



Janet T. Mills
Governor

**STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061**

Jonathan French
Labor Co-Chair

Heather Perreault
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

**Thursday, October 21st, 2021 @ 8:30am
Microsoft Teams Meeting**

Commission members in attendance: Diane Bailey, Lois Baxter, Cecile Champagne-Thompson, Laurie Doucette, Jonathan French, Deidre Kinney, Thomas Lamontanaro, Peter Marcellino, Mara McGowen, Lew Miller, Robert Omiecinski, Heather Perreault, Angela Porter, Shonna Poulin-Gutierrez, Michelle Probert, Joanne Rawlings-Sekunda, Jeremy Roberts, James Russel & Kim Vigue.
(total = 19)

Commission members absent: Peter Baker, Kelly John & Frank Wiltuck
Vacant seat(s): 2

Others present: Erica Brown, Paige Lamarre, & Roberta Leonard – Employee Health & Wellness; Breena Bissell – Bureau of Human Resources/DAFS; Sabrina DeGuzman-Simmons & Kevin Fenton – Aetna; Stephanie Pike, Lisa Lagios, Kristine Ossenfort & Jonathan Edwards - Anthem Blue Cross and Blue Shield; Amy Deschaines, Edward Pierce, Ken Ralff & Kelsey Russell – Lockton; Cindy Walsh – Humana; Libby Arbour & Connor Huggins - MCD Public Health; Peter Hayes, Lisa Nolen & Trevor Putnok – Healthcare Purchasers Alliance; Emily Kovalesky – Maine Health; Jackie Little – Legislature; Laura Roberts – SunLife; Laurie Roscoe - MedImpact; Mark Sounders – Maine General; Jess Rengstorf & Megan Muir – Carrum Health.

Agenda Item	Discussion	Action/Next Steps
I. Call Meeting to Order (8:33 am)	Jonathan French called the meeting to order.	
II. Introductions		
III. Review & Approval of Minutes (September 16th, 2021)		Lois Baxter made motion to accept the amended minutes; Robert Omiecinski seconded the motion; motion passed.
IV. Recurring Monthly Business		
a. Open Discussion/Questions on Vendor Reports – All	No questions or comments.	
b. Employee Health & Wellness Highlights - Employee Health & Wellness - Shonna Poulin-Gutierrez	Information contained in written reports; highlights and discussion noted below: <ul style="list-style-type: none"> <u>COVID-19 Vaccinations:</u> The State of Maine Health Plan (Anthem) has processed 11,281 Covid-19 vaccination claims as of October 13, 2021. Of the vaccinations administered through the health plan, 5,837 members are fully vaccinated as of October 13, 2021. 	



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- Anthem: The most recent Anthem report indicates 3% of membership drove 47% of all costs on the State of Maine health plan. The most recent Anthem report indicates that 677 high-cost claimants (a high-cost claim is defined as over \$50,000.00) account for \$83,059,504.00 in spend.
- Medicare Advantage Plan: Hypertension is number one among the top ten diseases by paid amount. The average claim amount is \$10,551.00 compared to last month at \$10,262.00. The total claim amount paid for hypertension is \$60,163,733.00 as reported through June 30, 2021.
- Committees: The Wellness Committee met on September 24th, 2021. The SEHC Appeal Committee met on September 28, 2021. The Plan Design Committee met on October 7, 2021.
- WellStarME: WellStarME continues to support our office through the coordination of COVID-19 Vaccination Clinics. WellStarME is working with Osco pharmacies to coordinate on-site COVID-19 vaccine and booster clinics, at State of Maine offices, and at various Shaw's locations. WellStarME has scheduled 60 flu clinics which can be found on the Office of Employee Health and Wellness website. The 2022 Health Premium Credit Program has officially been launched and WellStarME platform has a fresh new look.
- Statewide Email: Statewide email was distributed by EH&W on September 14th to all active employees to announce COVID-19 Vaccination Clinics being held on September 17th. Statewide email was distributed by Shonna Poulin-Gutierrez (EH&W) on September 24th to announce the new Office of Employee Health & Wellness and Workers' Compensation logos.
- Home Mailers: A letter was mailed to all State of Maine (Non-Medicare & Medicare) retirees to announce the new Office of Employee Health & Wellness and Workers' Compensation logos. This mailer should arrive at homes in the upcoming week. The 2022 Creditable Coverage Notice was mailed to all Non-Medicare retirees. This mailer should arrive at homes in the upcoming week.
- Constant Contact: A benefits bulletin was distributed on September 27th to announce the EHW & WC logos and another benefits bulletin was distributed on September 28th to promote Flu Shot Clinics.



