



STATE OF MAINE
 BOARD OF NURSING
 158 STATE HOUSE STATION
 AUGUSTA, MAINE
 04333-0158

JOHN ELIAS BALDACCI
 GOVERNOR

MYRA A. BROADWAY, J.D., M.S., R.N.
 EXECUTIVE DIRECTOR

IN RE: **Delia A. Watson, R.N.**)
 of Sanford, Maine) **CONSENT AGREEMENT**
 License #R035631) **FOR WARNING**

INTRODUCTION

This document is a Consent Agreement regarding Delia A. Watson's license to practice registered professional nursing in the State of Maine. The parties enter into this Agreement pursuant to 10 M.R.S.A. § 8003(5)(A-1)(1), § 8003(5)(B) and 32 M.R.S.A. § 2105A(1A)(A). The parties to this Consent Agreement are Delia A. Watson ("Licensee"), Maine State Board of Nursing ("Board") and the Department of Attorney General, State of Maine. An informal conference was held on March 15, 2002. The parties reached this Agreement on the basis of information submitted by Southern Maine Medical Center ("SMMC") in letters dated June 11, 2001 and July 13, 2001.

FACTS

1. Delia A. Watson has been a registered professional nurse licensed by the Board to practice in Maine since August 1992.
2. Delia A. Watson started an IV on a patient in the emergency room at the request of the charge nurse of the unit. After starting the IV Ms. Watson notified the charge nurse that the IV was started and then left the unit to perform duties in the trauma room having no follow-up with the patient. It was discovered that the IV was wide open when the patient went into a flash pulmonary edema. The Board finds that Ms. Watson's continuity of care for this patient was an instance of inadequate nursing practice, which failed to safeguard the patient.
3. Delia A. Watson failed to adequately document an assessment of an infant patient.
4. Delia A. Watson failed to adequately assess a cardiac patient and failed to follow policies and procedures in a practice situation designed to safeguard the patient. The patient presented to triage with complaints of lightheadedness, nausea and reported chest pains within the past 24 hours. Ms. Watson triaged the patient as a category 3 and failed to recognize that the patient should have been triaged as a category 1. The patient was placed at risk for increased ischemic changes due to the lack of speedy nursing intervention.



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5. The Board finds that Ms. Watson fails to fully accept the responsibility of her actions in the above described incidents.

AGREEMENT

6. Delia A. Watson agrees and understands that her conduct constitutes grounds for discipline under Title 32 M.R.S.A. § 2105-A(2)(E)(2), (2)(F), (2)(H) and Chapter 4, sections 1.A.5.a., 1.A.6., Chapter 4, sections 3.F., 3.H. and 3.K. Delia A. Watson is hereby **WARNED** because she engaged in conduct which evidences a lack of knowledge, or inability to apply principles or skills to carry out the practice for which she is licensed, and she failed to take appropriate action or to follow policies or procedures in the practice situation designed to safeguard the patient.
7. Delia A. Watson understands that this Consent Agreement imposes discipline regarding her license to practice registered professional nursing in the State of Maine. Ms. Watson understands that she does not have to execute this Consent Agreement and that she has the right to consult with an attorney before entering into this Consent Agreement.
8. Delia A. Watson affirms that she executes this Consent Agreement of her own free will.
9. Modification of this Consent Agreement must be in writing and signed by all the parties.
10. This Consent Agreement is not subject to review or appeal by the Licensee, but may be enforced by an action in the Superior Court.
11. This Consent Agreement becomes effective upon the date of the last necessary signature below.

I, DELIA A. WATSON, R.N., HAVE READ AND UNDERSTAND THE FOREGOING CONSENT AGREEMENT. I UNDERSTAND THAT BY SIGNING IT, I WAIVE CERTAIN RIGHTS. I SIGN IT VOLUNTARILY, WITHOUT ANY THREAT OR PROMISE. I UNDERSTAND THAT THIS CONSENT AGREEMENT CONTAINS THE ENTIRE AGREEMENT AND THERE IS NO OTHER AGREEMENT OF ANY KIND.

DATED: 1/15/03




DELIA A. WATSON, R.N.

RECEIVED

STATE BOARD
NURSING

**FOR THE MAINE STATE
BOARD OF NURSING**


DATED: Jan 21, 2003



MYRA A. BROADWAY, J.D., M.S., R.N.
Executive Director

**FOR THE DEPARTMENT OF
ATTORNEY GENERAL**

DATED: Jan 30, 2003



JOHN H. RICHARDS
Assistant Attorney General

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JAN 30 2003
STATE OF MAINE
DEPARTMENT OF ATTORNEY GENERAL