - c. incoming and outgoing mail;
  - d. legal materials (soft cover only);
  - e. religious materials (soft cover only);
  - f. reading materials (soft cover only and only three (3) books maximum at a time);
  - g. paper and safety pencil.

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6. The plan shall identify risk reduction and risk management strategies, including risk reduction programming (cognitive/behavioral skills) and special precautions based on the needs and abilities of the resident.

## Procedure C: Programming for Residents on Intensive Behavior Management Status

- 1. The programs and services identified in the Individualized Behavior Stabilization Plan shall be provided in the least restrictive environment appropriate until the resident is able to be fully reintegrated into the general population.
- 2. While on intensive behavior management status (IBMS), the resident's room door shall remain open and the resident shall have access to the dayroom area on the same basis as if the resident were on general population status, if appropriate, considering the resident population at the time and the associated safety and security risks.
- 3. The resident shall be allowed out-of-room exercise for at least one (1) hour per day, seven (7) days per week, outdoors (weather permitting). If weather does not permit exercise outdoors, out-of-room exercise shall be offered indoors.
- 4. Beside time out-of-room for exercise, additional time out-of-room, whether for programs or services, phone calls, or recreational or other activities, shall be offered for at least one (1) hour per day, seven (7) days per week.
- 5. Time outs shall be used in accordance with Department Policy (JF) 15.5, Time Out for Behavior Control.

# Procedure D: Classification Review and Removal from Intensive Behavior Management Status to General Population Status

- 1. A Classification Committee meeting shall be convened by the next business day after the resident's placement on intensive behavior management status (IBMS) for the committee to review, and modify as necessary, the Individualized Behavior Stabilization Plan. At a minimum, the plan shall be reviewed weekly, to determine if continued placement is necessary and the review(s) shall be documented.
- 2. At its initial meeting, the Classification Committee shall also establish criteria to be met for the resident to be removed from IBMS and placed on general population status and shall specify these on the plan.
- 3. Once these criteria have been met as determined by the Superintendent, or designee, the resident shall be removed from IBMS and returned to general population status.

## **Procedure E:** Intensive Behavior Management Status and Observation Status

- A resident on intensive behavior management status (IBMS) may be placed on observation status only if the resident's behavior meets the criteria as set out in Department Policy (JF) 10.1, Observation Status.
- 2. As an alternative to placement on observation status, the Juvenile Program Manager (JPM), Juvenile Facility Operations Supervisor (JFOS), or higher supervisory staff may consider making an exception to the requirements of the resident's Individualized

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Behavior Stabilization Plan, and any such exception shall last only as long as necessary and shall be reviewed by the Classification Committee at their next meeting.

3. A resident on observation status may be placed on IBMS only if the resident's behavior meets the criteria as set out in this policy, and if it is no longer necessary for the resident to remain on observation status.

## VIII. PROFESSIONAL STANDARDS

None

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