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	<ul style="list-style-type: none"> • <u>Contracts</u>: The employee assistance program RFP review has been completed and a contract has been signed with CompPsych. The Medicare Advantage renewal has been reviewed and presented to the SEHC Plan Design Committee. Recommendations for the renewal will be brought forward to the full committee for a SEHC vote. 	
c. Financial Update – Heather Perreault	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Balance Sheet</u>: \$202M in Equity for State fiscal year 2022 through 9/30/21 • <u>Operating Statement</u>: Revenues over expenses \$-10M 	
d. Plan Design – Medicare Advantage Renewal – Chair	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>2022 Proposed Plan Design Changes</u>: Increase Hearing Aid benefit to \$3,000 every 36 months. Offer the new Healthy Rewards program, this program incentivizes retirees to utilize plan benefits. Offer MD Live Behavior Health, this gives retirees an opportunity to access therapists or psychiatrists virtually or telephonically. 	<p>Lois Baxter makes the motion to move to Executive Session, Robert Omiecinski seconded the motion; motion passed.</p> <p>Lois Baxter makes the motion to accept the Medicare Advantage Renewal Plan Design recommendations; Diane Bailey seconded the motion; motion passed.</p>
V. QUARTERLY PLAN UPDATES		
	No quarterly updates due this month.	
VI. SEMI-ANNUAL UPDATES		
a. Carrum Health Program – Jess Rengstorf	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Carrum’s Commitment</u>: Hand-picking top-quality facilities and surgeons, thoughtfully designed patient experience & reducing spend and eliminating waste. • <u>New COE</u>: Spectrum Healthcare Partners was activated as a COE in September 2021. Located in Auburn and Portland, Maine. • <u>State of Maine Engagement Overview</u>: Registrations: 809, Episodes: 442, Consult: 57, Surgeries: 47. • <u>Opportunities to Improve Utilization and Savings</u>: Communications, Key Influencers & Plan Design. • <u>State of Maine Performance Overview Quarter 3 2021</u>: Utilization: 14%, Plan Savings: \$0.84M, ROI: +58%, Net Promoter Score: 100. 	



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	<ul style="list-style-type: none"> Joanne Rawlings-Sekunda asks if Carrum can talk about Northern Light no longer being a COE? Jess Rengstorf states that Northern Light and Carrum Health could not come to contract agreements. Angela Porter asks how would someone know how surgeons are rates? Jess Rengstorf states that plan members would need to register with Carrum and select their surgery to then review surgeons. 	
VII. EDUCATION		
	No education due this month.	
VIII. OTHER BUSINESS		
	No other business discussed this month.	
VIII. FUTURE UPDATES - SEMI-ANNUAL		
a. Living Resources Program – ComPsych – Tricia Mahoney (Provided in January & July)	Formal report not due this month.	
b. WellStarME Medical Care Development – Kelsey Robinson (Provided in March and September)	Formal report not due this month.	
c. Carrum Health Program – Kyle Thompson (April & October)		
d. Anthem/Lockton Compliance Review (May & November)	Formal report not due this month.	
e. Expert Medical Opinion Grand Rounds (June & December)	Formal report not due this month.	
IX. REQUEST MOTION TO ADJOURN		
X. Adjourn Meeting (10:11 am)		Lois Baxter motions to adjourn; Joanne Rawlings-Sekunda seconds the motion; meeting adjourned.

2020 meeting schedule available at www.maine.gov/bhr/oeH