MAINE STATE BOARD OF NURSING

IN RE: Janet R. Whitmore, R.N. )
Licensure Disciplinary Action ) DECISION AND ORDER
)

I. PROCEDURAL HISTORY

Pursuant to the authority found in 32 M.R.S.A. Sec. 2105-A(1-A)(D), et seq., 5 M.R.S.A. Sec. 9051, et seq. and 10 M.R.S.A. Sec. 8001, et seq., the Maine State Board of Nursing (Board) met in public session at the Board's offices located in Augusta, Maine on July 27, 2004 for the purpose of determining whether grounds exist for the Board to take disciplinary action against Janet Whitmore's license to practice as a registered nurse in Maine as more specifically stated in the Notice of Hearing dated June 25, 2004. A quorum of the Board was in attendance during all stages of the proceedings. Participating and voting Board members were Acting Chairman Richard L. Sheehan, M.S., R.N., Hazel Rand, (public member), Charyl Doughty, L.P.N., Bruce O'Donnell, C.R.N.A. and Karen Tripp (public member). Jack Richards, Ass't. Attorney General, presented the State's case. Ms. Whitmore did not appear and neither was she represented by counsel. James E. Smith, Esq. served as Presiding Officer. The Board first found that timely service had been made on the Respondent by first class mail on or about July 1, 2004.

Following the determination that none of the Board had conflicts of interest which would bar them from participating in the hearing, the taking of official notice of its statutes and rules, and subsequent to the opening statement by counsel, State's Exhibits 1-4 were admitted into the Record. The Board then heard the testimony, reviewed the submission of exhibits and considered counsel's closing argument after which it deliberated and made the following findings of fact by a preponderance of the credible evidence regarding the violations alleged in the Complaint.

II. FINDINGS OF FACT

Janet Whitmore is a resident of Barnstead, New Hampshire. She was first licensed to practice nursing in the State of Maine as a licensed practical nurse on November 27, 1978. She then obtained her registered nurse license on March 18, 1991 which expires on August 24, 2004. Ms. Whitmore met with the Board on April 3, 2004 at which time she was offered a Consent Agreement to resolve this matter which she declined to sign.

Nurse Whitmore began her employment at Community Partners, Inc. (Community), Lewiston, Maine in October 2002. This facility cares for a mixture of patients including those who need skilled nursing services and those who are developmentally disabled to the degree that they can't communicate. One of those patients, Ms. X, had been ill with pneumonia and was not expected to recover. Morphine was prescribed to keep her comfortable but was only administered once due to the fact that she unexpectedly recovered. Ms. X was also diagnosed with severe osteoarthritis. A resident physician wrote an order authorizing the use of the morphine for the
F. Unprofessional conduct. A licensee is considered to have engaged in unprofessional conduct if the licensee violates a standard of professional behavior that has been established in the practice for which the licensee is licensed.

The facts found in this Decision support the conclusion that Ms. Whitmore failed to follow the policy of her employer regarding assessment protocol. She further was unprofessional when she failed to reveal that she used oxycontin. Nurse Whitmore also violated the national nursing standard by pre-pouring and prelabeling medications.

H. A violation of this chapter or a rule adopted by the board.
Nurse Whitmore violated the national nursing standard by pre-pouring and prelabeling medications.

2. “Rules and Regulations of the Maine State Board of Nursing, Chapter 4.”

1. Disciplinary Action.

A. Grounds for Discipline

1. The practice of ... deceit in ... connection with service rendered within the scope of the license issued.
Nurse Whitmore failed to disclose to her employer her use of oxycontin.

6. Unprofessional conduct. A licensee shall be deemed to have engaged in unprofessional conduct if he violates any standard of professional behavior which has been established in the practice for which he is licensed.

3. Definition of Unprofessional Conduct. Nursing behavior which fails to conform to legal standards and accepted standards of the nursing profession, and which could reflect adversely on the health and welfare of the public shall constitute unprofessional conduct and shall include, but not be limited to, the following:

F. Failing to take appropriate action or to follow policies and procedures in the practice situation designed to safeguard the patient.
Nurse Whitmore failed to disclose to her employer her use of oxycontin. She additionally failed to follow the policy of her employer regarding assessment protocol and violated the national nursing standard by pre-pouring and prelabeling medications. Nurse Whitmore inaccurately recorded the administration of morphine to a patient.

K. Inaccurate recording, falsifying or altering a patient or health care provider record.
Nurse Whitmore inaccurately recorded the administration of morphine to a patient.

As a result of the above violations, the Board voted 5-0 to:

1. Issue a Letter of Warning to Nurse Whitmore pursuant to 10 M.R.S.A. Sec. 8003. The seriousness of the violations merit disciplinary action by the Board.
2. Order Nurse Whitmore to pay the costs related to the hearing not to exceed $800 by November 
30, 2004. Those costs total $470. (Hearing officer – 3 hours and 30 minutes @ $100 per hour = 
$350; Court reporter services = $120). The check or money order shall be made payable to: Maine 
Board of Nursing and mailed to Myra Broadway, Exec. Director, 158 State House Station, 
Augusta, Maine 04333-0158. The costs are in keeping with past Board practices and considering 
that no response was filed to the complaint which failure resulted in the instant hearing which may 
have been avoided. 
3. Place Nurse Whitmore on probation until she pays the above costs of the hearing.

SO ORDERED.

Dated: August 19, 2004

Richard L. Sheehan, M.S., R.N. Acting Chairman 
Maine State Board of Nursing

IV. APPEAL RIGHTS

Pursuant to the provisions of 5 M.R.S.A. Sec. 10051.3, any party that decides to appeal this 
Decision and Order must file a Petition for Review within 30 days of the date of receipt of this 
Order with the Superior Court having jurisdiction. The petition shall specify the person seeking 
review, the manner in which they are aggrieved and the final agency action which they wish 
reviewed. It shall also contain a concise statement as to the nature of the action or inaction to be 
reviewed, the grounds upon which relief is sought and a demand for relief. Copies of the Petition 
for Review shall be served by Certified Mail, Return Receipt Requested upon the Maine State 
Board of Nursing, all parties to the agency proceedings, and the Maine Attorney General.