



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

Thursday, June 18, 2026 @ 8:30am

Microsoft Teams Meeting

Department of Labor

45 Commerce Drive, Francis Perkins Conference Room

Augusta, ME 04330

Commission Members in Attendance: Olivia Alford, Cecile Champagne-Thompson, Laurie Doucette, Michael Dunn, Jonathan French, Michael Frost, Joan Hanscom, Colleen Heal, Kelly John, Rebekah Koroski, Doris Parenteau, Shonna Poulin-Gutierrez, Heidi Pugliese, Joanne Rawlings-Sekunda, and Kim Vigue.
(Total = 15)

Commission Members Absent: Lois Baxter, Lynn Clark, Christopher Ike, Frank Wiltuck and Nathaniel Zmek.

Vacant Seat(s): 4

Others Present: Emily Charlton, Roberta DuPont, Paige Fortin, Devon French, Charles Luce, Nathan Morse and Neva Parsons – The Office of Employee Health, Wellness, and Workers' Compensation; Carrie Allen, Sabrina DeGuzman-Simmons, Megan Maertz and Kevin Fenton – Aetna; Becky Craigie, Kristine Ossenfort and Nicole Schmidt – Anthem; Kristin Poulin and Lori Fecteau – MCD Global Health; Avni Doshi and Jesse Saldana – Capital Rx; Amy Deschaines and Ken Ralff – Lockton; Lisa Nolan and Trevor Putnoky – Health Purchasers Alliance; and Kim Davis – Board of Insurance.

Agenda Item	Discussion	Action/Next Steps
I. Call Meeting to Order (8:30 am)	Management Member, Jonathan French called the meeting to order.	
II. Introductions		
III. Review and Approval of Minutes (May 21, 2026)		Labor Member, Joan Hanscom made a motion to approve the May 21, 2026, minutes. Labor Member, Laurie Doucette seconded the motion. Labor Member, Michael Frost abstained. Motion approved.



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IV. Recurring Monthly Business

a. Employee Health and Wellness Highlights – The Office of Employee Health, Wellness, and Workers’ Compensation

Information contained in written report; highlights and discussion noted below:

Wellness Highlights –

- 2026 Bumper Crop Program: Primary subscribers to the State of Maine Health Plan as of July 1, 2026, will receive the 2026 Bumper Crop program flyer and \$40 in vouchers in the mail starting in July. The vouchers can be used any of the participating Farmers’ Markets in Maine and expire March 31, 2027, allowing members to use them at winter markets. The Bumper Crop envelopes are clearly marked and include a QR code to the pre-survey. This year the program will be offered to new plan members who join between August 2026 and March 2027.

Communication Highlights –

- Constant Contacts: The following campaigns have been sent to one or more of the State of Maine groups in May: 2026 Annual Open Enrollment (12,675 Recipients, 48% Open Rate, 2% Click Rate), Mental Health Awareness Month (12,664 Recipients, 44% Open Rate, 1% Click Rate), Skin Cancer Awareness Month (15,418 Recipients, 45% Open Rate, 1% Click Rate), and Lyme Disease Awareness Month (12,650 Recipients, 44% Open Rate, 2% Click Rate).

General Reminders –

- Health plan subscribers will receive new Anthem ID cards prior to July 1, 2026, to reflect the new decrease in co-pays and to include Carrum Health’s customer service line.
- 2026-2027 plan documents will be added to the website prior to the start of the new plan year.
- The August State Employee Health Commission meeting will be cancelled.



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V. QUARTERLY PLAN UPDATES

**a. Plan Experience Summary –
Active Medical and Dental –
Lockton**

Information contained in written report; highlights and discussion noted below:

**State of Maine July 1, 2025 – April 30, 2026, Monthly Cost Reporting
Package –**

- State of Maine Health Insurance Administrative Payments: For plan year July 2025 through June 2026, administrative payments by the State of Maine to all vendors to administer the network and process claims, as well as various fees to other entities, totaled \$11,554,480.
- State of Maine Experience Detail – Self-Funded Medical: From July of 2025 through April of 2026 total claims and expenses are 95.3% of the budget. Compared to the prior plan year July 2024 through June 2025, the loss ratio was 108.2% compared to budget. At this time the plan is running just under budget, with a year-to-date plan surplus of approximately \$12M. To date the plan has received \$3.3M in reimbursements from Sunlife for high cost claimants who have exceeded the \$750K individual stop loss limit. There is still two months remaining in the plan year. For the full plan year July 2024 to July 2025 the plan received \$2M for these high cost claimants.
- State of Maine Experience Detail by Status (Active) – Self-Funded Medical through April 2026: There was a total of 133,960 active employee claims, with a total plan cost of \$209,805,156 which is a \$1,566 per employee per month cost.
- State of Maine Experience Detail by Status (Retiree) – Self-Funded Medical through December 2025: There was a total of 14,217 retiree claims with a total plan cost of \$26,770,257 which is a \$1,883 per member per month cost.
- State of Maine Experience Detail – Self Funded Dental: There was a total of 140,125 claims with a total plan cost of \$7.4M which is a \$53 per member per month cost. The Dental plan is running at 94.7% of budget and has approximately a surplus of \$393K.



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b. State of Maine Health Plan- Pharmacy Update – Capital Rx	Information contained in written report; highlights and discussion noted below: Capital Rx State of Maine 2026 Q1 Utilization Full Population Utilization – • <u>Utilization Summary</u>: Plan pay was \$22,355,382 with patient pay at \$1,393,382 with 70,782 claims at an average gross cost per claim of \$335.52. Plan pay by drug classification was \$986,788 Generic, \$12,073,888 Brand, and \$9,294,706 Specialty. Plan pay by drug class had Anti-Obesity Agents at the top with \$5,499,967. • <u>Drug Classification Summary</u>: 95.4% of utilizers used Generic drugs at \$27 gross cost per claim, 34% used Brand drugs at \$1,011 gross spend per claim, and 3.3% used Specialty drugs at \$7,717 gross spend per claim. • <u>Top Drugs by Plan Spend</u>: The top 5 drugs by plan spend were Zepbound, Wegovy, Mounjaro, Trikafta, and Dupixent. With the State Employee Health Commission Retreat scheduled to begin at 9:30, the remainder of the Capital Rx presentation was postponed to the July meeting agenda due to lack of time.	Management Member, Olivia Alford, asks if a patient pay amount by percentage could be added to this report. Capital Rx responds that this information will be included in future.
VI. SEMI- ANNUAL UPDATES There is no Semi-Annual Update this month.		
VII. OTHER BUSINESS a. Open Discussion Commission members received an email from Representative Graham. The co-chairs will be discussing the appropriate response.		



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VIII. MOTION TO ADJOURN

VIII. Adjourn Meeting (9:38 am)

Labor Member, Laurie Doucette
made a motion to adjourn.
**Management Member, Rebekah
Koroski** seconded the motion.
Motion approved.

2026 meeting schedule available at www.maine.gov/bhr/oe