



STATE OF MAINE
 BOARD OF NURSING
 158 STATE HOUSE STATION
 AUGUSTA, MAINE
 04333-0158

PAUL R. LePAGE
 GOVERNOR

MYRA A. BROADWAY, J.D., M.S., R.N.
 EXECUTIVE DIRECTOR

IN RE: LAUREL B. SHEPPARD, RN/FNP)
 of Portland, Maine)
 License #R033988 & AP081477)

**CONSENT AGREEMENT
 FOR
 REPRIMAND**

INTRODUCTION

This document is a Consent Agreement (“Agreement”) regarding Laurel B. Sheppard’s license to practice registered professional nursing and advanced practice registered nursing in the State of Maine. The Parties to this Agreement are Laurel B. Sheppard (“Licensee” or “Ms. Sheppard”), Maine State Board of Nursing (“Board”) and the Office of the Attorney General, State of Maine. The Parties met in an informal conference on August 5, 2009. The Parties enter into this Agreement pursuant to 32 M.R.S. § 2105-A (1-A) (A), 10 M.R.S. § 8003(5) (B) and reached this Agreement on the basis of a Board Complaint dated June 17, 2008, which includes a Provider Report from Wentworth-Douglass Hospital dated May 21, 2008; and 2) Ms. Sheppard’s response to the Complaint dated July 15, 2008.

FACTS

1. Laurel B. Sheppard has been a registered professional nurse licensed to practice in Maine since November, 1990. She was approved to practice as an Adult Nurse Practitioner (“ANP”) from October 2, 2001 to February 26, 2008.
2. Laurel B. Sheppard was approved to practice as a Family Nurse Practitioner (“FNP”) from July 30, 2002 until March 3, 2008. On March 3, 2008, Ms. Sheppard had a current certification from the American Nurses Credentialing Center (“ANCC”); however, her approval to practice as a FNP was voided by the Board because she failed to provide evidence of such certification. She was reactivated May 16, 2008 after the Board received information regarding her certification from ANCC.
3. Laurel B. Sheppard was employed as a FNP by the Wentworth-Douglass Physician Corporation at Eliot Family Practice (“Eliot Practice”) from February 2004 until her resignation on March 17, 2008. On May 12, 2008, Eliot Practice received a “safety consideration letter” from Medco of Franklin Lakes, New Jersey regarding a series of medication refills that had been called into a Massachusetts CVS Pharmacy by Ms. Sheppard on April 11, 2008 for an individual who was not a patient of Eliot Practice. Further investigation disclosed that the individual was Ms. Sheppard’s mother who lived in Cape Cod, Massachusetts. In addition to prescribing for a patient not of Eliot Practice, Ms. Sheppard did not have the prescriptive authority through Eliot Practice to prescribe the medications because she was no longer employed there. Ms. Sheppard also did not have the Board’s current approval to practice as a FNP as earlier described in Paragraph No. 2.
4. A further consideration by the Board was the lack of medical documentation for patient assessment or reassessment subsequent to the medication being provided.



PRINTED ON RECYCLED PAPER

AGREEMENT

5. Laurel B. Sheppard understands and agrees that her conduct in the above-stated facts constitutes grounds for discipline under Title 32 M.R.S. § 2105-A(2)(F), (2)(H) and Chapter 4.1.A.6, 4.1.A.8. and Chapter 8, Section 6.5.B. (3) and (4) of the Rules and Regulations of the Maine State Board of Nursing. Laurel B. Sheppard is hereby **REPRIMANDED** for these violations. Specifically, the violations are:

Title 32 M.R.S. §§:

- a. 2105-A(2)(F). Unprofessional Conduct. Ms. Sheppard engaged in unprofessional conduct by violating standards of professional behavior regarding medication administration and documentation for patient care that have been established in the practice for which she is licensed. (See also Chapter 4, Section 1.A.6.)
- b. 2105-A(2)(H). A violation of this chapter or a rule adopted by the Board. (See also Chapter 4, Section 1.A.8.)

Chapter 8, Section 6.5.B. Abuse of prescriptive and dispensing authority by:

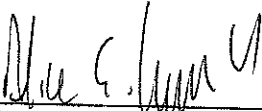
- c. (3). Prescribing and dispensing drugs to an individual who was not Ms. Sheppard's client.
 - d. (4). Prescribing and dispensing drugs to an individual in an unsafe manner.
6. The State of Maine is a "Party state" that has adopted the Nurse Licensure Compact ("Compact"), which is set out in Chapter 11 of the Rules and Regulations of the Maine State Board of Nursing. The State of Maine is Ms. Sheppard's "Home state" of licensure and primary state of residence, which means that she has declared the State of Maine as her fixed permanent and principle home for legal purposes; her domicile. Other Party states in the Compact are referred to as "Remote states," which means Party states other than the Home state that have adopted the Compact. Ms. Sheppard understands and agrees that this Agreement is subject to the Compact.
7. Laurel B. Sheppard understands that she does not have to execute this Agreement and has the right to consult with an attorney before entering into the Agreement.
8. Modification of this Agreement must be in writing and signed by all Parties.
9. This Agreement is not subject to review or appeal by Ms. Sheppard.
10. This Agreement is a public record within the meaning of 1 M.R.S. § 402 and will be available for inspection and copying by the public pursuant to 1 M.R.S. § 408.
11. This Agreement becomes effective upon the date of the last necessary signature below.

I, LAUREL B. SHEPPARD, RN/FNP, HAVE READ AND UNDERSTAND THE FOREGOING
CONSENT AGREEMENT. I UNDERSTAND THE EFFECT IT WILL HAVE ON MY
REGISTERED PROFESSIONAL AND ADVANCED PRACTICE NURSE LICENSES. I
UNDERSTAND THAT BY SIGNING IT, I WAIVE CERTAIN RIGHTS. I SIGN IT
VOLUNTARILY, KNOWINGLY, AND INTELLIGENTLY AND AGREE TO BE BOUND BY
THIS AGREEMENT. I UNDERSTAND THAT THIS CONSENT AGREEMENT CONTAINS
THE ENTIRE AGREEMENT AND THERE IS NO OTHER AGREEMENT OF ANY KIND.

DATED: 2/18/11


LAUREL B. SHEPPARD, RN/FNP

DATED: 2/18/11


ALICE E. KNAPP, Esq.
Attorney for Laurel B. Sheppard, RN/FNP

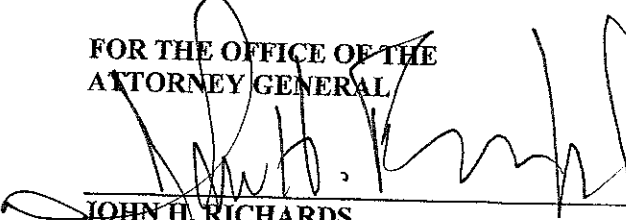
FOR THE MAINE STATE
BOARD OF NURSING

DATED: 2/23/11


MYRA A. BROADWAY, J.D., M.S., R.N.
Executive Director

FOR THE OFFICE OF THE
ATTORNEY GENERAL

DATED: 2/24/11


JOHN H. RICHARDS
Assistant Attorney General